

Delivering the Message



Volume 3, Issue 9
September 1, 2008

Message from the Command Sergeant Major

Hello JCU,

As all the service members are aware and I hope all the spouses are too. We are about to reorganize the unit into a structure that will allow JCU to operate on a 4 cycle rotational system. The system will basically consist of a Training cycle, a mission (short response; but primarily home) cycle, a deployed cycle, and a recovery cycle. These cycles will be approximately 120 days long, what this translates to for the families is that once your service member deploys and returns home they will not be in the deployment cycle for almost 360 days. Now, there will still be training TDY's during the Training cycle and the mission cycle, but they will be home mostly, and during the recovery cycle they are to recover and spend time with you, their families.

This transition will be a bit bumpy as we smooth out some details but the end result will be better for the service member and especially you

the families. We still have to execute our current missions while we make this transition so please make sure that you understand what is changing and where you are being assigned and that includes sharing with your spouse what is going on. With the transition in mind the following story came to my attention, please do not equate anyone in the unit as peasants; this story just has a great moral.

The Obstacle in Our Path

In ancient times, a king had a boulder placed on a roadway. Then he hid himself and watched to see if anyone would remove the huge rock. Some of the king's wealthiest merchants and courtiers came by and simply walked around it. Many loudly blamed the king for not keeping the roads clear, but none did anything about getting the big stone out of the way.

Then a peasant came along carrying a load of vegetables. On approaching the boulder, the peasant laid down his

*burden and tried to move the stone to the side of the road. After much pushing and straining, he finally succeeded. As the peasant picked up his load of vegetables, he noticed a purse lying in the road where the boulder had been. The purse contained many gold coins and a note from the king indicating that the gold was for the person who removed the boulder from the roadway. The peasant learned what many others never understand. **Every obstacle presents an opportunity to improve one's condition.***
-unknown-

People are the reason JCU is called DOD's Finest Communicators, and that includes the family. Lets together create an outstaying opportunity to improve not only our mission but also our family time.

~ CSM James Givens

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Special points of interest:

- Unit reorganization
- Babies Galore
- Promotions
- Awards
- JCU RETRO
- SOCA Scholarship winner's

Annual JCU Summer Picnic

This years picnic was a huge success as always. I would like to thank all involved with making it another great JCU event. The day was a little hot, but not near as bad as last year. I was especially pleased with the turn out this year. We ended up with over 200 JCU members and their families. There was plenty of food and drink to go around and the last family standing (The Sullivan Clan) laid waste to what food was left over. Thanks to all of you who came out and spent a little time with us, I hope you had as good of time as I did.

~ Todd



With no A-Troop members deploying or returning from deployment, the theme for the month of August was "training". A number of personnel attended service and technical training to further their careers and learn valuable skills that they will soon put to use overseas.

Carlos Calvo, Kevin Hudson, Howard Wright, Lawrence Jones, Veronica Zamora, Chris Cunningham, Ray Goodrich, and Bruce Becherini all attended the Redcom switch school in New York. Joe Quigley is still at BNCOC and Kyle Roscoe went to ANCOG. Out at the Military Freefall course, Roy

Campbell is showing everyone what the term "Sky God" really means while Noe Abad and Dan Lane are both preparing to do a lot of PLF's at the Basic Airborne School.

The troop members at Fort Bragg have been busy with equipment inventories and operational checks, a unit jump, a land navigation class and field exercise, and M4/M9 marksmanship training at the range.

As always, many of the A-Troop personnel are deployed and doing an amazing job at their respective locations. As they continue to do great things and make us proud, we'd like to extend our "thanks" to all of our families whose strength and support make our success possible.
- Dave Allen



Above; SSgt Matthew Heist is finally presented his award for being selected as the 2007 JSOC Senior Airman of the Year by LTC McLaughlin on 28 AUG 08



Hello again to all. I hope your summer has been going well. B-Troop is busy as usual this month. We have been working on an internal training lab for the upcoming restructure, attended a few vendor based courses, executed numerous training exercises both home and abroad and we are in the beginning of our Troop RIP. Chris Choyce will be attending Airborne School towards the end of the month (good luck), SSgt Watkins is TDY for his NCOA course, Matt Jeffcoat is still in WOCA (traitor), and Vic Vinnedge came home and passed his post deployment physical with flying colors. Congratulations are in order for Casey Mues and Ceven Epps for their well deserved selection for promotions to SSgt. Also everyone from B-Troop would like to wish Pamela Messex a speedy recovery from her surgery. It has been a while since B-Troop has gotten together for

a family type event. I will be contacting Mrs. Hays and others to try and set something up. If any of you have suggestions then please feel free to contact me.

~ Bryan



Above; Members of A & B Troop during a recent training exercise.

Above; SSgt Dave Smith is awarded the Air Force Commendation Medal for his previous unit tour of duty at a ceremony on 31 JUL 08.



C-Troop continues to train and operate at a near threshold level. "Just the way we like it." Jamie, Ramsey and Chris Lewallen blew out for a short notice exercise in support of a command exercise—with the special knack all C-Troopers have they executed, overcame obstacles and enabled comms. In true LNO fashion Mike K. and Nate Hogue answered the call from the Command Group to provide enroute comms and took the opportunity to re-enlist while deployed. Jeff Carlson also re-enlisted while deployed. Keeping our combat skills honed, we conducted advanced weapons training and an airborne op with a follow-on mission incorporating assembly, land navigation, and small unit tactics. The fellas

forward, Mike C., Jeff, Marcus, Dee, Derek H., Dave L., Greg, Micah and Lenin continue to do an outstanding job supporting the war; anticipating requirements, staying positive, productive and absolutely prepared for the worst. Welcome home to Gary Rose. It may have been short, but it was sweet--great job. If that's not enough, C-Troop is poised to execute one of the most extensive tactical training exercises to date in September. "Come home on your shields boys."

Fellas as we re-org keep your heads up and never forget where you came from. Keep the bonds strong between your brothers and families, insure they are never

lost. Take the high standards you've been held to in C-Troop with you and raise the bar across JCU. The people are what make this organization great, when all is done—you are here for your brothers in arms.

~ Chad Peters



Hello everyone, I hope you had a great summer! As of the 25th of August the four Troop cycle slating was approved. This affects Maintenance somewhat but since we are considered a specialty Troop, we will not be merging into the line troop configuration. October 1, however, we will be designated as M- Troop (Maintenance Troop). Unlike the line troops, who will be in a four cycle system, we will assemble a 5 cycle rotation in order to provide additional equipment support for the Line Troops.

Congratulations to both Roger and Carol Darling along with Darren and Lori Pallugna. Both had new additions to their families. Allison Darling was born on the 18th and Allyson Pallugna was

born on the 9th. Mike Larson completed his 10th jump and earned the coveted Naval Parachutist wings. Todd Petzel competed with a local team in the Armed Forces World Softball Tournament in Orlando, Fl and took 2nd place overall. Way to go! Josh Marquis checked in to ERS to replace the contractor position that Jeanice held. Welcome aboard Josh! Jeff returned this month from a long TDY. Although there were only a couple of weeks before you left us to take some much needed leave, you were able to provide some great feedback from your trip and helped us get ahead on a couple of shop projects. We had a lot of TDYs this month supporting the unit and I appreciate everyone's focus on meeting the unit objectives either in or out of the shop. Also, Carleen returned from her TDY late in the month and is spending time with friends and family. I'm sure she

is glad to be back. I know Jack and Katie are.

~ Stacey

Below; Members of E-Troop sit atop the rock wall during a recent physical training session



I would like to welcome Jory Mathis and his wife Jennifer to JCU and specifically to E Troop. Jory traveled a long distance coming to us from the 82nd Airborne. He and Jennifer are expecting their first child this December. Scott Bachand and Jory both completed some land navigation training with C Troop. Wouldn't you know both days were great Army training days, because it poured down rain on them both of the days of training. Gama Rodriguez returned from his first rotation and decided it would be a good time to take some leave for a few days. All reports are that he did a great job. Adrian Williams had some minor surgery, surgery never sounds minor, but so far all

is going well. He is going to be on two weeks convalescence leave to recuperate. That is a lot of sitting in front of the television. Jason Proskovec has accepted another position in the Army so he and Sam Stanley have been busy transferring the duties. Jason has spent over 5 years in E Troop and has contributed significantly to the success of the Troop. He has done an excellent job in ensuring that those of us that remain can continue to do our jobs. We wish him the best in his new assignment. The good news is that he isn't going far and we will still see him quite often. We have had some interesting section PT this month. We started the month at Red

Point doing some rock wall climbing. Let me be the first to say, much harder than it looks on TV. Bryan Fooshee and Sergio Hernandez were amazing. We played JCU-OPS in ultimate football and while we started both games with a fairly good lead, we were only able to split the wins. So we are currently tied with one win each. The best thing was that no one got hurt. A little advice if you are sweaty and expecting a ride from Scott Bachand you have to ride in the bed of the truck. Have a great month.

~ Tony



August was a fantastic month for G-Troop. To begin with, Darren Thornton was selected for promotion to Chief Petty Officer and is now actively engaged in visiting all local Chiefs to get his Charge book updated. Congratulations also goes out to Chris Richter who reenlisted for 3 more years at a very rainy ceremony under one of the pavilions at Pope Park. Jeff Ingraham, DJ Holly, and Ray Hickman have been busy attending a variety of classes honing their administration skills. A special

congratulations goes out to Tim Tapio on receiving his pin for completing an amazing 30 years of civil service. Welcome to Joe Thomas, our new SYSCON Watch Officer. Finally, Jim Prasse is attending Jump Master school where he is progressing well scoring a 100% on his nomenclature test. Despite the toughness of this course he still found time to go out and participate in one of his favorite past times; golfing. Always boastful about his prowess with a club, Jim proved his mettle by taking first place

in the local "Longest Drive" contest. His monstrous drive earned him \$300 and an all expenses paid trip (with overnight stay to Maryland) to compete in the regional driving contest this September.

~ Jim Morris



Hello again friends and family of the Selection & Training section! The last time we talked, SOROC Class 2-08 had just begun and the class was in the middle of their tactical training phase. Well, the “fun stuff” is over and it’s time to hit the classroom and the books.....and the radios, routers, switches, antennas, power supplies, computers.....etc. As all current members at the Troop level know, and Class 2-08 and families will learn, this period of their assignment at JCU will be both the most relaxed and also the most demanding. Between now and mid-December, they will learn more about current state-of-the-art communications than most other communicators throughout the different services will learn in a career. Stay focused and soak it all in fellas!! Your future teammates are anxiously awaiting your help in the fight. Congratulations to Andre Tate on his promotion to Sergeant First Class and to Rachael Gorman for her selection to Staff Sergeant.

As most of you know, or have heard the rumors, the unit will be going through a bit of change in the coming weeks, and like all other sections, S&T will be saying good-bye to some and welcome to others. We will be losing 1SG Jack Nichols and SFC Steve Alexander and welcoming on-board MSG “Dutch” Broussard and GySgt “Jamie” Slife. I can’t begin to explain what a huge impact Jack Nichols has had on this organization since coming to S&T and what a great asset Steve has been in his short period with us. We will talk more of their accomplishments in the next edition of the newsletter, as the moves get closer. Dutch and Jamie are fantastic choices to replace these two guys and we are very much looking forward to the skills and expertise that these two bring to the table. Also.... Welcome to Mr. Scott Capan!! Scott just joined the team this week as a SOROC Instructor. He is a former “active duty” unit member that brings a vast amount of knowledge and expertise to the

section. Excited to have you on board Scott!!
 Hard to believe Labor Day weekend is upon us already and the kids are all back in school. This is a busy time of year for families and it will only get busier as the holiday season will be here before you know it. Be safe out there!! See you next time...

~ Jim McKnight



Above; SSG Andre Tate is promoted to SFC by his wife Citwyler and Mother Monique in a ceremony on 28 AUG 08



Left; Bryan Fooshee shows off his upside down rock climbing technique while below, Sergio Hernandez starts his horizontal movement



Right; SSG Mike Beach is promoted to SFC by SFC Scott Knox on 28 AUG 08



This section features a current Unit member. It is a look back before all of those military regulations, haircuts and discipline. Stay tuned for the answer posted in next months edition.

RETRO JCU





Above; Mr. Roger Darling and Carol are the proud parents of Allison Awesomeness Darling. Allison was born on August 18, 2008 at 2:20 AM in Moore Regional Hospital. She weighed in at 6 lbs. 2 ozs. and was 18.5" long.



LOOK WHO JUST DROPPED IN



Below; ET1 Daren Pallugna and Lori are the proud parents of Allyson McBride Pallugna. Allyson was born on August 9, 2008 at 12:10 PM in Cape Fear Hospital. She weighed in at 8 lbs. 8 ozs. and was 20.5" long.



JCU BABY BOOM



Left; MSgt Chris Martin and Natalie are the proud parents of Adeline Patricia Martin. Adeline was born on August 27, 2008 at 9:22 AM in the Womack Army Medical Center. She weighed in at 9 lbs. 7 ozs. and was 21" long.

Right; SGT Ryan Dayton and Shannon are the proud parents of Tanner Mason Dayton. Tanner was born on August 25, 2008 at 10:28 AM in the Womack Army Medical Center. He weighed in at 9 lbs. 2 ozs. and was 21" long.



Right; ETC Chris Richter and Freida are the proud parents of Noble Lynn Richter. Noble was born on September 1, 2008 at 11:04 AM. He weighed in at 8 lbs. 7.5 ozs. Freida delivered Noble at home with the help of the whole family.



ANNIVERSARIES

Scott & Elisa Gozdziwski	1 SEP
Jeff & Andrea Ingraham	10 SEP
Jim & Anita McKnight	10 SEP
Chris & Natalie Martin	14 SEP
Mike & Sara Beach	18 SEP
Chris & Marlene Choyce	21 SEP
Paul & Renee Hays	22 SEP
Jesus & Crystal Castro	23 SEP
Bob & Carlyn Cocco	24 SEP
Roland & Rebecca Marks	26 SEP
Jeff & Holly Eldred	29 SEP

With the addition of the above JCU family members, this ties a record for babies born in one month and Breaks the record for babies posted in the newsletter .



Family Readiness Coordinator Announcement

Dear DoD's Finest Spouses,

I would like to announce that Michelle McLaughlin, wife of our new Commander LTC John McLaughlin, will now be the FRC for JCU. Due to the many family commitments that I am faced with right now, along with my and Todd's time here in JCU drawing to an end, I have asked Michelle if I could pass the FRC responsibilities over to her, of which she willingly and gladly accepted. I will still continue to serve as the Key Caller for SOROC and continue to be committed to this great unit and your families. I would like to thank everyone for your support and friendship over the past two and a half years and encourage each of you to provide Michelle with the same level of courtesy that you have shown me.

Marsha

Dear JCU Families,

It is my pleasure to become your new FRC. Marsha has expressed a desire to focus her efforts as the SOROC key caller. I would like to express my gratitude for the services that she has provided the unit in the past as the FRC and dedicated member of JCU. She has welcomed my family in to the unit, as I am sure she has done for a good number of you. She has truly embraced the mission of the FRC position and I appreciate the hours of time she has spent making sure the unit families are looked after. I look forward to getting to know you and be of service however needed. My goal as FRC is to continue the flow of information and encourage the families to be a support to each other. As spouses of a joint unit, we have a diverse amount of experiences and knowledge. It would be awesome if we could share that with one another to enhance our lives. It has been my experience that everyone has a special talent to share. I welcome your ideas for future events. Please feel free to contact me at (910) 717-3519 or (706) 573-0493 or mcljm4@aol.com.

Michelle McLaughlin

2008 SOCA SCHOLARSHIP AWARD WINNERS

Congratulations again for a job well done. We wish you good luck and much success in your college endeavors.



Jordan Diaz, son of ETC Dave and Elizabeth Allen. Jordan is a Freshman at the University of North Carolina Chapel Hill.



Stacie Spencer, daughter of 1SG Todd and Marsha Spencer. Stacie is a Senior at the University of North Carolina at Pembroke. She is an English and Literature Major and currently holds a 3.80 GPA.

WELCOME OUR NEW JCU MEMBERS

SGT Jory Mathis & wife Jennifer (E-Troop)

IT1 Anthony Pierce & wife Elizabeth (SOROC 01-09)

Mr. Joshua Marquis & wife Tiffany (D-Troop)

Mr. Joseph Thomas & wife Terrie (G-Troop)



Left; The Change of Command pictures did not get finished in time for the last newsletter. Again we want to thank the Arnold family for their hard work and dedication to JCU. COL Jack Arnold and wife Haemi in back and left to right, their children Andrea, John and Christine

There were no departures for the month of August

Right; MSgt Ray Hickman was awarded the Bronze Star Medal by LTC McLaughlin during a ceremony on 31 JUL 08.



Left; SrA Vince Olshove is promoted to SSgt by MSgt Todd Petzel and TSgt Chris Smith on 31 JUL 08. Vince's date of rank was 1 AUG 08

Answer to last months RETRO JCU ? (did you guess correctly?)



The picture from last month is none other than MSgt Delmar Walker. Del's wife Gini tells us, "Why the Raggedy Ann doll, who knows? This picture was taken in 1973, he was almost a year old. It was taken in Christiansburg, Virginia. Just so you know he had no idea I was going to do this. He is not going to be happy with me. All I can hear him say is REVENGE!!!" Thank you Gini for sending this picture in and sharing a little piece of Del's life with us.



Meet the SOROC'ers of Class 02-08



Name: Allen V. Keller
Rank / Service: ITCS / USN
Enlisted: 11 Jan 1993
Birthday: 13 Jul 1972
Hobbies: Running, current events, travel
Previous Assignment: USS Independence CV-62, USS Nimitz CVN-68, USJFCOM, USS George Washington CVN-73, DISA-Europe
Goals/Expectations: Obtain Masters Degree in Information Systems, NYC Marathon

Name: Travis Jenkins
Rank / Service: SFC / USA
Enlisted: 23 May 1990
Birthday: 22 May 73
Spouse name: Lakecia
Children: Tia, Nyasia & Trevor
Hobbies: Basketball, Football, Traveling,
Previous Assignment: 11ID, 2BDE, 1-7 FA
Goals/Expectations: To retire from the Military and provide a comfortable living for my Family



Name: Jody K. Elkins
Rank / Service: SFC / USA
Enlisted: 2 Jan 1992
Birthday: 22 Jan 1971
Spouse name: Nalezca
Child: Kristian
Hobbies: Family time, softball, tennis
Previous Assignment: Recruiting Command, Raleigh BN., Sanford Station
Goals/Expectations: Graduate SOROC, make E-8, finish Bachelors degree

Name: William Roberts II
Rank / Service: SSgt / USAF
Enlisted: 28 Jan 2000
Birthday: 24 Oct 1980
Hobbies: Sports, computers, weightlifting, and soon to be motorcycles
Previous Assignment: 608 ACOMS/8AF Barksdale AFB, LA
Goals/Expectations: To build on communications knowledge and to learn more SATCOM and radio



SOROC Class 01-02 Warriors Still Standing

A look back at past SOROC classes to see who is still in the unit today.

From class 01-02, only 1SG Jeff Eldred, SFC Ryan Oswald, SMSgt Travis Knutson, SFC Jason Tolle and Mr., formerly SSgt Jason Bretzinger remain in JCU today.

Class 1-02
 Rear: Jeffery Eldred, Michael McKlveen, Matthew Odom, Gregory Williams, Donovan Holden,
 Front: Travis Knutson, Jason Bretzinger, Andy Hurst, Ryan Oswald
 Not in photo Jeremy Havenmann, Richard Howe, Jason Tolle

September Promotions, Awards & Special Occasions

Army Promotions



MSG Steve Long to SGM (CMD)
 SSG Mike Beach to SFC (D-Troop)
 SSG Andre Tate to SFC (SOROC 02-08)



Right; SK1 Mike Larson receives the coveted Navy and Marine Corps Parachutists wings commonly known as Gold Wings. LCDR Nick Hill presented the wings in a ceremony held on 22 AUG 08



Below; SFC Max Fermin is promoted to MSG by former unit member SMSgt Dave Kiedaisch on 28 AUG 08. Max's date of rank was 1 AUG 08



Left; SSG Stan Sweeney is promoted to SFC by His wife Marlena and little Stan on 31 JUL 08. Stan's date of rank was 1 AUG 08

BIRTHDAYS

Michael Fowler	1 SEP
Richard Linder	5 SEP
Roland Marks	5 SEP
Jason Bretzinger	5 SEP
Jared Sams	7 SEP
Michael Crain	8 SEP
David Jones	9 SEP
Kenneth Garrison	10 SEP
Kelly Pond	11 SEP
David Allen	13 SEP
James Prasse	13 SEP
Thomas Marino	14 SEP
James Hall	15 SEP
Danny Knouse	15 SEP
Daniel Lane	18 SEP
Michael Parsons	21 SEP
Mario Curtis	24 SEP
Shannon Hook	25 SEP
Christopher Cunningham	28 SEP
Steven Page	29 SEP

MARK YOUR CALENDARS FOR THESE IMPORTANT DATES

16 September	JSOC sponsored Spouses' Orientation	PPF 1830-2030 (RSVP to Agnes Adamczyk)
3 October	JSOC sponsored Silent Auction	PPF 1700- ???
24 October	12th Annual JSO 10K Run / 5K Walk	Pike Field 0700-0900
22 November	46th Annual JFK-50 Mile Ultra-Marathon	Hagerstown, MD.
5 December	JCU Highland Games	Pope Softball Field area 0700-1000
11 December	Children's Christmas Party gift wrapping	JCU Classroom 1300-1700
12 December	Annual JCU Children's Christmas Party	Location-TBD
13 December	28th Annual JCU Holiday Celebration Party	Doubletree Hotel (Cedar Creek Road) 1800-0100

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"DoD's Finest Communicators"



LEADERSHIP THAT CARES



<u>Position</u>	<u>Name</u>	<u>Work</u>	<u>Home</u>
Commander	LTC McLaughlin (John)	243-0200	717-3519
CSM	CSM Givens (James)	243-0201	977-3441
XO	LCDR Hill (Nick)	243-8850	678-0209
Unit ISG	ISG Spencer (Todd)	243-0469	423-5644
OPS Officer	MAJ Pishock (Joe)	243-0524	273-3879
Ops SGM	SGM Watts (Ronny)	243-2439	230-8073
A-Troop SGM	ISG Leach (Chris)	243-1321	480-1118
B-Troop SGM	SFC Hargrove (Bryan)	243-4079	483-0231
C-Troop SGM	SGM Adcox (Mike)	243-0115	499-2541
D-Troop OIC	MAJ Himebrook (Les)	243-2302	498-9108
D-Troop Chief	ETC Nichols (Carleen)	243-0439	424-1805
E-Troop OIC	Mr. Gillespie (Tony)	243-1217	875-1045
E-Troop SGM	SFC Proskovec (Jason)	243-1465	868-7761
G-Troop OIC	Mr. Tingen (Bill)	243-0989	437-5970
G-Troop NCOIC	CMSgt Morris (Jim)	243-0991	717-8334
SOROC NCOIC	ISG Nichols (Jack)	243-0577	424-1805
JCU FRC	Mrs. Michelle McLaughlin		717-3519
Social Worker	Mrs. Wanda Crawford	396-7489	
Chaplain	CH Glen Bloomstrom	243-1224	
JSOC FRG	Mrs. Agnes Adamczyk	243-2626	

JCU FRG Key Callers

JCU FRC	Michelle McLaughlin	717-3519	mcljm@aol.com
A-Troop:	Kim Leach	480-1118	dawgs2win@embarqmail.com
B-Troop:	Renee Hays	436-2172	rlhays01@yahoo.com
C-Troop:	Michelle Higginbotham	426-2899	jmjhiggy@earthlink.net
D-Troop:	Lisa Dover	960-0037	jlsadover@hotmail.com
E-Troop:	Patricia Hernandez	764-1140	patricia@ncbeautifulhomes.com
G-Troop:	Elisa Gozdzialski	860-1335	elisagoz@yahoo.com
CMD/OPS:	Gini Walker	(919) 499-5710	ginimomof4@alltell.net
SOROC:	Marsha Spencer	423-5644	marshypooh@aol.com

1980

The JCU Print

Commemorating 25 years of JCU professionals

2005



Damon Haigh was commissioned to create an original JCU Print designed to celebrate the outstanding contributions that JCU members have made since its inception. Everyone who has seen the print agrees that Damon did an incredible job. This print makes a great gift for current and past unit members. In order to get your limited edition (500 signed/numbered) JCU Print, bring cash or check (payable to the JCU Activities Club) to the SGM while supplies last. The print costs \$50 and if you want a shipping tube please include an additional \$3. If you need the print to be mailed, include a shipping cost of \$10 (includes shipping tube).