## Delivering the Message

## NOVEMBER 1, 2008

## Message from the Command Sergeant Major

Hello all, I hope everyone is settling in to your new Troops. because with the fall season comes several holiday opportunities for everyone to get out and meet the members of your Troop, I hope you create some new friendships, and maybe some friendly inter troop rivalries (NEW Troop Bowl) as well. I would like to thank those spouses that came out to the last spouse’s lunch I hope each spouse met someone new that you can connect with. I would like to encourage all spouses to come on out next time, I will make sure I am there to answer any questions that you may have.
I came across the following story during my massive amounts of free time (yea right), but I thought it was something I should share with the JCU family. The thought it left with me was, "Are we as smart as geese?"
Lessons from a Goose
Fact 1: As each goose flaps its wings it creates lift for the birds that follow. By flying in a "V" formation, the whole flock adds $71 \%$ greater flying range than if each bird flew alone.

Lesson 1: People who share a common direction and sense of community can get where they are going quicker and easier because they are traveling on the thrust of one another.

Fact 2: When a goose falls out of formation, it suddenly feels the drag and resistance of flying alone. It quickly moves back into formation to take advantage of the lift of the bird in front of it.

Lesson 2: If we have as much common sense as a goose, we stay in formation with those headed where we want to go. We are then willing to accept their help and give our help to others.

Fact 3: When the lead goose tires, it rotates back into the formation and another goose takes the point position.

Lesson 3: It pays to take turns doing the hard tasks and sharing leadership. As with geese, people are interdependent on each others' skills, capabilities, and unique arrangements of gifts, talents, or r e s o u r c e s.

Fact 4: Geese flying in formation honk to encourage those up front to keep up their speed.

Lesson 4: We need to make sure our honking is encouraging. In groups where there is encouragement, the production is much greater. The power of encouragement (to stand by one's heart or core values and encourage the
heart and core of others) is the quality of honking we s e e k

Fact 5: When a goose gets sick, wounded, or shot down, two geese drop out of formation and follow it down to help protect it. They stay with it until it dies or is able to fly again. Then, they launch out with another formation or catch up with the flock.

Lesson 5: If we have as much sense as geese, we will stand by each other in difficult times as well as when we are strong.

As a family we need to watch out for and take care of our family members, and as family members we need to know that there is someone there for you. Please share your lives with each other and don't hesitate to ask for help if you need it and offer help when you can.
Last but not least I would like to leave you with this quote: Do, or do not. There is no "try". - Yoda (The Empire Strikes Back).
Life requires action, boldness and decisiveness.



## SPECIAL POINTS OF INTEREST:

New Troops

- Upcoming Events
- The GRIZZLY Flies
- JCU Night Airborne OP
- Promotions
- Quarterly Award 's
- Last DET BOWL
- A plethora of pictures


## INSIDE THIS ISSUE:

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Awards \& Promotions


Hello everyone,
The alignment is finally complete for A-Troop and we have started to get to know all of our new teammates and their families. The Troop has been doing an outstanding job over the past month with all of the technical schools and training events. I would like to welcome home Jeremy Jenkins from his recent deployment. Congratulations to Danny and Kathy Knouse that were recently married, welcome to the JCU family Kathy.

Across the Troop we have several folks that have completed professional schools. Congratulations to Ceven Epps for completing Airman Leadership School at Pope AFB. Chris Choyce, Dan Lane and Joseph Worley became A-Troop's newest paratroopers earlier this month when they graduated the U.S. Army Air-
borne School. We presently have Robert Londers attending U.S. Army Airborne School, Stan Sweeney attending the Military Free Fall course and Chris Kudel is attending the U.S. Army Advanced Non-Commissioned Officer Course at Fort Gordon, GA.

Lastly the former A-Troop had a dominant victory over the former B-Troop in the final Detachment flag football game. I would like to thank all the people that helped setup the event and the family members who came out to support the game.
$\sim$ Chris


Above; Kyle Roscoe and Nathan Hogue said this was great Army training with an enthusiastic thumbs-up


I would like to welcome all of the new B-Troop service and family members. I look forward to meeting you all. With that being said there will be a Troop FRG meeting on 19 NOV 08. We will have a flyer/email published by the end of the first week of November. Currently we are in the middle of our training cycle. This month we have done numerous training events like shipboard training in Norfolk, Virginia and vendor based computer automations training
here at home. We will be doing crew drill training during the month of November in preparation for our culmination exercise is December. Please congratulate Chris Lewallen for earning his senior jumpmaster wings. I would also like to congratulate Leonard Heller for his promotion to E-5. Welcome home Augie Marks, Kelly Pond, James Drennan, Larount Pepin and Nate Hannah job well done.
~ Bryan


Not only has there been a Re-Org in the Unit, but C-Troop has under gone a regime change since the last news letter. I am extremely proud to have been selected to replace Mike Adcox as the C-Troop SGM. Mike, thanks for all you and your family have done for the fellas the last four plus years. As for the new C-Troop, my wife Mollee and I look forward to meeting and working with all of you. We would like to welcome back from another rotation SSgt Ricky Cross who returned earlier this month. We will also be sending Jared Schaffer out for a few months. See you in January, brother. The last month has been pretty exciting for all of us. For the last
few weeks we have begun to work together as one common troop and things are off to a great start. (With the exception of breaking Joe Q and Paul Hays, we are going to have to start being more careful!!) In the short time we have been together, we have already been knocking out some great training while we sit and wait for the pagers to go off and I am sure we will continue to excel. In closing, I'd like to thank every member of C-Troop and their families for all that they do at work and at home. It's great Americans like you that make this job worth doing.


Above; Members of the newly formed C-Troop take a moment to capture a piece of JCU history as the first Troop to successfully fly the fully functional communications vehicle "GRIZZLY"


Above; OH PLEASE, hurry Mike and JMPI this PIG. Mike Runk finishes inspecting this jumpers rucksack


This is D-Troops first newsletter since the troop re-alignment! I would like clarify that this is an altogether new troop that mirrors AC. The former "D" Troop is now known as M Troop. I hope that helps you out, I know everyone reads the newsletter and it may have been bit confusing. D-Troop was designated the troop to be deployed aiding the other three in getting training, organization, and cohesion built. Don't worry D-Troop will get to do the same when everyone gets back. In fact, they have been doing things that make them already look like they've been working together for
years. D-Troop not only has our own guys deployed, but fellow JCU team members, civilians, augmentees, and contractors too. I would like say thanks to all of them for understanding the change and assisting the command with the smooth transition. The team continues to do phenomenal things. Thanks and continue the great work! Lastly, I would like to thank Mrs. Michelle Roscoe for volunteering to be our key caller.
~ Jack


Congratulations to Gama Rodriguez for being selected as the JCU Civilian of the Quarter for the $3^{\text {rd }}$ Quarter and to SFC Sergio Hernandez for being selected as the E Troop Service member of the Quarter. Everyone in E Troop always does an outstanding job, but it is always great when personnel get recognized for outstanding accomplishments among their peers. As of October $1^{\text {st }}$ JCU officially reorganized and as I stated last month E Troop wasn't part of the realignment, but we definitely benefitted from the realignment. SFC Mike Crain became the newest member of E Troop and was able to report to us 7 months earlier than we thought. Mike and Jory Mathis are preparing for the January IO Course. We would like to welcome Mike to E Troop and look forward to him graduating the next class. Congratulations to Dan Orrvick for graduating the IO Course in early October. We wish Sergio the best as he
begins the Military Free Fall course this month. Coach Adrian Williams has had a rough start to the flag football season. They have tied the first game and as of this writing they are contesting the loss of the second game, due to improper scoring. If they win the protest, JCU will have 2 ties, no wins, no losses. Mike Martinez has been attempting to find a follow on assignment, but still hasn't accepted one yet. Mike is expecting to PCS in February, so he should have an assignment very soon. Scott Bachand is continuing to prepare for his November ETS and has accepted a contractor position in the DC area. Bryan Fooshee is halfway through his first rotation and Alabama still hasn't lost and he still hasn't let me forget that Alabama is \#2 in the nation and Clemson is continuing to self destruct. Thanks for all of the hard work and sacrifices that each of you make to allow E Troop to succeed.
~ Tony


Hello G-Troop Family
As I am sure you all know it has been an extremely busy month for the entire Troop. Marcus Morrow has departed the command and returned to his unit, Thanks Marcus for a job well done. Darren Thornton was promoted to the coveted rank of Chief Petty Officer. Vanessa Moak returned from her rotation and took some well deserved time off. Jim Prasse has again managed to get his name in print by being selected as the G-Troop SMOQ and is now attending Freefall school, maybe one of these days we will
actually get some work out of him. We have had from one to three classes being conducted every week this month and still holding down our shift schedules. And now to tell one of the better kept secrets "Ray Hickman got married in a private ceremony on 21 October 2008", congratulations Ray. Hopefully I don't offend Ray's wife, when I say welcome to the family "Van", Ray has kept details under close hold. Maybe we will have to give him some SERE refresher training to get details out of him. And lastly I would be remiss if I did not mention Charles


Above; We finally cracked the code to make Steve Alexander smile, you just got to tell him winds may be to high to drop


Above; Adrian Williams loves the Army training, he told Troy Zimmermann this as he was getting inspected


Above; Mr. Charles Churchwell does his trapeze pose. I'm sure there's a story for this picture

Chuchwell's newly discovered interest in being a Trapeze artist. HAPPY HALLOWEEN.


Happy Halloween from M-Troop! Yep, the Troop formerly known as D-Troop. Carleen and I have just turned over and I want to thank her for a job well done and wish her well in her future endeavors. She is currently enjoying some much needed/deserved leave.
The Electronics Maintenance guys are as busy as ever. Coming in to this troop for the first time it is completely overwhelming to see the magnitude of impact these guys have on the successes of the unit. You can't touch a piece of JCU gear anywhere in the world that the shop floor hasn't helped develop/build/ install/maintain. Smitty and Olshove are
currently out on an extended TDY and are taking care of business in a fine fashion. Eric is home and is currently on leave....he will be heading down to Fort Benning for Basic Airborne School soon!
The Motor Pool is continually expanding and improving their AO. Scott and the gang have developed one of the most comprehensive repair and fabrication shops in the DoD...and continue to increase their capabilities daily. You can get lost in the place now.
ERS/Supply is finally getting a breather from the end of the FY. Todd and the gang put in a lot of long hours making sure the unit was squared away. I realize and
appreciate the fact that their efforts contribute greatly into making this organization as successful as it is.
Before I forget, congratulations are in order for the following:
-TSgt Ameer Weston as the JSOC AF NCO of the Quarter

- (S)MSgt Petzel as the JCU SNCO of the Quarter
- Scott Knox for his promotion to Master Sergeant. Yes...he knows he owes.
Strong work from the entire troop this month!
Alright...enough rambling from me.
$\sim$ Court


As a result of the unit re-organization that occurred in the month of October, the Selection and Training Shop had a few personnel changes. Jack Nichols is now the D-Troop Sergeant Major and Steve Alexander is a Detachment Chief in ATroop.

Between the two of them, they have given nearly five years of effort in "pushing" troops through SOROC and coordinating training for the rest of the unit.
Everyone in the unit has benefited from the work Jack and Steve did while they were in S\&T. Whether they were mentoring and caring for students or driving trucks and dodging border guards in support of training, they took their work in S\&T serious and gave $100 \%$ all the time. Jack, Steve, thanks for all you have done for S\&T..... Jim, Ken, Jamie,

Jason and I will attempt to keep the shop going.

SOROC Class 2-08 continues to drive on towards the December graduation. In October, the students took another unit PT Test, rucked 8 miles for time, completed their second COMMEX and passed the second series of practical and written tests. The class works together as a cohesive team and continue to succeed. The students are looking forward to getting to the teams but have to get through six more weeks till graduation.

To the SOROC family members... you should have received Jamie Slife and my phone numbers. If you need assistance with anything please call us, we are here to make sure you are taken care of.
~ Dutch


Above; C-Troop takes the Grizzly on its maiden voyage in an October exercise

This section features a current Unit member. It is a look back before all of those military regulations, haircuts and discipline. Stay tuned for the answer posted in next months edition.



Left; WO1 Matt Jeffcoat and Angie are the proud parents of Katarina Mickel Jeffcoat. Katarina was born on October 26, 2008 at 9:25 AM in the Womack Army Medical Center. She weighed in at 6 lbs .12 ozs . and was 19 " long.



LOOK WHO JUST DROPPED IN wiE円S
www.jcuonline.org

JCU Families,
Thank you for continued patience during this reorganization. I would like to welcome two new key callers that have stepped up to give their time and energy to the unit. Holly Hoffman is B Troop key caller and Michelle Roscoe will be the key caller for D Troop. Please thank them for their time if you get a chance. I have asked all the key callers to touch base with those in the troops during this reorganization to reaffirm that we have the correct contact information for you. Email and this newsletter will continue to be our primary source of communication relay.

The JCU Sponsored JSOC Spouses Social in October was a huge success. Thank you to Lisa Dover and Kim Leach for an outstanding job in grilling the bratwurst! Susan Miller makes an awesome pot of homemade sauerkraut. A special thank you goes out to Shannon Parsons and Gini Walker for helping make the evening a success. Everyone is welcome to join us at the next social.

Our quarterly luncheon was October $27^{\text {th }}$, thank you to all that participated in the potluck. We took advantage of the opportunity to meet new people and share ideas. Hope you will join us at the next luncheon in January.

We are looking for volunteers to help with the annual SOCA 10 K Run/5K Walk scheduled for Friday, November $14^{\text {th }}$, 7am. Volunteers will need to be available at 6am until the race is completed. Please contact Todd Spencer if interested, spencert@jdi.socom.mil or (910)243-0469.

I am open and available for any suggestions or concerns.
Sincerely,
Michelle McLaughlin

## (910)717-3519 or mcljm4@aol.com



Sponsored by the JCU Activities Club
RSVP by 10 DEC 08 to Michelle McLaughlin 717-3519 or mcljm4@aol.com

| ANNIVERSARIES |  |
| :--- | :--- |
| Jeanice \& Joe Wehner | 5 NOV |
| Cliff \& Tiffany Varnadoe | 5 NOV |
| Chip \& JunChai Burguess | 11 NOV |
| Todd \& Marsha Spencer | 15 NOV |
| Del \& Gini Walker | 15 NOV |
| Mike \& Lisa Munn | 18 NOV |
| Adrian \& Ivana Williams | 25 NOV |
| Jory \& Jennifer Mathis | 25 NOV |
| Rich \& Denise McAlister | 30 NOV |
| John \& Una-Lee Sullivan | 30 NOV |
| Licher |  |



Ft Bragg, NC 28307-5002
Awards Ceremony will be held at 11:30 am on 14 NOV, at Wilson Park on Butner Road
"This event is not officially sanctioned by the US Army"



Above and below; The kids didn't really care about any silly DET BOWL. As long as there was a dirt spot, plastic shovel \& bucket, they were perfectly happy


Mark your calendar The JCU Holiday Party will be December 13, 2008 Please RSVP to

1SG Spencer
243-0469 or spencert@jdi.socom.mil

Ms. Deb Stewart
243-0200 or stewartd@jdi.socom.mil

Left; Family members do the wave in the stands while watching the DET BOWL

Right; members of the old A \& B-Troops compete in the last DET BOWL on 13 OCT 08. The trophy will be retired until the JCU 50th Anniversary. There was a lot of action packed excitement, but A-Troop won DET BOWL XIII. Hopefully a new trophy will be made and the tradition will continue


## 

SSG Luke Blum \& wife Kelly, child: Lyla (Awaiting SOROC 01-09)
SFC Mark Stone \& wife Elisabeth, children Jesse \& Jeremy (Awaiting SOROC 01-09, welcome back to a former JCU member)
TSgt Sean Collins \& wife Melissa, children David \& Finnegan (Awaiting SOROC 01-09)

## Counibye To Frigins e Fimiliy

Ensign (Formally ETC) Jacob Carlsen \& wife Monica, children; Chase, Jesus \& Auvie JUN 03 - NOV 08(C-Troop)

Right; We bid farewell to the Carlsen family. Jacob Monica and the kids will be missed, but we know that Jacob will continue serving our country in the same professional fashion as he has served with JCU for the past $5+$ years. Thanks to Monica for your continued support of Jacob and we wish nothing but the best for your family


Left; SFC Scott Knox is promoted to MSG by his wife Stacey on 3 OCT 08. Scott’s date of rank was 1 OCT 08

Right; I was so proud to stand before all the guys during the night Airborne OP, especially when they all stood tall and started chanting "ALL HAIL 1SG SPENCER". It was very moving, thanks guys


Above; SFC Bryan Hargrove is promoted to MSG by MAJ Pishock during a ceremony held on 9 OCT 08. Bryan's date of rank was 1 OCT 08.


## Answer to last months RETRO JCU ? (did you guess correctly?)



The picture from last month is none other than SGM Steve Long. This picture was taken in 1971 when Steve was in 1st grade at Clover Elementary School in Clover, Virginia. When asked why the plaid jacket, he said "It was 1971" and you know you had one too and won't admit it. I personally didn't have one, but must say it looks good on you. Thanks Steve for sharing a little piece of your history with us.


## Meet the SOROC'ers of Class 02-08



Name: MARK ANTHONY KROB
Rank / Service: SSG / USA
Enlisted: 9 SEP 1999
Birthday: 19 FEB 1978
Spouse name: Katie Jo
Child: Ariana
Hobbies: Reading, writing, whatch hockey and investigation shows (First 48 or Crime 360)
Previous Assignment: $57^{7 \mathrm{HH}}$ ESB $35^{\text {TH }}$ SIG BDE, FORT HOOD
Goals/Expectations: My goal is to be a well trained member of a close knit team that will allow me to be a better communicator.
Name: Richard M. LePage
Rank / Service: SFC / USA
DOE: 27 JAN 1996
DOB: 14 JUL 1976
Spouse name: Brandy
Hobbies: I enjoy everything outdoors. I have recently taken up kayaking and plan to start rock climbing. I love to hang out with friends and enjoy cooking out and being social.
Previous Assignment: A co. $82^{\mathrm{ND}}$ DSTB, Fort Bragg, NC.
Goals/Expectations: Some of my goals include earning my Bachelors degree in computer science and graduating from SOROC. Expectations for myself are to learn as much as possible during training so I can start contributing to the unit.


Name: Joshua L. Epersen
Rank / Service: IT1 / USN
Enlisted: 28 JAN 1997
Birthday: 11 JUN 1979
Spouse Name: Lindsay
Child: Caitlin
Hobbies: Cars, Motorcycles, Fishing, Camping, Youth Leader, Working Out
Previous Assignment: Navy Recruiting District - San Francisco, Recruiter
Goals/Expectations: Finish \#1 in SOROC class, Get promoted to Chief, Complete Free Fall school, Get picked up in Officer Program

Name: Edwin C. Sleuth
Rank / Service: SSG / USA
Enlisted: 17 MAR 1997
Birthday: 25 DEC 1977
Spouse name: Roberta
Hobbies: Sports, Movies, Working Out, Karaoke, and Automotive
Previous Assignment: $509^{\text {th }}$ Signal Battalion, Vicenza, Italy
Goals/Expectations: Continue Family tradition in Military Signal. (Grandfather was a Navajo Code Talker in WWII), Honoring the Navajo Tribe by advancing in DOD Signal.



Class 01 of ${ }^{\prime} 03$
Hayden Jamnick, Craig Hootselle, Jose Castellanos, Mike Maice, Tim Falke, Dennis Smith, Mike Shopp Brian Marin, Sean Hennessy, Shawn Luna, Seth Vance, Ken Klynstra

## SOROC Class 01-03 Warriors Still Standing

A look back at past SOROC classes to see who is still in the unit today. From class 01-03, only SFC Dennis Smith \& TSgt Ken Klynstra remain in JCU today.

## November Promotions, Awards \& Special Occasions




United States Marine Corps 233rd Birthday
November 10, 1775-2008 "Semper Fi"

## JCU hosted eight Navy

 Detailers form 15-16 OCT 08. This visit built a lasting relationship between JCU and the Navy and will ultimately help out with us getting and retaining more Navy folks. Thanks to all involved with making this a very successful visit

Above; IO Class 2-08 left to right; Vince Sola (instructor), Dan Orrvick (student), BG Brozenick, and students Brandon Soper \& Robert Carton. The graduation ceremony was held on 9 OCT 08.

13 November
14 November
14 November
22 November
5 December
17 December
13 December

The Mash House 1800-2300
Pike Field 0730-0930
Wilson Park 1130-1330
Hagerstown, MD.
Pope Softball Field area 0700-1000
Annual JCU Children's Christmas Party Chuck-E-Cheese 1700-2000 RSVP to Michelle McLaughlin
28th Annual JCU Holiday Celebration Party Doubletree Hotel (Cedar Creek Road) 1800-2400
P.O. Box 70239

Fort Bragg, NC 28307-5000

Phone: (910) 243-0469 E-mail: spencert@jdi.socom.mil
'DOD'S FINEST COMMUNICATORS'


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www.jcuonline.org

## JCU FRG Key Callers

JCU FRC
A-Troop:
B-Troop:
C-Troop:
D-Troop:
E-Troop:
G-Troop:
M-Troop: CMD/OPS:
SOROC:
Michelle McLaughlin
Kim Leach
Holly Hoffman
Michelle Higginbotham
Michelle Roscoe
Patricia Hernandez
Elisa Gozdzialski
Lisa Dover
Gini Walker
Marsha Spencer

717-3519
480-1118 dawgs2win@embarqmail.com
424-7415 hoffmanhm@earthlink.net
426-2899 jmjhhiggy@earthlink.net
875-9266 michelle.roscoe@us.army.mil
764-1140 patricia@ncbeautifulhomes.com
860-1335 elisagoz@yahoo.com
960-0037 jlsadover@hotmail.com
(919) 499-5710 ginimomof4@alltell.net

423-5644 marshypooh@aol.com

## The JCU Print

Commemorating 25 years of JCU professionals

## 2005

## 1980

Damon Haigh was commissioned to create an original JCU Print designed to celebrate the outstanding contributions that JCU members have made since its inception. Everyone who has seen the print agrees that Damon did an incredible job. This print makes a great gift for current and past unit members. In order to get your limited edition ( 500 signed/ numbered) JCU Print, bring cash or check (payable to the JCU Activities Club) to the SGM while supplies last. The print costs $\$ 50$ and if you want a shipping tube please include an additional $\$ 3$. If you need the print to be mailed, include a shipping cost of $\$ 10$ (includes shipping tube).

