



DELIVERING THE MESSAGE

Joint Communications Unit

Volume 5, Issue 12
December 1, 2010



Message from the Commander

JCU Team- I cannot thank you enough for all that you do to make this organization truly special. It continues to amaze me what this unit accomplishes on a daily basis. There is not a finer collection of military, Government civilians, contractors, and Family members anywhere in the world and hopefully we all will have some time during this holiday period to celebrate the great accomplishments of everyone associated with JCU that has made it "DOD's Finest".

To say the unit is extremely busy is a gross understatement. Last month the unit leadership went to Quantico, VA for a week of "philosophizing" about the future of the organization and it was very productive. At the completion of the Offsite, approximately 31 JCU members (plus some Alumni) took on the JFK 50 miler. Thanks Todd for organizing the event and guiltling everyone into participation. We also conducted the 14th Annual SOCA 10K run, which with over 800 participants is quickly turning into one of the most popular (and challenging) 10K races in the area. Thanks to all the volunteers who made it possible. At the time of this

writing most of A Troop, C Troop and SOROC are at Fort Knox, KY participating in what has become commonly known as "the world's largest exercise in the world". It has been a monumental undertaking by our OPS Shop, G Troop and M Troop to pull this off and I'm sure A Troop leadership will have SGM Adcox at the top of their Christmas card list.

The week of 13-17 December 2010 will be a monumental period in the unit's history. JCU will be recognized by the Airborne and Special Operations Museum with a permanent free standing stone at the museum to commemorate the past, present, and future contributions of this unique Special Operations unit. We will also celebrate our 30th Anniversary on 17 December where we will be honored by having GEN (R) Schoomaker, the former USSOCOM Commander and Chief of Staff of the Army, as well as a legend in the Special Operations community as the guest speaker. I hope everyone in the unit will take the opportunity to participate in both of these events. I promise they will be events that you will look back on long after your time in JCU is over and be glad you were a part of it.

If that isn't enough, we'll also have a Children's Christmas party, graduate our next SOROC and E Troop Class, and run a golf tournament. SOROC 2-10 will graduate just in time to celebrate the holidays and then get right on the airplane to deploy. The impossible as a matter of routine....

While this is a fun and celebratory time of the year, I'd ask that everyone remember our B Troopers, and select members of E, G and M Troops who cannot spend this holiday season with their Families. Take the time to reach out to those Families of JCU members deployed and wish them well and offer your support. The Families of this unit are what make it great. I'd also ask that everyone be safe in their holiday activities. Not EVERY Christmas light in your house can be plugged into ONE outlet, Christmas trees get really dry, and the roads we travel could get treacherous. We need everyone back safe and sound after the holidays because the "rest" will be brief. Again, look forward to seeing everyone at the 30th Anniversary festivities, and I am honored and humbled to serve with you. DOD's Finest.

~ Sam



Special points of interest:

- 14th Annual JSO 10K
- Reenlistments
- JFK-50
- Babies
- Promotions
- RETRO JCU
- Hunting
- Always keep toilet paper on hand

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Left: So, I'm out at the 4K water point taking pictures and CSM Long comes running up and says "Dookie, do you got any toilet paper"? I say, "Yes back in the truck at the start line". He then hangs his head in disappointment as he runs away grumbling something about Monkey Butt and running all bow-legged



Below: Kat Little and Ulysses Otero get a picture after finishing the JSO 10K on 10 NOV 10



Above: Stacey Lewis waves as he passes by, looking good brother, Navy Strong



Right: Ray Hickman looks like he just got caught taking a short-cut through the woods, but we know that could not be true, could it?



Left: Holly Eldred is all smiles as she gets ready to cross the finish line. She was quite the fashion savy runner with matching outfit and accessories. Way to go Holly and congratulations



Greetings from C Troop, I hope everyone had a nice Thanksgiving, I know I ate my own weight in turkey! It has been another busy month for C Troop as we continue technical training, and prepare for "The World's largest exercise ever". Everyone has been putting in the extra effort to make sure this training event tests our skill sets, and identifies areas of improvement. On the baby front, congratulations to Sean and Katie

Mitcham on the birth of their son Owen Jude "OJ" Mitcham, born the 12 of November at a notable 8 pounds 12 oz, Owen is already on his way to an NFL career. C Troop made some progress this month preparing airborne Soldiers and Sailors; congratulations to Micah Modest for passing his Jump Master course, and doing it the first time, and to Ryan Akins for passing the Military Free Fall course. Everyone has enjoyed listening to his

stories from school. Last but certainly not least, congratulations to Ed Salcedo for a victorious graduation from Army Basic Airborne! I would also like to welcome some new members to the C Troop team: Jeremy Jenkins, Dan Lane, Romandoe Goodrich, and Morgan Smario. Welcome to the team, we are glad to have you, now get to work!

~ Ray



They say time flies when you get older, and if the last month is any indicator, I'm getting really old. LOL... It's hard to believe that this year is almost over, and I'm simply amazed at everything the guys have accomplished. As I reflect on the upcoming holiday, I'm thankful for your support to your spouse, the troop and the unit. And you are what makes this unit great. Hopefully things will slow down a little over the next few months so you can spend some time with your husband's before the cycle starts all over again.

Kyle has returned to the troop and we

are glad to have him back. I'm sure you are too Michelle. Also we had Al and Tyler return from training down at Ft. Benning with the Rangers. We were also able to get a few folks some training; Josh and Tyler completed an advanced SERE class and Al, Amy, and JR went thru some advanced networking. Additionally, we had four complete the annual JFK 50 Mile run. Congrats to Derrick and Dave S. on their first, Jack and Vanessa's third. We also welcome Del Walker to the troop, he will be taking over for Jack as the Troop SGM.

December is going to be a full month for most of us. Along with all the Holiday parties and functions you already have, and

the unit's 30th Anniversary events, the troop has planned a few of our own in the few empty holes that were on the calendar. We have reserved Rolands Dance Studio for a date night on the 11th, there will be a dance instructor so you or your husband can't use the excuse of not knowing how to dance. We are also having a kids/family gathering at the roller-skating rink on the 9th from 4-5:30pm. While at the skating rink we will say our goodbyes to Goody, Morgan and Adam. They have been here since the inception of D Troop and have contributed tremendously to this unit and command's success.

~Dave



Thanks to all that are reading. We would like to welcome back Serg from his rotation. I am sure that the family is happy to have Jim home for Thanksgiving. We would like to welcome CTN1 Mitchell Sheppard on board. So far he seems to be eager to learn, hopefully that doesn't change when we get him knee deep into training. We are sending out a monumental welcome to our newest edition SGM Nichols.

I would like to congratulate Scott, Serg, Damen, Gama, Dan, Sean, Shannon, and

Mark for running the JFK-50 miler. Everyone did a great job stepping up to the plate and taking on an insurmountable challenge. Not sure if the team will do it again next year, regardless we all have some new memories that we will never forget.

While the team was out running a Ultramarathon the rest of the crew were working very hard keeping the work load going. I hope everyone had a great and Happy Thanksgiving. We look forward to seeing everyone at the 30th Anniversary events.

~ Bryan



Above: Michael Williams poses with his first kill, Osama Buck Ladin, the Talibuck Commander. Now Mike and LCDR Hill have something to talk about.



November has been a busy month for all G-Troopers. We conducted a Troop offsite at Sports USA that brought the Troop together in one place, at one time, for the first time, in a long time. Max Fermin and Ulysses Otero huffed and puffed their way through the vigorous JFK 50 miler, awesome job guys!! We would like to welcome home Chuck Churchwell, Dominic Arduini, Jeff Ingraham and Marty Holcomb from a long yet very successful deployment. Tammy and Joel Castro have recently departed to join the only "Geek Squad" member in JCU, "Fabian Robles" in

the Systems Control Center. Ira Leon Hamilton has been testing the durability of the Troop's newly acquired vehicle with frequent trips to Northwest in support of the commands training events. I think we have found yet another task that Leon is good at, this guy continues to impress. We look forward to winning the Jingle Stick competition and please send or bring any items that you would like to send to our deployed members for this holiday season. The command and the country would like to thank Mike Williams for his continued service in the Air Force. Mike, sacrifices

and commitments to duty as you have displayed is what makes this nation and organization great, Thank you. Thanks to Mr. Tingen who continues to give insight and assist in the professional development and evolution of this Troop, Thanks Bill. Again we can never say enough about the true heroes, our families. Thank you for standing by us in these stressful times, your loyalty has not gone unnoticed.

~ Ryan



Hello everyone. Since this is my first newsletter entry I'd like to take some time thank Stacey for all his hard work and contributions to the Troop. It will definitely be a challenge to take the reins from him and keep the troop rolling smoothly but I believe he has set us all up for success and is leaving me in good hands. As some of you may know, I am not new to JCU or M Troop. I was assigned to JCU from 2001 to 2007 and finished my tour here as the Maintenance Detachment Chief which was the

previous title of the M Troop SGM. Many of the tasks will be familiar and undoubtedly even more will be foreign to me. I know that there will be MANY challenges in the upcoming weeks and months but I am confident that M Troop will continue to meet and surpass them all in fine style due to the quality of the personnel assigned. We participated in the senior leader's offsite and were able to discuss current issues and brainstorm ideas on how to streamline processes and improve how we do business in the unit as a whole. Some the changes will impact M Troop

both directly and indirectly; I ask that when the changes come around we be patient and allow them to run their course and reach their desired end state. In addition to all the maintenance related tasks, M Troop has been preparing for the upcoming pot luck. It should be a great turnout and will give a chance to practice filling our bellies for Thanksgiving. As we head into the holiday routine and become overwhelmingly busy with our personal plans I ask that you keep safety at the forefront of all of your decisions. I look forward to meeting you all and spending time getting to know you and your families. Stay safe.

~ Mike



Hello to all,

I would like to take a brief second to wish you all a Happy Holidays from the S&T office and welcome everyone back from the Thanksgiving break. I hope everyone had fun with their friends and family. I know for the S&T office, each guy's face is a little fuller especially the new SOROC TAC GySgt Knouse. I guess this is my way of welcoming him to the S&T office, so welcome.

Life in the S&T office has been a roller coaster. SOROC Class 2-10 is finishing up with their final communications exercise on module 4. They will solidify all their hard work in SOROC by a final culmination exercise occurring @ Fort Knox, Kentucky. Good luck to the SOROC CLASS. Attention all troops, ready or not here they come.

As for the remainder of S&T, 1Sgt Leach continues to prove himself as an invaluable asset to the unit by planning and

organizing the unit's largest offsite operation in JCU history. Good job and thanks for your hard work in advance Chris. Congratulations to Ken Garrison on his promotion, we now refer to him as the Grinch who stole jump pay, tis the season to be jolly. I want to thank the entire S&T office for all your hard work and have and safe holiday season.

~ Jamey



Left: Angelo Caraballo and Veronica Zendrosky getting their run on at the JSO 10K. Easy day for these guys as they gallop through the woods



Right: John Sullivan starts the 10K race with a runners briefing on the course. Una-Lee said to spit your gum out before you speak next time



Above: You may look at this and think that Mike beach and MAJ Carkeet are getting ready to fight. The real story, and a first that I know of, is that MAJ Carkeet is administering the Oath of Reenlistment to SFC Mike Beach in the maintenance pit under a 15-PAX van. In the true Motor Pool spirit, only Mike could come up with this and the only officer that could stand up straight under the vehicle was MAJ Carkeet



F.Y.I.

**JCU FRG
NEWS**



Left: SFC Sean & Katherine Mitcham are the proud parents of Owen Jude Mitcham. Owen was born on November 12, 2010 at 4:35 PM in the Womack Army Medical Center. He weighed in at 8 lbs. 12 ozs. and was 22" long.



LOOK WHO JUST DROPPED IN



Above: IT1 Josh & Lindsay Esresen are the proud parents of Ean Elijah Espersen. Ean was born on November 22, 2010 at 9:53 AM in the Womack Army Medical Center. He weighed in at 7 lbs. 12 ozs. and was 21.5" long.

Below: SGT Jimmy & Jessica Bermudez are the proud parents of Sophia Mariah Bermudez. Sophia was born on November 6, 2010 at 10:29 AM in the Womack Army Medical Center. She weighed in at 6 lbs. 12 ozs. and was 20" long.



**2010 JCU
BABY
GOAL**

- 26 -
- 20 -
- 15 -
- 10 -
- 5 -

- 26 -

TOTAL TODAY= 18
2009 Record= 25

ANNIVERSARIES

- | | |
|-----------------------------|--------|
| Sean & Katherine Mitcham | 1 DEC |
| Bryan & Kelly Hargrove | 5 DEC |
| Steve & Jennifer Powell | 7 DEC |
| Scott & Emily Hamilton | 7 DEC |
| Frank & Beverly Perez | 9 DEC |
| Jody & Nalezca Elkins | 10 DEC |
| Roy & Alyce Campbell | 14 DEC |
| Bryan & Roberta Watkins | 15 DEC |
| Mike & Kelly Larson | 16 DEC |
| Dave & Elizabeth Allen | 16 DEC |
| Ryan Akins & Olimpia Valdez | 17 DEC |
| Chris & Jessica Farr | 17 DEC |
| Rob & Keri Londers | 21 DEC |
| Shawn & Nancy Luna | 21 DEC |
| Mike & Susan Clark | 22 DEC |
| Alicia & Jason Perez | 22 DEC |
| Jerry & Lisa Dover | 23 DEC |
| Mike & Kim Adcox | 23 DEC |
| Ed & Roberta Sleuth | 25 DEC |
| Kevin & Karina Hudson | 26 DEC |
| Allen & Dede Keller | 26 DEC |
| Ira & Jennifer Hamilton | 28 DEC |
| Chuck & Lauren Brandt | 28 DEC |
| Mark & Elisabeth Stone | 29 DEC |
| Burke & Karen Brooks | 29 DEC |
| Derrick & Michaela White | 31 DEC |
| Todd & Brandy Petzel | 31 DEC |

It's that time of year again....

Please Join Us for the Annual JCU Children's Holiday Party
Tuesday, December 14, 2010 From 4:00 pm - 7:00 pm
At the Parachute Packing Facility (on the compound)
Please RSVP to Susan Miller smiller05@gmail.com
No Later Than Thursday, December 9, 2010

RSVP's are required for your name to be on the security list
Please include the member's name, spouse's name, and children's names, ages, sexes as well as your families total head count

We will have a bubble wrap room, moon bouncers, and crafts for the children as well as food and a visit from Santa.


JFK-50 Mile
Hagerstown, Maryland
(America's Ultra-marathon)



This year marked the 48th Annual JFK-50 Mile Ultra-marathon. As with every year, it was an outstanding event. We had 31 runners compete this year. 24 of our own and 7 friends of the community that were either here at one time or that we work with us around the globe. The weather was excellent this year. The JCU record of 8:37, held by Josh Smith still stands, but our fastest runner this year was Robert Giovannetti with a time of 9:16. There were a lot of 1st time runners this year, congratulations to everyone that participated this year. The Appalachian Trail was still as brutal as always and the C&O Canal path was still 26 miles by itself. There were no major injuries to note as of right now, just a few twisted ankles and lost toe nails, but the crew survived and lived to tell their stories.

This year we had two military teams entered. Haigh's Heroes and Team IO. Haigh's Heroes placed 4th and Team IO took 6th place overall in the military team competition behind what may be considered collegiate athletes, the Navy Annapolis cadets and West Point cadets. The ten member team time comes from the first five members to cross the finish line, those five from Haigh's Heroes were Jay Pylman, Sam Anderson, Robert Giovannetti, Chad Peters & Luke Blum. Team IO members were Bryan Fooshee, Scott Moore, Sergio Hernandez, Damon Gulnac & Gama Rodriguez. Great job guys. We look forward to next year's event already and there are a few that might even train for the next one. The following JCU folks participated in the race.

- Todd Spencer
- Jeremy Pinkelman
- Jay Pylman
- Jack Nichols
- Derrick White (1st Timer)
- Vanessa Moak
- David Smith (1st Timer)
- Scott Eby (1st Timer)
- Sam Anderson
- Adam Kelley
- John Iwaniec (1st Timer)
- Luke Blum (1st Timer)
- Bert Giovannetti (1st Timer)
- Dan Orrvick (1st Timer)
- Frank Perez
- Sean Collins (1st Timer)
- Hernan Daffara (1st Timer)
- Sergio Hernandez (1st Timer)
- Gama Rodriguez (1st Timer)
- Tim Holton (1st Timer)
- Bryan Fooshee (1st Timer)
- Max Fermin
- Ulysses Otero (1st Timer)
- Chad Peters

JCU Alumni & friends of JCU that participated:

- Chris Haigh
- Wade Johnston
- Heather Wells
- Shannon Hook
- Brian Kerns
- Jody Pinkelman
- Adam Pinkelman

A special thanks to the following for their support along the course. They braved the elements and stood around at the aide stations cheering and taking/giving items to several of our runners as they passed by.

Bev Perez, Brandy Fooshee, Jana Anderson, Melissa Iwaniec, Kelly Blum, Yessinia Kelley & Comalitha Holton. Please forgive me if I forgot anyone.

Less than .01% of the United States will ever compete in a race of this magnitude. I appreciate the competitive spirit we share in JCU, good luck next year.



Above: Cold and ready to run at the 5am start. Jack Nichols, John Iwaniec, Heather Wells, Adam Kelley & Todd Spencer



Above: Ulysses Otero and Max Fermin after their 50-Mile stroll



Left: Most of the JFK-50 participants after the race. Congratulations to all that went up and endured this monster or at least got as far as you could get, great job!



Poinsettias are poisonous to your cat if chewed on. Fact or fiction?

Below: Our volunteer course directors (Steve Alexander, Jeremy Jenkins, Mike Williams & Dirk Shelton) did a fine job of making sure everyone went the right way during the 10K. Thank you all for standing out in the dark by yourselves and waiting on the race to start. Also, our two water point guys (Chris Choyce & Josh Espersen), thank you for making sure everyone stayed hydrated along the route



Above: At the reenlistment ceremony of SSgt Goodrich, a few of our steely-eyed killer Marines got together for a picture on 1 DEC 10



Left: Soooo Serious! LTC Anderson as he passes by in stride. Sir, it's ok if young people beat you. Most people over 40 only dream of running a 41:57 10K



Above: SOROC Class 02-10 as they cross the finish line led by GySgt Jamey Slife



Might be a rough winter, get prepared now. Don't get caught without your shovels and salt

Answer to last months RETRO JCU ? (did you guess correctly?)



Last month's RETRO picture is none other than SSgt Ramondoe (Goody) Goodrich of C-Troop. He said that this picture was taken in 1974 and was 1 year old in Detroit, Michigan. He sits upon his mothers lap (Kandis) along side his cousin Danny. He mentioned that when this picture was taken, cars were still made in America and afro's were cool. Goody today has become a fine Marine and continues to make a difference in the world. Thank you Goody for sharing a little piece of your life with us.





December Promotions, Awards & Special Occasions



Marine Promotion

SSgt Veronica Zendrosky to GySgt (G-Troop)



Left: SSgt Veronica Zendrosky is promoted to GySgt by her husband and JCU Alumni Justin in a ceremony held on 5 NOV 10



Right: SSG Edwin Robles is promoted to SFC by his son Edwin in a ceremony held on 5 NOV 10

Visit us on the web
www.jcuonline.org

BIRTHDAYS

Ramsey Brown	1 DEC
Amy Smith	1 DEC
Ryan Dayton	4 DEC
Gregory Durr	5 DEC
Ross Carkeet	6 DEC
Heidi Evans	10 DEC
Joseph Worley	10 DEC
Dennis Smith	11 DEC
Gabriel Ramirez	12 DEC
Lenin Castillo	13 DEC
Luke Blum	14 DEC
Vincent Olshove	17 DEC
Jeremy Bloom	21 DEC
David Lonack	21 DEC
Edwin Sleuth	25 DEC
Terrell Kemp	26 DEC
Brandon Moorhead	27 DEC
John Mills	28 DEC
Nathan Hogue	28 DEC



Above: SFC Mike Crain is promoted to MSG by his father Michael Sr. in a ceremony held on 5 NOV 10



Above: SFC Jared Schaffer was promoted to MSG by his wife Brooke and promotion certificate given by LTC Anderson in a ceremony held on 5 NOV

Below: CW3 Brooks administers the Oath of Reenlistment to SSgt Ramondoe Goodrich on the antenna field during a ceremony held on 1 DEC 10



Mark your calendars for these important dates

14 December	JCU Children's Christmas Party	1600-1900: Parachute Packing Facility (see page 5)
15 December	SOROC Class 01-10 Graduation	1400: Parachute Packing Facility
16-17 December	JCU 30th Anniversary & Reunion	Go to www.jcuonline.org for details
20 December	Jingle Stick Competition	0900-1200: All JCU spaces
7 January	JCU Winter Highland Games	0700-0930: Pope Softball Field area



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"DoD's Finest Communicators"



<u>Position</u>	<u>Name</u>	<u>Work</u>	<u>Home</u>
Commander	LTC Anderson (Sam)	243-0200	339-0108
CSM	CSM Long (Steve)	243-0201	568-6408
DCO	LCDR Hill (Nick)	243-8850	678-0209
Unit 1SG	1SG Spencer (Todd)	243-0469	423-5644
OPS Officer	MAJ Pishock (Joe)	243-0524	273-3879
Ops SGM	SGM Adcox (Mike)	243-2439	919-499-2541
A-Troop SGM	1SG Perez (Frank)	243-1321	494-2992
B-Troop SGM	ITCS Pylman (Jay)	243-4079	728-5551
C-Troop SGM	MSG Mills (John)	243-0115	717-2224
D-Troop SGM	SGM Nichols (Jack)	243-4147	424-1805
E-Troop SGM	MSG Fooshee (Bryan)	243-1465	565-0500
G-Troop SGM	1SG Hargrove (Bryan)	243-0991	433-4331
M-Troop Chief	ETCM Addaman (Mike)	243-0439	487-0293
S&T NCOIC	1SG Leach (Chris)	243-0577	480-1118
JCU FRG	Mrs. Gillian Long		624-7611
Social Worker	Mrs. Wanda Crawford	396-7489	
Chaplain Office	Mrs. Windia Mitchell	243-2515	
JSOC FRG	Mrs. Marie VanHeusen	396-7500	

JCU FRG Key Callers

JCU FRG:	Gillian Long	624-7611	gillian.long@erac.com
A-Troop:	Beverly Perez	494-4965	bevperetz@embarqmail.com
B-Troop:	Kris To	644-5587	devioushoneykristinaflava@yahoo.com
C-Troop:	Kim Melby	717-4942	kam031602@msn.com
D-Troop:	Michelle Roscoe	875-9266	michelle.roscoe@us.army.mil
E-Troop:	Brandy Fooshee	565-0500	b_louella@yahoo.com
G-Troop:	Kelly Hargrove	433-4331	bkgrove@embarqmail.com
M-Troop:	Amie Huffman	245-7984	amiehuffman@rocketmail.com
CMD/OPS:	Gini Walker	919-499-5710	ginimomof4@windstream.net
SOROC:	Kim Leach	480-1118	dawgs2win@embarqmail.com

1980

The JCU Print

Commemorating 25 years of JCU professionals

2005



Damon Haigh was commissioned to create an original JCU Print designed to celebrate the outstanding contributions that JCU members have made since its inception. Everyone who has seen the print agrees that Damon did an incredible job. This print makes a great gift for current and past unit members. In order to get your limited edition (500 signed/numbered) JCU Print, bring cash or check (payable to the JCU Activities Club) to the 1SG while supplies last. The print costs \$50 and if you want a shipping tube please include an additional \$3. If you need the print to be mailed, include a shipping cost of \$10 (includes shipping tube).