



DELIVERING THE MESSAGE

Joint Communications Unit

Volume 3, Issue 3

March 1, 2008

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Special Points Of Interest

- *Outstanding JCU Members*
- *HEAT Training*
- *Wind Tunnel Training*
- *Lots of Pictures*
- *Spouse Recognition*
- *Answer to last month's JCU RETRO*
- *Much More*

Hello everyone. It is my turn to share my thoughts and hopefully dole out some wisdom. We are well into 2008 now and the JCU service members are doing an outstanding job all over the world. I want to take a moment to say thanks, because the nations business can not be done without you. For the spouses that goes double, none of us in uniform could get any of our tasked missions done without your support. Some times that support is just as tough or tougher than what we have do when we are gone. I hope the following short story will be inspirational. The main character in this story is a mule, not by coincidence, since I'm sure each of us (husbands) can be stubborn like a mule sometimes. As for the wives please substitute any animal that best describes you.

Shake It Off And Step Up

A parable is told of a farmer who owned an old mule. The mule fell into the farmer's well. The farmer heard the mule 'braying' - or - whatever mules do when they fall into wells. After

carefully assessing the situation, the farmer sympathized with the mule, but decided that neither the mule nor the well was worth the trouble of saving. Instead, he called his neighbors together and told them what had happened...and enlisted them to help haul dirt to bury the old mule in the well and put him out of his misery.

Initially, the old mule was hysterical! But as the farmer and his neighbors continued shoveling and the dirt hit his back...a thought struck him. It suddenly dawned on him that every time a shovel load of dirt landed on his back...**HE SHOULD SHAKE IT OFF AND STEP UP!** This he did, blow after blow. "**Shake it off and step up...shake it off and step up...shake it off and step up!**" he repeated, to encourage himself. No matter how painful the blows, or distressing the situation seemed the old mule fought "panic" and just kept right on **SHAKING IT OFF AND STEPPING UP!**

You're right! It wasn't long before the old mule, battered and exhausted, **STEPED TRIUMPHANTLY OVER THE WALL OF THAT WELL!** What seemed like it would bury him, actually blessed him...all because of the manner in which he handled his adversity.

THAT'S LIFE! If we face our problems and respond to them positively, and refuse to give in to panic, bitterness, or self-pity... **THE ADVERSITIES THAT COME ALONG TO BURY US USUALLY HAVE WITHIN THEM THE POTENTIAL TO BENEFIT AND BLESS US!** Remember that **FORGIVENESS--FAITH--PRAYER-- PRAISE and HOPE...**all are excellent ways to "**SHAKE IT OFF AND STEP UP**" out of the wells in which we find ourselves!

- Author Unknown

~ James

JCU Members Setting the Standard

For years, it has not been uncommon for our members to out perform their peers in the various leadership academies. The most recent award winners were: SrA Vincent Olshove (D-Troop) for being selected as a Distinguished Honor Graduate during his Airman Leadership School at Pope AFB, NC. SFC Alexander (B-Troop), SFC Dennis Smith (C-Troop) and SFC Jim Prasse (G-Troop) were selected as the Distinguished

Honor Graduates while attending the Advanced Non-Commissioned Officers Course at Fort Gordon, GA. In addition to Honor Graduate, Dennis Smith also was selected as the Leadership Award recipient during ANCOC. At the Air Force NCO Academy at Gunter AFB Annex, AL. TSgt Adam Kelley (D-Troop) was selected as a Distinguished Honor Graduate while TSgt Randy Amsler (A-Troop) was selected as a

Distinguished Honor Graduate and was also the recipient of the Academic Leadership Award. Congratulations to all of them, they join their predecessors who have raised the bar for professional leadership schools and is a testament to the quality of service members that we hire in JCU. I challenge all that follow to uphold this outstanding tradition.

- Todd



I'm trying to dry off as I write this because several A-Troop members and I just returned from another cancelled Airborne Operation. Jason Tolle says he can't predict rain six months in advance and that we should cut him a break, but someone has to take the blame, right?

Speaking of jumping, Nathan Hannah became a proud member of the paratrooper brotherhood earlier this month when he graduated Airborne School. The team had a few concerns that we wouldn't be able to get Big Army Nate back from Fort Benning; the foremost of which was that he would find his way over to the Sand Hill Training Area, pick up a Drill Sergeant hat and disappear down the

Drill Sergeant trail. But luckily he remembered that he still had an ERS hand receipt worth a gazillion dollars and came home. Randy Amsler returned from the Air Force NCO Academy last week with two major honors in hand; the Academic Achievement Award for the highest academic average and the Distinguished Graduate Award for Academics and Leadership. This is especially impressive since his class had over 150 students! Way to represent "DOD's Finest", Randy. In other Professional Development School news, A-Troop welcomes Pablo Guerra home from the U.S. Army Advanced Non-Commissioned Officer Course while



-Man, time is flying past; didn't we just get off of Christmas break like a week ago? We have a lot of guys out at service schools, working hard, and getting some good training done. Congratulations to "Scuba" Steve Alexander for graduating ANCOG as an Honor Graduate. Congratulations to Troy Zimmerman for graduating the Marine Corps Career

Course. I would also like to give a special thanks to, the "Party Boys", Vicky Vaillancourt and Ballchinian Zendrosky. They ensured that Maj Worthington and the rest of the second deck will be very weary of stepping foot in B-Troop spaces ever again. It was an ugly sight but worth the money I lost in the bet. On a serious note, I also really



C-Troop is on the move!! We have guys all over the world doing a hundred different things. Ramsey, Jeff, Chris K, Chris L, Tom, Gary, Jamie, Max, Kenny, Jeremy, Lenin, Dave L, and OT you guys are doing a fantastic job! Currently C-Troop is right at the brink of the most intense training schedule that the unit has seen in a few years. Over the next few months we will test and evaluate our new C-Troopers and some of you old timers as well (Brace Yourselves). We

have about 1/3 of the Troop in school this month and everybody is doing great. Jake Higginbotham is currently attending Static Line JM school and is set to graduate on the 7th of March (Don't even come back if your not a JM, just kidding just stay there until you get it). Ryan Oswald is in ANCOG and graduates in mid-March. We had quite a few of the Hooahs return from a training event in Norfolk, VA. Chad and Jacob did a great job of putting the

Larry Deardorff starts the Airman Leadership School at Pope AFB.

The deployments haven't slowed down around here and Noe Abad departed a few days ago to replace Stan Sweeny who will return with his infamous purple and teal cooler in tow in a few weeks while Roland Marks has handed the reigns over Jesus Castro and returned home for some well deserved time off.

One last thing, it has been brought to my attention that ISG Spencer has received photographic evidence of B-Troop's cheating during the last Det-Bowl. While the A-Troop has always been aware of their dirty tactics, I'll let the picture tell the story for the rest of you.

— Jared



Larry Deardorff looking more confused than usual after coming out of the vehicle during HMMWV Egress Assistance Training (HEAT)

want to thank Renee Hays for stepping up and volunteering to be the Key Caller for B-Troop. Thank you for supporting your loved ones in the Troop.

— Mike

Mike McKlveen during HEAT training, he ended up sitting on the roof of the vehicle



If you can't catch the ball, you have to immediately go on defense. The best way to do this is kick your opponent in the face. Above Nick Walker-Bates tries to put the whammy on Lauront Pepin after he misses a chance to be a hero.



guys in the "hurt locker" and completing yet another C-Troop training event above the standards. Congrats to Jacob and Monica Carlsen on their new bundle of joy, Auvie Gabrielle. Also want to congratulate Micah Modest on his promotion to SSG. Hang on everybody- here we go!

— Mike



SSG Mario Curtis is presented a Bronze Star Medal by COL Arnold during the awards ceremony on 20 FEB 08



Hello again! Is everyone as sick of the cold weather as I am? I hope I'm not the only one with an *outrageous* propane bill. Holy cow! Thank goodness for Special Duty Pay, ha ha! Seriously, I hope that everyone is doing well. Apparently Daren is not, he is deployed and had to have minor surgery. But in typical Pallugna fashion, he went right back to work as soon as came out of anesthesia. He is doing fine, but he is definitely owed some harassment when he returns. On a good note we will have a few folks returning from deployment soon. Unfortunately that means we have other team members leaving to replace them. Both Ameer and Jeff will be leaving shortly to replace Jerry and Eric. It is first-time deployments for both Jeff and Ameer

but I know they will both do just fine. A word of warning for Jeff; do not let Ameer drive (inside joke).

I would like to mention a couple of key events that happened in the past couple of weeks, Osh graduated his Air Force Leadership School as a Distinguished Graduate and earned the Leadership Award. Impressive! Now if I could get some work out him that would balance everything out. Jeff graduated the Army Airborne Course, hooah! He can officially call Daren and Smitty "legs" now. Mike (Larson) is currently at Airborne school, wish him luck. We are all dying to pin his wings on him. And Stacey earned his Military Free Fall wings despite being seriously ill (at least that's what he says). Seriously, what an awesome accomplishment! Congrats to everyone! Well, I hope I didn't miss

anything but if I did I'm sure I will remember it as soon as I send this off to Todd Spencer. As always, please contact me if you need anything at all and thanks for your wonderful support!
~Carleen



SrA Vincent Olshove is presented the Leadership award from his recent Airman's Leadership School.



It is tradition for the cake servers at the Airman's Leadership School graduation lunch be the losers of the volleyball game played between the Airman and the First Sergeants. In this case the Airman lost and pictured above is Vincent Olshove serving the cake.

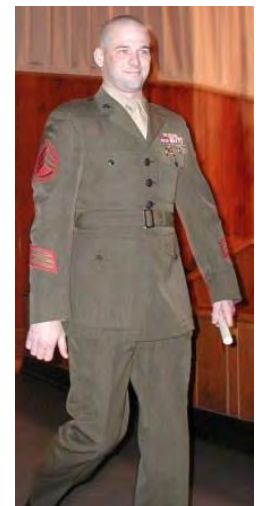


I attended the Marine Corps Career Course graduation at Camp Lejeune this month to see SSgt Adrian Williams graduate. Congratulations to both Adrian and SSgt Troy Zimmerman from B Troop. If you have never driven from Fayetteville to Camp Lejeune in the early morning it is a very aromatic drive. I also found out that a good ole "Hooah" doesn't illicit the same type of response in a theater full of Marines. Who would have thought? Sergio Hernandez left this month for his first full rotation and will not return until early April. Sergio replaced Chad Lewis and then Chad

promptly went on leave to California. Chad was on orders to Norfolk for about 3 weeks this past month, but thankfully the orders have been cancelled. This means that Chad will grace us with his presence for at least another year. Gama Rodriguez and Bryan Fooshee are doing well in the IO course and are already over half way through the course. SFC Jason Proskovec started ANCOG on the 25th and will be at Fort Gordon, GA until April 9th. He left me quite an interesting going away present. I think he may have used an entire roll of 100 MPH tape on my desk and phones. Usually you don't play a joke

on someone and then leave them the keys to your apartment while you are gone for 2 months. He might return to a completely different looking apartment. Scott Bachand spent two weeks this month in Washington going through SERE training. Mike Martinez returned after spending a few weeks overseas. MSgt Sam Stanley has spent the entire month on rotation as the Tech Lead. Hopefully Sam will not have to be away from home as much in 2008 as he was in 2007.

— Tony



Right; SSgt Adrian Williams (E-Troop) and SSgt Walter "Troy" Zimmerman (B-Troop) as they walk across the stage after receiving their graduation certificate for the Marine Corps Staff NCO Academy Career Course at Camp Lejeune 26 FEB 08



Hi Everyone! Mike Fowler and his wife had their baby. I will let the 1SG put out the name in the baby area. I saw Mike the other day with dark circles under his eyes, but he was very happy and acting like a proud Dad. We just picked

up Jim Prasse and he will be starting work on the 1st of March. Bob Cocarro has finally got the boot off his foot after injuring it in the wind tunnel. Rich McAlister has made a drastic change to his image and now sports a tie and a multitude of

different shoes and clothes. He is making the rest of us look bad, Ha Ha Ha. Kelvin Pontoo lost his grandfather this past weekend, so keep him in your thoughts as he goes through this rough time.
— Bill

 **SELECTION & TRAINING** 

Hello again from the Selection and Training shop! Well, 2008 is in full stride now and I don't believe any of us have had a chance to catch our breath since the holidays almost 2 months ago. As you all know, SOROC Class 2-07 has graduated and moved on to their assigned sections, but they came back to visit us for that extremely fun-filled event known as SERE training. First Sergeant Nichols and I accompanied them for their first couple of days of training and I can honestly say they seemed to be enjoying the training immensely.....ok, maybe it was just me and Jack that was enjoying it. HA! Actually, I'm not sure if it was the training or the 3 feet of snow we left them in that they were having

more fun with. Class 1-08 has hit the ground running and hasn't slowed down since the first week of January. They started out the new year in the field and on the ranges learning basic map reading, land navigation, patrolling, and weapons training. This was followed by 14 straight days of advanced tactical training (Trigger Time). Now, it's off to the classroom to begin filling their melons with the latest and greatest in state-of-the-art communications technology, found only here in JCU. Speaking of the classroom, 1-08 is the first class to utilize our brand new 36-man classroom. For those of you that have been around the organization long enough, this is huge compared to the room downstairs here in our

HQs building where we used to train 6-10 students each SOROC class.

Congratulations to CPT "G-Baby" Giovannetti for his successful completion of Airborne school. It's also "good-bye" to him since he has been selected for another "prestigious" assignment within the command. We know you're only going to be a couple of buildings away, so don't be a stranger.

Till next time..... Train hard, play harder. Oops! Can I say that?

— Jim



During the most recent recruiting trip, the Commander decided to take a little nap after getting his fill of Bibimbap (rice & whatever else is in the kitchen), which is a delicacy food item in Korea.

Right; Ladies, we have new **T-SHIRTS** in stock ask your husband to buy you one. They come in three beautiful colors and are only \$10 each



Left; Fearless Chuck Brandt prepares for another roll-over exercise during HEAT training. Someone please give him a hug

This section features a current Unit member. It is a look back before all of those military regulations, haircuts and discipline. Stay tuned for the answer posted in next months edition.

RETRO JCU



F.Y.I.

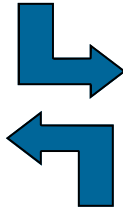
JCU FRG NEWS




Look who just dropped in!



ETC Jacob Carlsen and Monica are the proud parents of Auvie Gabrielle Carlsen. Auvie was born on February 13, 2008 at 4:11 PM in Womack Army Medical Center. She weighed in at 6 lbs. 10.2 ozs. and was 18.75" long.



IT1 Mike Fowler and Rebecca are the proud parents of Rachel Noel Fowler. Rachel was born on February 15, 2008 at 3:06 AM in Womack Army Medical Center. She weighed in at 8 lbs. 2 ozs. and was 18.5" long.

ET1 Dana Roberson and Rebecca are the proud parents of Casandra Riley Roberson. Casandra was born on January 18, 2008 at 3:51 PM in Wolfson's Childrens Hospital (Jacksonville, FL.). She weighed in at 8 lbs. 4 ozs. and was 21" long.



*New to www.jcuonline.org
Link added for ibrattle.com,
this is a great site for the
military spouse's in the local
community*

****ATTENTION****
*The city of
Fayetteville is
starting to run out
of baby basket
supplies*



Above SSgt Ameer Weston is promoted to TSgt by his wife Tawana and ETC Stacey Lewis on 29 FEB 08. It was a good day for the Weston's because later that day Tawana was also promoted to TSgt at Pope AFB.



Above; COL Arnold presents a Certificate of Appreciation to Elaine Halpin (and Xander) for volunteer work during the 2007 holidays. Left; Lisa Dover is presented a Certificate of Appreciation for volunteering during the holidays and another for being the D-Troop Key Caller for 2007.

SOROC Spouse Orientation

We held a SOROC spouse orientation on 28 FEB 08 at the Staff Annex. I hope that it was informative and it gets our new spouses off to a good start in JCU. Please don't think this is the only time you can talk to the Chain of Command, we are here for all our spouses whenever the you need us.

The commander and the rest of us would like to thank you all for taking time out of your hectic schedules to come meet with us. As stated at the meeting we will hold a JCU spouse lunch or get together to introduce you to your newly assigned Troops wives. Again, thank you.
~ Todd



Reminder for the upcoming Golf Tournament. Entry form below, deadline for entry is May 2, 2008.

POC is Steve Long.

9th ANNUAL SOCA Golf Tournament



Friday, May 9th, 2008
Shotgun Start @ 0830
Carolina Lakes Golf Course

***Where:** Carolina Lakes Golf Course
***When:** Friday May 9th, 2008
 --0700 - 0800 Registration
 --0830 Shotgun Start
 --Captain's Choice Format
 -- Entry Deadline: Friday May 2nd, 2008

***Entry Fee:**
 \$40.00/In Advance
 \$45.00/After May 2nd 2008
 \$50.00/Day of Tournament
 \$350.00 For a Business/Vender to sponsor a hole and enter a team in the tournament.
 \$5.00 Mulligan's/Red Tee's

***DRESS CODE:** Shirt with collar, slacks or shorts with pockets

***PRIZES:** 1st, 2nd, 3rd and the last place teams; closest to the Pin on all par 3's & Longest Drive will be awarded

***Lunch** will be served during the awards presentation.

***A snack and beverage cart** will provide refreshments during the tournament.

Make checks payable to: Special Operations Communicators Association (SOCA)

***Entry Deadline: Friday May 2nd, 2008**

***For more information/Entry contact:**
Steve Long 910-243-0203 (Day)
910-551-8424 (Night)

E-Mail: longs3901@yahoo.com

9th Annual SOCA Golf Tournament Entry Form

Individual/Group \$40.00/\$160.00 Hole Sponsors \$350.00 Phone # _____

NAME/s

1. _____ 2. _____ 3. _____ 4. _____

Send Entry form to: c/o Steve Long, 5900 White Bridge Lane, Fayetteville, NC 28306

Paraclete SkyVenture wind tunnel training



Above; Mike Adcox has mad sit-fly skills

Below; Jack Nichols looks debonair in a flight suit



Right; Court Mclain demonstrates how to back-fly



Left; Joe Pishock getting his fly on



Relative grouping exercise

WELCOME OUR NEW JCU MEMBERS

GySgt Bruce Becherini & wife Jessica, children: Emily, Ethan, Eleanora & Ewan (SOROC Class 1-08)

GOODBYE TO FRIENDS & FAMILY

MSG Cecil "Oggy" Ogden & wife Karen, children: Julia & Cooper MAY 00 - FEB 08 (C-Troop)

CAPT Robert Giovannetti & wife Jennifer MAY 07 - FEB 08 (S&T)

TSgt Fabian Robles "C-Troop Killer" will be putting on another JCU Grappling Tournament in the bay sometime in May. Date & time will be published soon for those that want to participate. The belt will be up for grabs, if you think you can take it



Logo to be used for the 2008 JFK-50 team. We are still trying to come up with a name for the team

Chris Smith prepares for a roll-over exercise during HEAT training, why is he smiling?



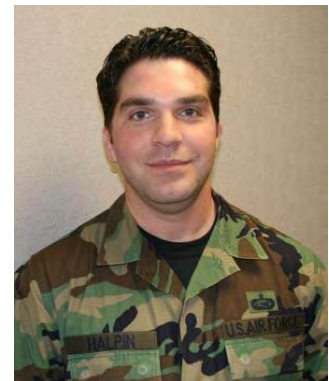
Above, members of C-Troop pose for a picture during a recent exercise



Answer to last months RETRO JCU ? (did you guess correctly?)



This picture was taken back in 1990 (When denim jackets were cool). Last months RETRO JCU member is the one and only SSgt Rory Halpin. The Thunder Birds were in Pittsburgh, PA...This was his first taste of the Air Force. This young 11 year old dreamed of flying through the blue skies. Then in 1997, he talked to a recruiter and now he flies a desk. Thanks Ru for the photo and by the way, nice hat too.



Meet the SOROC'ers of Class 01-08

*** CORRECTION TO LAST NEWSLETTER ***

With two Trejo's and first letter of their name "J", I mistakenly placed Jeremy's photo with Jessie's text. Below are both Trejo's (Not related) with corrected photo's and text.



Name: Jessie Trejo
Service / Rank: USN / IT2
Enlisted: 15 MAY 2000
Birthday: 23 AUG 1982
Hobbies: softball, reading, working-out.
Previous Assignment: Office of Naval Intelligence Washington DC.
Goals/Expectations: Some of my goals are to get more proficient in ADP and learn all the JCU networks and Tech control operations.

Name: James Drennan
Service / Rank: USN / IT1
Enlisted: 18 FEB 1999
Birthday: 12 JUN 1975
Hobbies: Jui Jutsu and mix martial arts.
Previous Assignment: USS Boxer and NCTAMS LANT DET Rota Spain.
Goals/Expectations: To improve my communications skills and increase my knowledge in computers. Additionally gain better conditioning.



Name: James L. Hall
Service / Rank: USA / SGT
Enlisted: 15 NOV 1999
Birthday: 15 SEP 1978
Spouse name: Un Hui Kim Hall
Child: Austin
Hobbies: Billiards
Previous Assignment: 82nd Airborne, 3rd Brigade, 1st battalion
Goals/Expectations: Successfully complete SOROC, be in a job where I am happy and find a home in the military where I fit the best and serve the best. I would like to work somewhere that I enjoy going to work everyday.

Name: Jeremy Michael S. Trejo
Service / Rank: USN / ET2
Enlisted: 1 JUN 1998
Birthday: 24 JAN 1980
Hobbies: running, guitar, art, programming.
Previous Assignment: FACSAC San Diego
Goals/Expectations: Goals include becoming proficient at networking, learning JCU specific equipment, maintain 100% operational capability of all equipment that I am responsible for.



Class 1-96

Front L - R Kenneth Jackson, Michael McCants, Chad Harmon, Jorge Collier
 Back L - R Brian Schmidt, John Adams, William Tingen

SOROC Class 01-96 Warriors Still Standing

A look back at past SOROC classes to see who is still in the unit today. Out of this class, only one remains today;

MSG Bill Tingen (Retired)- G-Troop

March Promotions, Awards & Special Occasions

Air Force Promotions



MSgt Travis Knutson to SMSgt (FM)
 SSgt Ameer Weston to TSgt (D-Troop)
 SrA Angelo Caraballo-Schweitzer to SSgt (A-Troop)



Basic Airborne School Graduates

SSG Nathan Hannah (A-Troop)
 SrA Jeff Huffman (D-Troop)
 CAPT Robert Giovannetti (S&T)



Basic Military Freefall School Graduates

SFC Jared Schaffer (A-Troop)
 ETC Stacey Lewis (D-Troop)
 MAJ Joe Pishock (OPS)



MSgt Travis Knutson is promoted to the rank of SMSgt with a little help from his children Garrett & Laeral on 29 FEB 08

Congratulations to all the members of JCU that continue to go above and beyond for themselves, family and country

BIRTHDAYS

Michael Larson	1 MAR
Kenneth Vaillancourt	1 MAR
James Jones	5 MAR
Eric Russell	6 MAR
Carl Eby	6 MAR
Veronica Zamora	7 MAR
Robert Gehring	8 MAR
John Arnold	9 MAR
Derrick White	13 MAR
Gabrial Boyer	16 MAR
Jeremy Cosner	20 MAR
Robert Seyler	22 MAR
Scott Gozdziwski	23 MAR
Deborah Stewart	24 MAR
Jeffrey Carlson	25 MAR
Rufus Messex	27 MAR
Stephen Alexander	27 MAR
John Mosley	28 MAR
Robert Londers	29 MAR
David Smith	29 MAR
John Kelly	30 MAR

ANNIVERSARIES

Max & Heather Fermin	2 MAR
Ryan & Samantha Oswald	5 MAR
Carl & Mara Eby	16 MAR
Anthony & Kim Melby	16 MAR
Joe & Barbara Jean Miller	18 MAR
Chris & Michelle Cunningham	19 MAR
Morgan & Kathryn Smario	21 MAR
Ameer & Tawana Weston	23 MAR
Travis & Lori Knutson	24 MAR
Rob & Emily Seyler	25 MAR
Mike & Sarah Williams	28 MAR
Scott & Stacey Knox	29 MAR
Gary & Kali Rose	31 MAR
Micah & Yadira Modest	31 MAR

MARK YOUR CALENDARS FOR THESE IMPORTANT DATES

4 March	JSOC Spouse Orientation	PPF 1830-2030
15 March	JSOC Easter Egg Hunt	Woodland Park- Pope, AFB 1400-1700 (RSVP with Agnes)
9 May	9th Annual SOCA Golf Tournament	Carolina Lakes 0800-1400
1 August	JCU Annual Summer Picnic	Fantasy Lake- Hope Mills 1000-UTC
24 October	12th Annual JSO 10K Run / 5K Walk	Pike Field 0700-0900

JOINT COMMUNICATIONS
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WWW.JCUONLINE.ORG

LEADERSHIP THAT CARES



<u>Position</u>	<u>Name</u>	<u>Work</u>	<u>Home</u>
Commander	COL Arnold (Jack)	243-0200	485-4529
CSM	CSM Givens (James)	243-0201	977-3441
XO	LCDR Hill (Nick)	243-8850	678-0209
Unit ISG	ISG Spencer (Todd)	243-0469	423-5644
OPS Officer	MAJ Worthington (Jeff)	243-0524	221-0985
Ops SGM	SGM Watts (Ronny)	243-2439	230-8073
A-Troop SGM	ISG Leach (Chris)	243-1321	480-1118
B-Troop Chief	ETC McKlveen (Mike)	243-4079	487-5004
C-Troop SGM	SGM Adcox (Mike)	243-0115	499-2541
D-Troop OIC	MAJ Himebrook (Les)	243-2302	498-9108
D-Troop Chief	ETC Nichols (Carleen)	243-0439	424-1805
E-Troop OIC	Mr. Gillespie (Tony)	243-1217	875-1045
E-Troop SGM	SFC Proskovec (Jason)	243-1465	868-7761
G-Troop OIC	Mr. Tingen (Bill)	243-0291	437-5970
SOROC NCOIC	ISG Nichols (Jack)	243-0577	424-1805
Air Force SEA	SMSgt Morris (Jim)	243-1047	717-8334
JCU FRC	Mrs. Marsha Spencer		423-5644
Social Worker	Mrs. Wanda Crawford	396-7489	
Chaplain	CH Tom Solhjem	243-1224	
JSOC FRG	Mrs. Agnes Adamczyk	243-2626	

JCU FRG Key Callers

JCU FRC	Marsha Spencer	423-5644	marshypooh@aol.com
A-Troop:	Kim Leach	480-1118	dawgs2win@embarqmail.com
B-Troop:	Renee Hays	436-2172	rlhays01@yahoo.com
C-Troop:	Michelle Higginbotham	426-2899	jmjhiggy@earthlink.net
D-Troop:	Lisa Dover	960-0037	jlsadover@hotmail.com
E-Troop:	Patricia Hernandez	764-1140	patricia@ncbeautifulhomes.com
G-Troop:	Elisa Gozdziwski	860-1335	elisagoz@yahoo.com
CMD/OPS:	Shanna Hargrove	483-0231	slm821997@hotmail.com

1980

The JCU Print

Commemorating 25 years of JCU professionals

2005



Damon Haigh was commissioned to create an original JCU Print designed to celebrate the outstanding contributions that JCU members have made since its inception. Everyone who has seen the print agrees that Damon did an incredible job. This print makes a great gift for current and past unit members. In order to get your limited edition (500 signed/numbered) JCU Print, bring cash or check (payable to the JCU Activities Club) to the SGM while supplies last. The print costs \$50 and if you want a shipping tube please include an additional \$3. If you need the print to be mailed, include a shipping cost of \$10 (includes shipping tube).