Joint Communications Unit

Delivering the

Message



Volume 5, Issue 10

October 1, 2010

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Special points of interest:

- CFC Kicks off
- Pictures
- Promotions
- Awards
- Breast Cancer Awareness
- JSO 10K Run / 5K Walk
- Important dates

Message from the Commander

JCU Team- First, I want to say thanks for all that each one of you do to make JCU truly the best organization anyone could ever hope to serve in. It's coming up on my "three month anniversary" back in the command and Jana and I couldn't be more proud of what the service members and their families contribute to making this organization what it is. I just recently returned from approximately a month overseas visiting many of our deployed unit members and those they support. It was amazing to see how many folks went out of their way to thank me for the contributions made by JCU day in and day out. actually had to make a special folder in my email inbox just to keep track of all the praise that I have the privilege of accepting on your behalf. Again, my deepest thanks and admiration.

Fall is upon us and the unit is busier than ever. As of this writing I THINK most of A Troop has finally returned home and should be well on their way to some well deserved leave. Frank and the folks of A Troop left a high standard for Jay and the B Troop team but I heard that B Troop was a fairly competitive bunch and will not be outdone easily. Of course the specialty troops continue to be the unsung heroes day in and day out both back here in the States as well as deployed. For most (myself included) fall is a great time of year because we can finally get the kids back in school after they climbed the walls most of the summer.

Fall also means it is time to ramp up the JCU We have the activities. Joint Special Operations 10K race on 10 November and we will need a lot of volunteers to make this years' run the best one on record. 1SG Spencer has promised excellent running weather and an easy route so if you are not volunteering, come join us on the run. The 10K run serves as one of our key fundraising activities as we prepare for the JCU 30th Anniversary in December. Mark your calendars now as it will truly be a great event. We also have a very large JCU contingent going to run the JFK 50 miler this year (some that didn't even know they were running.....) as we represent the unit in its annual revalidation of pain and suffering.

JSOC recently hosted their newcomers' orientation and I hope new members were able to attend. If you were unable, I would encourage all to attend at the earliest opportunity as it is an excellent venue to learn about how the organization runs and what makes it so unique. Our SOROC class is in full swing with graduation expected in December. I have been told we will have at least 20 personnel in the January SOROC class and 36 in the July SOROC class so the need to ensure new families are integrated into the unit will be more and more critical.

It is unlikely that the pace in JCU will ever slow down. and we need every member of the organization in order to be successful. Take this time before the weather starts getting bad to do those odd jobs you've been putting off around the house, get the car in order, and for all you motorcvcle riders-be especially careful as there are nearly 50,000 Soldiers back on Fort Bragg for the first time in years. Don't hesitate to call Steve or I if vou have any questions or concerns. It's an honor to serve with you. DoD's Finest.

~ Sam Anderson



By now everyone should be taking some well deserved time off. Either recharging their batteries for the upcoming training cycle or working through the "honey-do" lists that have built up while we were away. Either way, enjoy the time, each of you has absolutely earned the time off. Expect the next few weeks to be fast paced as we polish up the troop's skills, then take a break during the holidays.

There are also quite a few personnel changes happening throughout the troop during the next few weeks. Danny has already moved to S&T, Carlos will be moving to a desk job (at least that's what he thinks) in J-6 and Tim will try to fill Carlos' shoes. Meanwhile Scott will be stepping into Tim's old position and Rudy will help out as the training NCO for awhile. With all these moves it's a good thing we have the quality of folks that we do, I'm sure the Troop won't miss a beat. On a lighter note, Congrats goes to Vic Vinnedge. He was finally added to a list he should have been on a long time ago, the TSgt promotion list! Now it's just a matter of waiting for his number to Also, Gus completed come up. airborne school at Fort Benning, I'm

sure that it was a trip he won't forget anytime soon, and now he's convinced he joined the wrong service. Good job Gus !

Lastly, as fall approaches there are plenty of events on the horizon, the SOCA 10K it's guaranteed to rain, the Children's holiday party where you are bound to see some of the guys on Santa's lap and the 30th Anniversary Celebration in December. If you need any information for any on these events contact 1SG Spencer or myself.

~ Frank



It is always nice to pass off the pagers. Mainly, because it is almost always followed with a little bit of leave. So this month's input will be relatively short since all of us were gone for a few days.

Even though we did get a few days off, that doesn't mean the world stopped turning here. Jory took a little trip to support some folks getting ready for deployment. From what I gathered, he lived on a beach and played on a boat. I am fairly certain there is more to it than that but will never admit it. Brent also got to get a stamp on his passport as he traveled the world supporting a few customers and Troy also made it back this month from his trip across the pond.

Ryan and Cake are still away learning about the Marine Corps and Army. I'm sure they will both come back Honor Graduates of each of their NCO professional development schools.

The rest of us have been working here getting some outstanding medical training, maintenance training from some of our M-Troopers and a few internal classes as well. Next month the race to get all of our training in prior to deployment steps up a pace or two. We will have almost everyone in the troop in some sort of training either sharpening their SHF or automations skills. It will be a very busy month that will have everyone sitting for hours in some sort of classroom then following it up by a hands on exercises in our training lab. I am sure everyone is excited.

Since there isn't a place to list errors in the news letter, I will just put a comment here. Last month I said "third times a charm" in reference to Jory's Jumpmaster graduation. It was only his second...oops.

Talk to you next month! ~ Millsy

Weather getting cooler can only mean that the 10K is getting closer

It's that time of year again. Time for the 14th Annual Joint Special Operations 10K Run / 5K Walk. This years event will be held on Wednesday 10 November at McKellars Lodge. Race packet pick-up starts at 0530, the race starts at 0700. If interested in helping the morning of the race at the packet pick-up area, please contact 1SG Spencer for more details. Last year we had 480 registered participants, we hope to exceed that total this year. The event is sponsored by the Special Operations Communicators Association. Registrations can be done either via mail or on www.active.com. A separate flyer will go out through the e-mail channels. Hope to see you all out there.





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Fall has arrived and it's getting cooler, finally! Not that we don't like the summer, it's just been too HOT! Alongside the start of school, D-Troop has remained knee-deep in our training cycle. I was hoping it would slow down, but we seem to be steadily engulfed in more and more training and it has undoubtedly produced the best communicators in DOD the world! Chris Cunningham is enjoying life at the Advanced course, learning some high speed Marine marching with the Cajun style cadence. I'm sure he's showing

off those cool uniforms they have. We've had several people go

to and graduate Basic Airborne School. Congrats to Jason Benavides, and Tim Duncan! Chas Scott is in his final week!! "Feet and Knees together!" That's only the beginning. We also had Jerome Kusy promoted to CHIEF! Congratulations on your well deserved promotion. It was a very cool promotion ceremony put on by the Chiefs of JCU. Even though we've been getting needed schools and well deserved promotions, we have also had time to participate in command training exercises, Jumpmaster courses, vehicle

validations, operations checks, HAZMAT certifications, unit sponsored training and lastly...time to train other organizations on networking. WHEW! I would also like to say hello to Kyle Roscoe, and Kevin Hudson who are both currently deployed. We miss you guys and hope to see you real soon! Didn't I tell you we were still busy? Congrats to Jumpmasters Josh Smith, Marcus Jett, and Derrick White! Congrats AMCO graduates Jason Benavides, Amy Smith, Julian Walle, and Josh Morgan! To the families, as always, we appreciate your support to this command, your family member, and our nation.

~ Jack



Guys and Gals, We would like to welcome back Dan from his rotation. Mike Crain went up to relieve him. Now Dan can stop using the excuse and get ready for the 50 miler. Everyone is working hard to get in shape for this very difficult event. As the spouses of E-Troop know already I have taken their spouses away for a week to do some excellent training. We have been wanting to get this training for awhile now. It was definitely worth the wait. The training was worth every penny. The E-Troop spouses should be happy for their spouses considering they are leaps and bounds better testers than they were. I would like to say thanks for letting them go. We did a survey on the work from home program, and they didn't get very much work done in that time so we wont be trying that again.

Brian, Scuba Steve, and Dave Miller are having the time of their life in the class. We can't wait for them to graduate and get to work.

There are alot of things we need help with. Maybe with their help we can start getting the guys home on time. Thanks for all of the support.

~Bryan

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Finally Fall has arrived...we were beginning to wonder if it was truly Fall yet. We hope everyone had a great September and has settled into the school routine. We are saying farewell to John Hickey and Casey Mues, who have started their transition into civilian life. We welcome back Veronica Zendrosky from maternity leave and keep Noe Abad in your thoughts while he recovers from a pretty serious jump injury. We have welcomed Leon Hamilton and Chris Richter back and sent Pete Nunnery and Fabian Robles out to herd the cats in the Systems Control Center. Darren Thornton has returned from his one year Navy tour requirement

and will no doubt resume doing all the great things for the command that he was doing before he left. We have continued to challenge John Mosley, Rich McAlister, Mike

Williams and Max Fermin by expecting then to learn incredible amounts of information in a very short time during multiple training courses. I am sure they are up to the challenge and will come back and spread their knowledge to the rest of us. The beginning of the holiday season is just around the corner, so make sure that



Above: Members of D-Troop conduct the retirement flag passing for 1SG Broussard's retirement on 10 AUG 10

you and your families and friends are taking advantage of the time and spending quality time together.



Summer is officially over...Happy Fall from M-Troop! Over the past month the men and women of M-Troop have been extremely busy, not only with day-to-day operations, but assisting in a smooth transition between fiscal years that is happening now. As usual our M-Troop professionals are doing great things, and making the unit look good! As we press forward to the Holiday season please take a moment to be thankful for all we have, and for our fellow unit members currently on "extended TDY".

The Electronics Maintenance Shop has had an extremely busy September. From Command Recruiting, to schools, TDY's, and leave, they continue to keep everything balanced and make things happen. During the past month the guys on the shop floor attended several different training courses in order to brush-up on some of the new equipment, which ultimately brings new capabilities to DoD's finest. The packages keep coming-in and going-out in fine fashion with the M-Troop seal of approval. Their meticulous attention to detail coupled with their constant professionalism is a true testament of the diverse functions of this organization. You can't touch a piece of JCU gear anywhere in the

world that the shop floor hasn't helped develop, build, install, and maintain. Steve P. and Eric are still currently out on extended TDY, taking care of business and doing the unit proud. Jeff recently departed to provide them some much needed relief.

The Motor Pool is continually expanding and growing. Scott and the crew continue to amaze and impress with their capabilities and the incredible support they provide. The projects and day-to-day maintenance of the Unit's Motor fleet provide them with a new set of challenges each day. The cradle-to-grave process, through fabrication and maintenance, is extremely unique and enhances this command immensely! The Motor Pool team continues to train and prepare for an upcoming maintenance trip. Carleen and Jesse continue to manage chaos within the Configuration Management Section; juggling the ever growing number of pieces of equipment that require mission critical upgrades and support. They truly make it look very transparent to day to day operations making everyone's job that much easier.

LRS/Supply is in the process of yet another year-end close out for FY10: busy, busy, busy. They continue to operate like a well-oiled machine: providing day-to-day customer support, all while conducting year-end operations. I must say that the total team effort has led to one of the smoothest closeouts I have witnessed in the past 17 years. Penny and Earle just returned from an undisclosed location, assisting the troops with one of the most successful turnovers in unit history. A-Troop brought their (A) game, thanks for your support! The Olimpia, Mike, and Mike show stepped up to the plate while the shop was under manned and made things happen. Their professionalism and "can-do" attitude never ceases to amaze me. Their meticulous attention to detail on equipment accountability and the ever growing list of hand-receipts and new equipment is truly more an art than it is science...can't fly without supply!!

Congratulations are in order for the following: MSgt Jerry Dover promoted to SMSgt.

Alright...enough rambling from me, 1SG said to keep it short.

~ Todd



Hello everyone,

Once again this has been a busy month for SOROC class 02-10. The month began with the class taking part in communications exercise 1. Everyone did a great job passing their first test. As the month is closing, the class is once again back in communication exercise 2 preparing for the next test. The SOROC class wants to send congratulations to their classmate Mike Larson on the birth of his first child Amelia Janelle Larson. As we look back thru the history of the unit, this will definitely be a month that

will reshape the unit. After a month of pacing back and forth, with great debate, and wondering if he would be rehired, Ken Garrison has officially taken over the unit air program. For his first official act, this month's jump was cancelled. Thanks for taking care of us Ken! Welcome home to Paul Shedlock and welcome DJ Holly to the SOROC Cadre. S&T would like to welcome Danny Knouse and his family to the office. He will be filling the roll as the next SOROC TAC. First Danny will be taking some much deserved time with the family. We would like to wish farewell to SGM Ronnie Watts. He has shaped many of the best communicators in the unit and we would like to thank him for everything he has done for each and every one of us. We wish the best to him and his family.

~ Stan

JCU set for the 48th Annual JFK-50 Mile Ultra-Marathon

This year's event will take place on November 20, 2010 in Hagerstown, MD. This year we have 28 JCU members participating and another 6 friends of JCU. This marks the largest registered JCU participants total to date. There were several others that waited a little to long to get their applications in and did not make the list. We have 13 families going with their runners this year. They will be there providing course support and generally laughing at their spouses. Our very own Josh Smith set the standard last year by smashing the JCU record time with a very impressive 8:37:27 and an overall placing of 140 out of over 1,000 runners. A lot of folks are actually training this year and I expect that record will not stand. Josh said "Take it if you can" I look forward to this year and hope that it proves to be a very rewarding, painful, but good time. Good luck and happy trails. Volume 5, Issue 10







Left; SSgt William Cotten and Kimberly are the proud parents of Ty Landon Cotten. Ty was born on September 15, 2010 at 6:55 PM in the Womack Army Medical Center. He weighed in at 8 lbs. 10 ozs. and

was 21" long.



IT COULD BE A MOTHER, A SISTER, A WIFE, OR YOU! OCTOBER IS BREAST CANCER AWARENESS MONTH

As a Military wife, I am proud of my selection as one of five 2010/11 Pink Together Survivor Ambassadors. What does this mean to many of you? It's a strong group of ladies on the move to help promote Breast Cancer awareness. Education is the goal of the team. During this month part of our effort will be to share with thousands of you, not only our personal stories of survival, but to enforce the need for well-care and the importance of listening to our bodies. The value of yearly check-ups, healthy nutrition and exercise is critical to a healthy body.

With this appointment I am extending a hand to others who are experiencing this illness or family members in need of support through this difficult time. Families should not have to face Breast Cancer alone. There is encouragement and support very close by. Join me at www.pinktogether.com, our online community providing personal connections, where you will find inspiring stories of courage, faith, and hope.

You can help fight Breast Cancer if you read our stories and send a virtual flower or make a comment. You will be promoting an interest in finding a cure.

As I embark on this journey to share, there is life after Breast Cancer. My hope is to touch as many ladies and men who may not have been as lucky as I have been to have the wonderful support system that was available to me. I am looking forward to events and group gatherings during my year as Ambassador so I can have the opportunity to help enhance positive thoughts of hope.

Eli Arroyo-Allen Facebook: Loving Life/Amando La Vida







Above; ET1 Mike Larson and Kelly are the proud parents of Amelia Janelle Larson. Amelia was born on September 23, 2010 at 5:58 PM in the Central North Carolina Hospital. She weighed in at 8 lbs. 11 ozs. and was 20.5" long.



ANNIVERSARIES

Derek & Amanda Hollingshead	1 OCT
Ken & Lisa Johnson	2 OCT
Heather & Nathan Boisvert	3 OCT
John & Molly Mills	5 OCT
Richard & Sandra Linder	6 OCT
Randy & Amy Simpson	6 OCT
Lenin & Lauren Castillo	7 OCT
Jay & Lisa Pylman	9 OCT
Kevin & Hui Kyong Angell	12 OCT
Ray & Van Hickman	15 OCT
Ramsey & Karen Brown	17 OCT
Dan & Kathi Knouse	18 OCT
Ken & Katherine Klynstra	18 OCT
Ryan & Angie Miller	22 OCT
Don & Graziella Holly	24 OCT
Oscar & Laura Campos	26 OCT
Jim & Betsy Jones	28 OCT
Nick & Rosemary Hill	31 OCT

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Please Join Us for our October Spouse's Social Tuesday, October 5, 2010 at 6:30 p.m. At the Annex Please bring your favorite fall snack to share. Children are Welcome Please RSVP by Sunday, October 3, 2010 To Susan Miller snmiller05@gmail.com

 Nease Join Us for

 Cocktails and Hor d'oeuvres

 A tour November Spouse's Social

 Cuseday, November 2, 2010

 Ci30 p.m.

 Nigi's Italian Restaurant and Bar

 Spatteville, NC 28303

 Dease RSVP by October 31, 2010

 To Susan Miller

 smiller05@gmail.com



Delivering the Message

Welgome our new Jgu members

ITC Darren Thornton & wife Sheri, children; James, Natascha & Joshua (G-Troop) Returning JCU Alumni

Goodbye to Friends & Family

SMSgt Travis Knutson & wife Lori, children; Garrett & Lareal September 2001 - September 2010 (HHT) SSgt Casey Mues June 2006 - November 2010 (G-Troop)

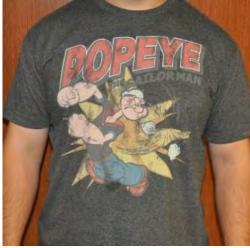


Left: The Broussard family at Dutch's retirement ceremony on 10 AUG 10. We love us some Dutch!!!!





Above: CSM Long presents Travis Knutson with the coveted JCU plaque as he departs JCU



Above: Seriously; who in their right mind would send their husband to work dressed like this?

Below: OK- SSgt Benjamin Holmes, 1 each United States Marine. It has been one year since we asked you to show us your "WAR-FACE" and to my knowledge, we have not seen it. CSM Long is waiting! USMC MSgt Chad Lewis' baby boy Aiden showed his when he was first born





Above: The 2011 Combined Federal Campaign season starts this month. JCU's CFC representative is Jeremy Bloom

Answer to last months RETRO JCU ? (did you guess correctly?)



Last month's RETRO picture is none other than SSgt Vincent Olshove from M-Troop. The picture was taken in 1986 at age 5 in Fort Lauderdale, Florida. He added that he was pumping gas at a Shell gas station owned by his grandfather, talk about child labor laws! Vince had fun, but his customers got shafted because he could not reach the windows to clean them. Guess it was half-service instead of full-service. Even though he was born when some in the unit were graduating high school, he said this was a time when guys that worked in gas stations had names like Shorty. Thank you Vince for sharing a piece of your life with us.



Meet the SOROC'ers of Class 02-10



Name: Scott E. George Rank / Service: ITC / USN Enlisted: 12 Feb 1991 Birthday: 26 Feb 1956 Spouse name: Hiroko Child: Natsuko Hobbies: Music, water sports, winter sports skiing, snowboarding Previous Assignment: DISA Europe/Africa Goals/Expectations: Complete school, make and be part of team. Learn as much as possible.





Right: Mrs. Georgette Gill is presented with a letter of appreciation for her efforts in helping to stream-line the travel voucher system in the command



Above: The Commander presents the Defense Meritorious Service Medal to IT1 Anthony Melby (left) and Noel Santiago (right) for their efforts while deployed in a ceremony on 22 SEP 10



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Right: SFC Jerry Baker is promoted to MSG by 1SG's Chris Leach and Todd Spencer on 1 OCT 10

Left: MSgt Jerry Dover is promoted to SMSgt by his daughters Amanda & Susan in a ceremony held on 1 OCT 10

> Left: The Baker family

Right: The Dover family





Delivering the Message

September Promotions, Awards & Special Occasions



Army Promotions

SFC Jerry Baker to MSG (HHT_S&T) SFC Robert Londers to MSG (HHT_EC) SFC Jared Schaffer (HHT_CST) SFC John Woosley (D-Troop)



Air Force Promotion

MSgt Jerry Dover to SMSgt (M-Troop)

Basic Airborne School Graduates

TSgt Jason Benavides (D-Troop) ET1 Tim Duncan (D-Troop) SSgt Hernan Daffara (A-Troop)





Above: LCDR Hill administers the oath of reenlistment to ETC Greg Matthews in a ceremony on 22 SEP 10

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www.jcuonline.org

Right: SSgt Rachael Gorman is presented a Certificate of Achievement as the Air Force Service Member of the 3rd Quarter

Left: LTC Anderson presents SSgt Howie Wright with the Defense Meritorious Service Medal for his actions as the Medical Unit RTO on 1 OCT 10



United States Navy 235th Birthday October 13th 1775 - 2010

"Accelerate your Life"

Nicholas Hill	3 OCT
Richard McAlister	5 OCT
Derek Hollingshead	10 OCT
Frank Perez	11 OCT
Alicia Perez	11 OCT
Marlon Vega	12 OCT
Shawn Luna	13 OCT
James McKnight	15 OCT
Darren Thornton	15 OCT
Scott Beadell	15 OCT
Christopher Richter	20 OCT
Brandon Stefanowski	20 OCT
Juan Vela	22 OCT
Christopher Smith	22 OCT
Benjamin Holmes	22 OCT
Anthony Melby	26 OCT
Raymond Hickman	30 OCT
Jonathan Beard	30 OCT
Gama Rodriguez	31 OCT

BIRTHDAYS



Mark your calendars for these important dates

JSOC Silent Auction 1 October 5 October **JCU Spouse Social** 23 October **JSOC Halloween Party** 2 November **JCU Spouse Social** 9 November Pre-10K Sponsor Social 10 November 14th Annual JSO 10K Run / 5K Walk 20 November 48th Annual JFK-50 Mile Ultra-Marathon 16-17 December JCU 30th Anniversary & Reunion

Time TBD: Parachute Packing Facility 1830: Staff Annex (RSVP w/Susan Miller) Time TBD: Parachute Packing Facility 1830: Luigi's Italian Restaurant (RSVP w/Susan Miller) 1800-2000: The Mash House, Sycamore Dairy Road 0700-0930: McKellar's Lodge All day: Hagerstown, MD Go to www.jcuonline.org for details

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	EADERSHIP 7	THAT (CARES 1
Position	Name	<u>Work I</u>	Home
Commander	LTC Anderson (Sam)	243-0200	339-0108
CSM	CSM Long (Steve)	243-0201	568-6408
000	LCDR Hill (Nick)	243-8850	678-0209
Jnit 1SG	1SG Spencer (Todd)	243-0469	423-5644
OPS Officer	MAJ Pishock (Joe)	243-0524	273-3879
Ops SGM	SGM Adcox (Mike)	243-2439	919-499-2541
A-Troop SGM	1SG Perez (Frank)	243-1321	494-2992
B-Troop SGM	ITCS Pylman (Jay)	243-4079	728-5551
C-Troop SGM	MSG Mills (John)	243-0115	717-2224
D-Troop SGM	SGM Nichols (Jack)	243-4147	424-1805
E-Troop SGM	MSG Fooshee (Bryan)	243-1465	565-0500
G-Troop SGM	1SG Hargrove (Bryan)	243-0991	433-4331
M-Troop Chief	ETCS Lewis (Stacey)	243-0439	893-4015
S&T NCOIC	1SG Leach (Chris)	243-0577	480-1118
JCU FRC	Mrs. Gillian Long		624-7611
Social Worker	Mrs. Wanda Crawford	396-7489	
Chaplain Office	Mrs. Windia Mitchell	243-2515	
JSOC FRG	Mrs. Marie VanHeusen	396-7500	

JCU FRG Key Callers

JCU FRC: A-Troop: B-Troop: C-Troop: D-Troop: E-Troop: G-Troop: M-Troop: CMD/OPS: SOROC: Gillian Long Beverly Perez Kris To Kim Melby Michelle Roscoe Brandy Fooshee Kelly Hargrove Amie Huffman Gini Walker Kim Leach 624-7611 494-4965 644-5587 717-4942 875-9266 565-0500 433-4331 245-7984 919-499-5710 480-1118

gillian.long@erac.com bevperez@embarqmail.com devioushoneykristinaflava@yahoo.com kam031602@msn.com michelle.roscoe@us.army.mil b_louella@yahoo.com bkgrove@embarqmail.com amiehuffman@rocketmail.com ginimomof4@windstream.net dawgs2win@embarqmail.com

2005

The JCU Print**1980** Commemorating 25 years of JCU professionals



Damon Haigh was commissioned to create an original JCU Print designed to celebrate the outstanding contributions that JCU members have made since its inception. Everyone who has seen the print agrees that Damon did an incredible job. This print makes a great gift for current and past unit members. In order to get your limited edition (500 signed/numbered) JCU Print, bring cash or check (payable to the JCU Activities Club) to the SGM while supplies last. The print costs \$50 and if you want a shipping tube please include an additional \$3. If you need the print to be mailed, include a shipping cost of \$10 (includes shipping tube).