

**SPECIAL
POINTS OF
INTEREST:**

- Awards
- Pictures
- SOCA
Announcement
- New Grill
- RETRO
- Important Dates
- Volunteers
- Quarterly
Awards



**INSIDE THIS
ISSUE:**

Troop News	2-4
FRG News	5
SOCA Scholarship Announcement	6
Welcome & Farewell	7
Meet the SOROC'ers	8
Promotions & Awards	9
Unit Contact Information	10

Delivering the Message

VOLUME 5, ISSUE 5

MAY 1, 2010

Message from the Commander

This spring has been going great so far and Michele and I would like to thank all of you who came by to help us celebrate St Patrick's Day. We'll be opening the doors to everyone for the Fourth of July on the parade field again this year and everyone will be welcome to stop by to quench their thirst, grab something to eat, enjoy some AC, or use the bathroom instead of the port-o-lets. The view of the fireworks from the backyard is perfect. We'd be happy to see you.

In March we had the Endurathon Leader Development Exercise. It was an excellent opportunity to push some of our leaders with hard movements, tough scenarios, and little sleep or food. Not only did they all enjoy it, but we all learned a lot and came out better leaders than when we

started. I'd like to thank all those who went through it and those who provided the back side support. We'll be having another Leader Training Event in late May so we're all looking forward to that too.

I've had a chance to visit with a number of our D, G, and M Troop Service members over the last couple of weeks and they are all doing a great job. You have a lot to be proud of. They are looking forward to A Troop coming out here though and are ready to get home.

As we plan the Golf Tournament this month (May 21st) I'd like to remind you how important this and the annual 10K are to us. These two events raise the money for SOCA to be able to donate money for events like the Children's Christmas Party and the Annual Anniversary Party every year so that they are free

to all JCU members and family. Other units charge between \$30 to \$80 a plate for their events but due to the support of SOCA and the vendors we don't have to. We'll have the vendor sponsored social the night before at the Mash house and I encourage you to attend (it's also free). We had a great time last year with a bunch of unit members and spouses showing up. It's a great way to enjoy each other's company and show the folks who sponsor us that we appreciate their support.

~ John McLaughlin

**11th Annual
Golf
Tournament
May 21, 2010**



JCU 30th Anniversary invitations are out.

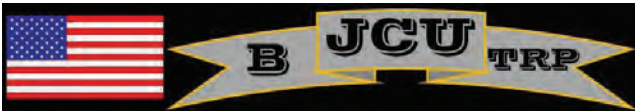
Don't delay, sign-up today



WOW ! It's hard to believe a month has passed already. We started out with a change of leadership, but you would never have known it. The guys kept performing without slowing their pace. We started the month conducting two ranges to knock the dust off our weapons and increase the marksmanship skills of the troop. We also conducted physical fitness at the Leader's Reaction Course where we performed exercises designed to develop leadership abilities in junior leaders, our service members performed well at the challenges the course offered. In addition to improving our combat readiness, Joe Cade has been busy installing the unit's

most up to date training resource. The training lab is used to emulate technology the guys may experience on our network and it also can be used to improve network skills, it's guaranteed to test the skills of even the best JCU Automator. Administratively Jason Gunter decided to reenlist for another 4 years of service and Rob Gehring decided to try his hand as a civilian, his technical skills and strange sense of humor will be missed, take care Rob and Best of Luck. There's not enough space in the newsletter to list all the training the Troop has been engaged in to prepare for our next trip and I am confident we will show everyone how professional communication should be done.

~ Frank



This was a very busy and successful month for the Troop. The entire troop did an outstanding job with our Range Week. We had a pretty involved and lengthy week on the range with a lot of moving parts. Everyone was highly impressed with the level of professionalism that everyone displayed and with the amount of safety that was demonstrated. Kudos to everyone that made the week a HUGE success. Just as impressive has been the

amount of work and time that Mike Lamb and Lauront Pepin have put into our new communications capability for ships. The work that they are doing will not only pay grate dividends for this command but for the entire DOD. Travis and Jody went to Baltimore for some schooling. While there Jody needed to get some emergency dental work. To the surprise of everyone who knows Jody, it was not for running his mouth that he needed the dental work.



It's been a busy month as C Troop gets prepared to be on mission at the end of the April. Everyone in the troop, (especially the newest members) has gone the extra mile to make sure we are one hundred and ten percent ready to take the reins from A Troop. C Troop showed their professionalism this month with Joe Quigley's, Ed Sleuth's, and Ryan Akins successful completion of the Advanced Noncommissioned Officers Course at Fort Gordon. Special congratulations to Joe Quigley for receiving the Leadership Award. Jeremy Trejo completed the Navy Information Systems networking course in San Diego, and Troy Zimmermann graduated the

Marine Advanced Course at Quantico. C Troop also has some new jumpers as both Brent Borden and Edwin Robles completed Army Basic Airborne at Fort Benning, GA. Good Luck to Sean Mitcham who is currently in week one right now. With all the hard work comes some rewards, and I'd like to personally congratulate the accomplishments of Edwin Robles and Kenneth Johnson as their services respective JCU Service Member Of the Quarter for the 2nd quarter of 2010. Ken Johnson was also selected as the NCO of the Quarter for the JSOC TOP3. Last but certainly not least congratulations to Ricardo Cross for being selected as C Troop's Service



Below: A-Troop members Pat Ballard, Josh Espersen & Tim Holton take a minute to cuddle while volunteering with the Special Olympics on 22 APR 10. While this was a very worthy event, Josh had asked specifically for the pink ribbons.

Good job guys, thanks for taking time out of your busy schedule to help others



The summer is shaping up to be a busy period for us. I ask that everyone look at their calendars and get with their spouses to make their vacation plans. It is important that everyone get some quality time with their loved ones.

~ Jay

Member of the Quarter. Well, C Troop believes you need to play as hard as you work, so we've been trying to make good use of group PT on Fridays to let off some steam. So far we have completed a 9 mile ruck, played flag football, Ultimate Frisbee and Broom hockey, we are also looking to continue our Troops winning history as we get ready to have a football challenge against B Troop on May 20th, all family members are welcome to attend and root for your players. More information will be sent out to families as the date gets closer.

~ Ray



May is here and it's time for us to come back for the start of some hot and humid Fayetteville weather! When we left it was cold and leaves were on the ground. Now it's warm, and the leaves are probably still on the ground. No problem! I have a solution to all of your household needs! D-Troop is coming back during the month of May. So get your honey do's ready, because that's all anyone talks about anymore! We've got Kevin Hudson walking barefoot through rocks to toughen his feet for "Ranger" school, but we know

Karina has plans for him to redo the shingles. He's just toughening his toes to keep his balance on the roof. Instead of mowing down chow, the troop is ready to begin mowing some overgrown lawns. We've got experienced laborers such as Tim Duncan who has enlightened us with his expert skills of swabbing decks. He stated it was a prerequisite for his Expeditionary Warfare badge, but we all know it was for the spring cleaning Ashlyne has planned. For the most part, the team is just ready to get back to our family and friends. Especially Howie, he's been working out for the ladies, however, I can't

really say he's lost any weight in the process, but he's telling us it's all "muscle". In the next couple of weeks the team will be returning, some sooner than others, but we will all be back within the month of May. Maybe not Vanessa, she might get stuck. She doesn't seem to have any luck with return air travel. Jeremy Bloom has been running and training for airborne school in his toe shoes, trying to get right. He'll do just fine with Big Jon, and Julian Walle who are also scheduled to put their feet in the breeze! SO in closing We miss all of you and the team can't wait to see you!

~ Jack



Hey everybody... this is Scott Bachand filling in for Bryan "Custer" Fooshee who has taken the rest of the team to a training class in sunny downtown Fayetteville. April has been a busy month with everybody coming and going... as usual. Mike Crain is doing a quick tour over in the desert- I know he was looking forward to getting a little sun. We just hope he is able to get a ride home sometime in the next month or two. Sam Stanley is back from his location and Sergio replaced him after a nice little vacation to sunny California. Gama and Sean Collins have been living it up in our trailer park knocking out some great work. Dan Orrvick has been busy going on vacation and telling everyone how much work he does. Chad Lewis is wrapping up selling and packing his house and is about to

leave a pretty big void for all us tech guys and the new Marine SEA to fill. Brian Zebrowski and Dave Lonack are ready to start our long training course next week- good luck to you both!

~ Scott



Above: Casey Mues, Christian Thorsnes and Ryan Oswald paddle vigorously during the G-Troop Adventure Race on 16 APR 10



You love your Momma? I hope you let her know it when Mother's Day comes around. If not, it isn't too late buy the woman who gave birth to you a present to show your appreciation. If you are a really good person you will go out and buy the mother of your children something as well. Deployed?,,, get on line and order something. Don't put the credit card away yet because Father's Day is right around the corner.

Congratulations go out to Noe Abad and John Mosley who were presented awards by the JCU Commander. Noe was awarded the AF Combat Action Medal and received a Joint Service Commendation Medal. John received a Joint Service Commendation Medal as well. Good job fellas!

There is an unwritten rule that newly hired on Civil Services personnel buy their Troop lunch. Pete and Ken have

transitioned over to the NSPS ranks. Waiting on you guys to schedule the lunch. Don't worry Mike, your time is coming.

I'd like the opportunity to thank D-Troop for the work they are doing while downrange. You guys are handling business. Come back home safe and take some well deserved time off.

Take care,
Dutch

DELIVERING THE MESSAGE



Well, as I'm typing this, myself and the rest of the Troop is what I call "Nap-Ready". You know, the same tired feeling you get after eating Thanksgiving dinner. That's because we just finished our first of the warm season Troop cookout. As you can imagine, we had the standard Mark 1 Mod 0 hamburger/hot dog/chip combo, but we also had a few varieties of venison to boot. For those who like venison, don't hate, there was not any left for you anyway. On a positive note, and in conjunction with our BBQ, we were able to present a

few awards to some of the folks in the Troop. It was our first M-Troop awards ceremony held down in the new bay area. It was an honor for me to have the ability to personally recognize the small fraction of outstanding work that has been accomplished over the past few cycles.

On more somber note, Lisa Dover is no longer the M Troop Key Caller. She has held the position for over 3 years now and has done a fantastic job. Lisa, I would personally like to say again to you, Thanks. Thanks for all of your commitment to the M Troop family. In her place, Amie Huffman has volunteered to "assume the

duties". Amie, I look forward to working with you and appreciate your accepting the position as the M Troop key caller.

I would like to say farewell to everyone heading out shortly to do God's work and am looking forward to the safe return of our folks who have been tactfully accomplishing our mission beyond the horizon.

Once again to summarize this month, there was a plethora of hard work put in by the men and women of M Troop. As long as I have the ability to say this, I will, and that is that I am proud and honored to serve with the finest team that D.O.D has to offer.

~ Stacey



Hello everyone, SOROC has been very busy with completing exercise two and starting exercise three validating everything the class has learned this month. S&T has had a couple of people complete professional development courses. Stan Sweeney graduated from the new Senior Leaders Course at Fort Gordon. Jamey Slife completed Senior Enlisted Joint Professional Military Education Class. Congratulations to both.

Below: MSG Frank Perez pins on the Senior Parachutist Badge on SFC Scott Beadell in a ceremony held on 3 MAY 10



~ Chris



Above: SSG Olympia Valdez is presented the M-Troop Service Member of the Quarter Certificate by ETC Stacey Lewis in a M-TRP award ceremony held on 28 APR 10



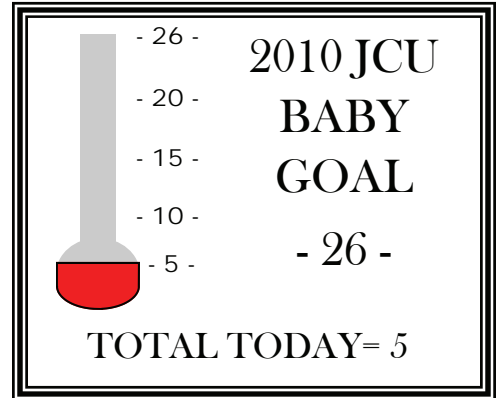
Left: Pablo Guerra cooks up some of his world famous burritos at the G-Troop adventure race and get together on 16 APR 10



Above: SSgt Joe Cade is promoted to TSgt by his wife Jessica and 1SG Chris Leach in a ceremony held on 3 MAY 10



THIS JUST IN
NO BABIES THIS MONTH
 (Baby factory shuts down for maintenance)



Visit us on the web
www.jcuonline.org

JCU Spouses Social
Tuesday, May 25th
6:30pm
Staff Annex



Bring an appetizer or dessert to share
 RSVP to Michelle by Sunday, May 23rd, (910) 717-3519 or mcljm4@aol.com

ANNIVERSARIES

- | | |
|--|---------------|
| Andre & Trisha Cole | 4 MAY |
| Jason & Renee Gunter | 5 MAY |
| Marcus & Alisha Jett | 6 MAY |
| Will & Beth Bolin | 7 MAY |
| Sean & Melissa Collins | 7 MAY |
| Ed & Monica Robles | 8 MAY |
| Jared & Christina Sams | 10 MAY |
| Jeremy & Shannon Trejo | 11 MAY |
| Steve & Gillian Long | 13 MAY |
| Ryan & Shannon Dayton | 15 MAY |
| Jim & Blendaly Guillemette | 16 MAY |
| Chris & Julie Scott | 17 MAY |
| Steve & Tara Comeau | 19 MAY |
| Charles & Barbette Churchwell | 20 MAY |
| Greg & Karen Matthews | 20 MAY |
| Marcus & Kimberly Lewis | 20 MAY |
| Andy & Susan Miller | 21 MAY |
| David & Robyn Kelly | 24 MAY |
| Jim & Deborah Prasse | 25 MAY |
| Ronny & Sarah Watts | 25 MAY |
| Tom & Sonja Marino | 26 MAY |
| Marlon & Rosa Vega | 30 MAY |

2010 Annual SOCA Scholarship Announcement

To the members and families of JCU, I am pleased to announce one of the many initiatives that the Special Operations Communicators Association (SOCA) started two years ago, The Annual Special Operations Communicator's Association Scholarship. SOCA will offer three college scholarships for full time college students, valued at \$500 each, to deserving spouses and college-aged child dependents of a current JCU Military or Civilian NSPS Unit Member. Applicants are asked to submit an essay from one of the topics that are posted below, to SOCA's Board of Officers. SOCA's Board of officers will select from all of the qualified entries to award the three \$500 scholarships. It is SOCA's goal to show their appreciation to those who contribute and sacrifice so much in support of our Country's National Objectives. SOCA thanks the members of JCU and your families for all that you do.



Criteria for award:

- Spouse must be a full-time college student (sporadic continuing education classes will not suffice)
- Child must be a full-time college student. If a graduating High School Senior, student must have declared enrollment into a selected college.
- If scholarship is awarded and either the spouse or child drops out of said college, the entire amount of the award is to be turned back into SOCA for re-issuance to another applicant.
- When available, the winners for this year's awards will be required to take a presentation photo with the SOCA President and authorize the posting of their essay to the JCU website for publicity purposes.

Applicants must submit a 1-2 page essay from one of the below listed topics to SOCA's Board of Officers at the events@thesoca.org email address. SOCA's Board of Officers will select from all of the qualified entries to award the three \$500 scholarships. Entries must be received by July 1, 2009. The winners will be notified by July 15, 2010 and announced in the August Edition of *Delivering the Message*.

Member's child:

- Should the recent oil rig catastrophe in the Gulf prevent us from continuing to drill off the United States coast?
- You are President for a day, what do you do?
- Who is the most influential person in your life and why?
- Are current U.S. laws governing the misuse of technology sufficient in today's court system? i.e. cell phone photos, facebook / myspace posts, webcam spying etc...

Member's spouse:

- What makes a strong military family and why is it important?
- You are First Spouse for a day, what do you do?
- Who is the most influential person in your life and why?
- Are current U.S. laws governing the misuse of technology sufficient in today's court system? i.e. cell phone photos, facebook / myspace posts, webcam spying etc...

May God Bless DoD's Finest Communicator's and keep them and their families safe!

John P. Sullivan, SGM (Retired)

President, Special Operations Communicator's Association

This section features a current unit member. It is a look back before all of those military regulations, haircuts and discipline. Stay tuned for the answer posted in next months edition.

RETRO

?



Recent graduates of the Basic Airborne School seen here in rare photos during their training. Congratulations to Below: YNI Harold Shamblin and Right: ITC Brent Borden. Great job guys!



Below: MSgt Chad Lewis is reenlisted by LCDR Hill in a ceremony held on 21 APR 10



Left: SFC Earle Allen receives the Joint Service Achievement Medal. Right: ET1 Dana Roberson receives the Joint Service Commendation Medal. Above: ETC Stacey Lewis prepares a ceremonial feast for M-Troop, problem was that Earle kept eating straight from the grill and there was nothing left over for the rest of the troop



Answer to last months RETRO JCU ? (did you guess correctly?)

The picture from last month is none other than SSG David Miller from C-Troop. Down on the farm in his younger years, Dave was taught that you do not take the fish from others, you get a pole and go catch your own meal. Dave was 1 Year old in this photo. Taken at Charlotte, North Carolina In 1987. This picture is a direct result of when your parents watched too much Andy Griffith, but he is a fine looking boy with an awesome hat. Thank you Dave for sharing a little piece of your life with us.



Meet the SOROC'ers of Class 01-10

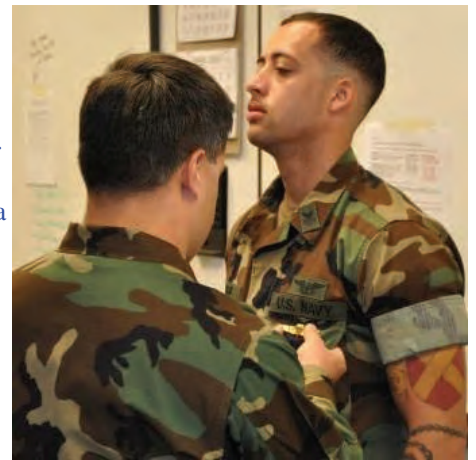


Name: Roberto R. Lopez
Rank / Service: SSG / USA
Enlisted: 10 JULY 02
Birthday: 15 JUNE 84
Spouse name: Natasha
Hobbies: Cycling
Previous Assignment: HHC 2/160th SOAR(A) FT. Campbell KY
Goals/Expectations: To complete SOROC and become an all around communicator; and someday obtain a bachelors degree

Name: Kathryn L. Little (Kat)
Rank / Service: CMSgt / USAF
Enlisted: 1 May 1985
Birthday: 17 May 1966
Spouse name: Dan
Child: Nick
Hobbies: running, shopping, reading, NASCAR
Previous Assignment: HQ NORAD, Peterson AF CO
Goals/Expectations: To fill the vacant Air Force billets with high caliber Communication professionals; to maintain my current fitness levels; to finish my graduate degree; to finish the Marine Corps Marathon in under 4:30



Left: SFC Carlos Calvo receives the Bronze Star Medal. Right: IT1 Chris Farr receives the Coveted Navy Parachutist Badge (Gold Wings) from LCDR Hill in a ceremony held on 28 APR 10



Below: Thinking about getting another grill for JCU, what do you think?



Below: SK1 Mike Larson is presented the Joint Service Achievement Medal by ETC Stacey Lewis in a M-TRP award ceremony held on 28 APR 10



MAY Promotions, Awards & Special Occasions

Army Promotion



SSG Joe Quigley to SFC (C-Troop)

Air Force Promotion



SSgt Joe Cade to TSgt (A-Troop)

Basic Airborne School Graduates

ITC Brent Borden (C-Troop)
YN1 Harold Shamblin (HHT_CMD)



JCU Quarterly Award Winners 2nd QTR, FY 2010



USA NCO: SSG Ed Robles (C-Troop)

USN NCO: IT1 Kelly Pond (B-Troop)

USMC NCO: Sgt Leonard Heller (B-Troop)

USAF NCO: SSgt Ken Johnson (C-Troop)

Civilian: Mr. Todd Brown (M-Troop)



BIRTHDAYS

Marcus Lewis	1 MAY
Todd Petzel	2 MAY
Bryan Fooshee	2 MAY
Matthew Corby	2 MAY
Aaron Samora	4 MAY
Charles Scott	7 MAY
Scott Hamilton	7 MAY
Blake Schimmel	9 MAY
Matthew Heist	10 MAY
Kathryn Little	17 MAY
Russell Pinard	18 MAY
Michael Beach	18 MAY
Daniel Orrvick	18 MAY
Brian Allen	18 MAY
Olimpia Valdez	19 MAY
Travis Jenkins	22 MAY
Maximo Fermin	26 MAY
Scott Capan	27 MAY
Walter Zimmermann	27 MAY
Kenneth Klynstra	29 MAY

Mark your calendars for these important dates

29 APR-16 MAY	Fort Bragg Fair	Fort Bragg Fairgrounds
9 May	Mothers Day	All day
14 May	G-Troop Change of Responsibility (1SG Broussard to 1SG Hargrove)	Time TBD: JCU Classroom
20 May	Inaugural Troop Bowl Flag Football Game	0900– Lake Rim Park
20 May	Pre Golf Tournament Social	1800-2200: The Mash House, Sycamore Dairy Road
21 May	11th Annual SOCA Golf Tournament	0830-1500: Carolina Lakes Golf Course
25 May	JCU Spouses Social	1830: Staff Annex
31 May	Memorial Day	All Day
18 June	SOROC Class 01-10 Graduation	1400: PPF
20 June	Fathers Day	All day
1 July	Summer Highland Games	0700-0930: Pope AFB Softball field area
6 July	JCU Change of Command (COL McLaughlin to LTC Anderson)	1400-1500: PPF
16 July	Retirement of 1SG Jeff Eldred	1000: Troop Building
6 August	Annual JCU Summer Picnic	1000-1800: Fantasy Lake
10 August	Retirement of 1SG Robert "Dutch" Broussard	1400: PPF
10 November	14th Annual JSO 10K Run-5K Walk	0700-0930: McKellar's Lodge
20 November	48th Annual JFK-50 Mile Ultra-Marathon	All day: Hagerstown, MD (Registration opens on 1 July 09)
16-17 December	JCU 30th Anniversary Event	Go to www.jcuonline.org for details



LEADERSHIP THAT CARES



Joint Communications Unit

P.O. Box 70239
Fort Bragg, NC
28307-5000

Phone: (910) 243-0469

Fax: (910) 243-0310

E-mail: spencert@jdi.socom.mil

"DoD's Finest Communicators"



Position	Name	Work	Home
Commander	COL McLaughlin (John)	243-0200	717-3519
CSM	SGM Long (Steve)	243-0201	568-6408
XO	LCDR Hill (Nick)	243-8850	678-0209
Unit 1SG	1SG Spencer (Todd)	243-0469	423-5644
OPS Officer	MAJ Pishock (Joe)	243-0524	273-3879
Ops SGM	SGM Adcox (Mike)	243-2439	919-499-2541
A-Troop SGM	MSG Perez (Frank)	243-1321	494-2992
B-Troop SGM	ITCS Pylman (Jay)	243-4079	728-5551
C-Troop SGM	1SG Mills (John)	243-0115	717-2224
D-Troop SGM	SGM Nichols (Jack)	243-4147	424-1805
E-Troop SGM	MSG Fooshee (Bryan)	243-1465	565-0500
G-Troop SGM	1SG Broussard (Dutch)	243-0991	436-1113
M-Troop Chief	ETC Lewis (Stacey)	243-0439	893-4015
S&T NCOIC	1SG Leach (Chris)	243-0577	480-1118
JCU FRC	Mrs. Michelle McLaughlin		717-3519
Social Worker	Mrs. Wanda Crawford	396-7489	
Chaplain Office	Mrs. Windia Mitchell	243-2515	
JSOC FRG	Mrs. Agnes Adamczyk	396-7500	

JCU FRG Key Callers

JCU FRC	Michelle McLaughlin	717-3519	mcljm4@aol.com
A-Troop:	Beverly Perez	494-4965	bevperetz@embarqmail.com
B-Troop:	Kris To	644-5587	devioushoneykristinaflava@yahoo.com
C-Troop:	Kim Melby	717-4942	kam031602@msn.com
D-Troop:	Michelle Roscoe	875-9266	michelle.roscoe@us.army.mil
E-Troop:	Brandy Fooshee	565-0500	b_louella@yahoo.com
G-Troop:	Rhonda Broussard	436-1113	rhondab@nc.rr.com
M-Troop:	Amie Huffman	339-4364	amiehuffman@rocketmail.com
CMD/OPS:	Gini Walker	(919) 499-5710	ginimomof4@windstream.net
SOROC:	Kim Leach	480-1118	dawgs2win@embarqmail.com

1980

The JCU Print

Commemorating 25 years of JCU professionals

2005



Damon Haigh was commissioned to create an original JCU Print designed to celebrate the outstanding contributions that JCU members have made since its inception. Everyone who has seen the print agrees that Damon did an incredible job.

This print makes a great gift for current and past unit members. In order to get your limited edition (500 signed/numbered) JCU Print, bring cash or check (payable to the JCU Activities Club) to the SGM while supplies last.

The print costs \$50 and if you want a shipping tube please include an additional \$3. If you need the print to be mailed, include a shipping cost of \$10 (includes shipping tube).