



Special points of interest:

- Promotions
- Awards
- Pictures
- Retro JCU
- JCU Activities Club
- JCU Births
- Important Dates

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Delivering the Message

Volume 5, Issue 9

September 1, 2010

Message from the Command Sergeant Major

Hello everyone, I'd to start by congratulating Frank and all of A-troop on an outstanding rotation, the Commander and I have received many comments from the staff and other customers reference the great job they have been doing. To the members of A-Troop; you all should be very proud of what you have accomplished over the past few months! You have set the bar very high for B-Troop but I'm sure they are up to the task. By the time most of you get around to reading this you should be back at home station and preparing for some well deserved leave with your families. I hope you enjoy your time off but please be safe, we need each and every one of you back and ready to train as soon as your leave is complete. Jay

and B-Troop have been very busy as well preparing for their rotation and I'm sure they are ready to get on with it after what I'm sure will be a smooth transition with A-Troop. I have no doubt B-Troop will have an equally successful rotation. I look forward to visiting with them as the Commander and I travel around to each location. John and C-Troop are just getting started on their intensive training cycle but I know they are looking forward to the new challenges that come with the cycle change. Jack and the members of D-Troop stand ready to take on any c o m m u n i c a t i o n s requirement that may pop up. As always the members of our Specialty Troops are as busy as ever. I want to take this time to thank each and every member for their

dedication and hard work. Just a few reminders before I close for this month. Over the next few months we will be holding our annual 10K run, Children's Christmas party and of course our 30th Anniversary Ball. If any members of the FRG would like to help with these events please let Gillian, your Troop Key Caller or 1SG Spencer know. Lastly I would like to thank all of the spouses that came out to the last few FRG meetings; they were very good events and everyone seemed to enjoy themselves. As always, be safe and if I can do anything for any of you please don't hesitate to call.

~ Steve

On this 9th Anniversary of September 11, 2001, please remember those that lost their lives that day, their families and the men and women of our armed services and their families that have fought and died since that day in the pursuit of terrorism everywhere. May you forever remember this day, the evil it represents and the lives it has taken from this earth.





August has been a great month for A Troop. We've had babies, promotions and plenty of accolades. First, congratulations to Marlon and Joe for being selected by the Navy for advancement to Chief. Both selectees have definitely earned this honor and from what I hear, they will absolutely remember the next few weeks for a lifetime, by the way Marlon, great haircut. Next Steve and his crew were recognized by

the command for their outstanding efforts and hard work.

This entire trip has been like a project marathon for those guys. Hang in there just a little longer; we're almost to the finish line. Gus became a dad for the 3rd time, then took off for Basic Airborne School, good luck Gus. Finally, I want to say thank you to D Troop, I can't tell you how proud I was to see the support you showed, Thank You!

~Frank



Above: ITC John Iwaniec has been on the road and we have collected a few awards for him. He was presented a Bronze Star Medal and two Defense Meritorious Service Medals in a ceremony held on 1 SEP 10



LCDR Hill presents Certificates of Achievement to two of the JCU 3rd quarter winners. Soldier of the Quarter, SSG Raphael Halmos (left) and Sailor of the Quarter, ET1 Brian Allen (Right). Congratulations for a job well done!



Another month in the bag. We are now wrapping up this cycle and are ready to hand off with D-Troop. We have spent a good portion of the month getting things ready for turnover in hopes of giving them a good quality product to take over.

In conjunction with turnover, we decided to go play Army for a few days. We all learned a lot out there. Several folks learned how to deal with and treat for heat cramps. I am not sure how much water we went through, but it felt like we had water resupplies running every hour or two. So anyways, we learned to trust our compass, conducted convoy operations and also practiced patrolling as a Squad and platoon. Unfortunately, my request for rain was replaced by a request for a

lightning storm so we did have to take a break under a shelter one evening. The event culminated with simunition training (painful paint balls) in a mock village. I am sure you have seen your spouses' bruises and welts. It hurt, but was fun also.

Unfortunately, this is the last time we will see the field for a bit. The next few months will be filled with long days of classes and training as we prepare for our deployment early next year. The good news is we will be home for the 30th anniversary, the holidays and will be able to take leave for Christmas this year. (After the jingle stick competition, of course). The planning committee has been formed and we are already getting things together... Good luck to everyone else 'cause we are bringing it this year!!

Not much in the line of schools this month. We had a few folks in some automation training this month and have a few people departing for schools, but the only person that has returned from a school this month is Jory- congrats on making it through Jumpmaster school. I guess that old adage about third time is a charm is actually true. :)

Now for the down side of changing cycles, we will be losing two valuable assets in C-Troop next month. Luke Blum and Dave Miller will be moving on to other sections after we return from our block leave. It has been an honor to serve with both of you. You will both be missed. We will figure out when we can work in your lunches once everyone is back from leave.

PRO VIRO IN DEXTROQUE LAEVO
~ Millsy



August has been a busy month, yet a successful month for D-Troop. The month started out by us shaking out all our training packages and ensuring things were up to standard. The troop received training from Marcus Jett, Josh Smith, and Kevin Hudson on basic infantry tactics and then got to test those skills in the great outdoors of Ft. Bragg. The Troop also got to participate in some Air Assault training with three UH-60's supporting our infiltration. D-Troop was also evaluated on all our communications packages. Our hard work, long hours and the teams extensive knowledge of the communications network greatly contributed to our success. Outstanding job during the evaluation by all members of the

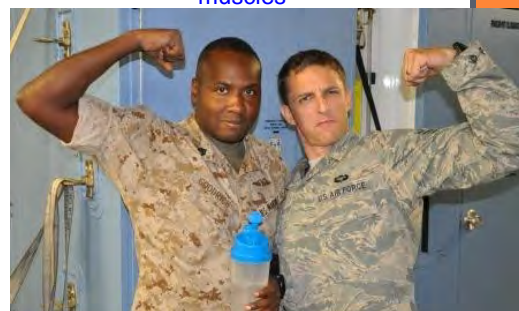
Troop! Jason Benavides and Tim Duncan are putting their knees in the airborne breeze down at the Basic Airborne Course. Chris Cunningham is out at the Marine Corps Staff Academy Advanced Course. Congratulations are in order for Julian Walle for being nominated the D-Troop NCO of the Quarter for the 3rd Quarter FY 10. As we welcomed Kyle Roscoe back from his extended rotation, he will be departing again to support our nation. We look forward to his safe return. The troop would like to send out our sincere thanks to the spouses for being really patient as we had some late nights and long days during the span of training. We owe our success through your continued support! Thanks!

~ Jack



Above: Business as usual for Jerome Kusy as he operates the airborne platform

Below: While Jerome above is working hard, Ramondoe Goodrich and Vince Olshove mess around showing their muscles



Ladies and gentleman that are reading this, thanks for your time. It has been a busy time around here. Thank goodness the heat is starting to break a little. We are welcoming back Gama from his rotation. It is a good thing that he is back. He started using the, "I've been working long hours", excuse not to run to prepare for his upcoming 50 miler. We sent Dan up to relieve him. Dan

is now living the life. He has already started using the excuse "I am working long hours so I can't run to prepare for the 50 miler". Not sure what we are going to do about them. We would like for Dan to get back soon so we can get back out on the boat.

The Troop is trying out a new work from home program. Mike, Sean, and Sam worked from home this past week. We are waiting on feedback from them and the spouse

whether or not we should push for this program. We finally gave Tony his well deserved 1st and only OIC award. He truly did great things for E-Troop, thanks again. Brian, Scuba Steve, and Dave are working day in and day out to prepare for their upcoming class. We hope they are all successful in the class. We definitely need the help. I hope that all of the spouses are doing well. Thanks for the support from each and every one of you.

~Bryan



This month has been busy for the Troop. We sent Mike Williams to numerous CISCO related courses this month in an effort to aide him in getting his CCIE. We also sent Fabian Robles to the CISCO NEXUS switch course. The training is already paying off as Fabian has brought back great training and operational data. Otero and the RF crew have been busy getting

equipment in our shelters ready for future installations and requirement. Noe just returned from the LVL 3 administrators course. Good job and thanks to SGM Watts and crew for setting this up. Caraballo did a great job this month by supporting the EC detachment and earning the 3rd Quarter, G-Troop, Service Member of the Quarter award. Thanks for your hard work and dedication. September will be hectic as we will

send Pete, Lenin, and Fabian forward (good luck guys). Between August and September G-Troop will be losing three more family members. Casey Mues, Angelo Caraballo and Bob Coccaro are moving on to bigger and better things. Thanks for a great job fellas and good luck. Finally, I would like to personally thank 1SG Spencer and all that helped on the JCU Picnic. It was tons of fun.

~ Bryan



Another month has come and gone and M-Troop continues to amaze the unit with its accomplishments. EMS, I would first like to say congratulations to Jeff Huffman for receiving the Bronze Star Medal. This was truly deserved. I would also like to congratulate Jef Drew on being awarded the Defense Meritorious Service Medal. He is a welcome addition to the shop and earned the award while deployed. Ameer Weston has just given the Air Force six more years and we couldn't be happier to have him! Congrats to all!

As far as LRS goes, Todd Petzel and the JCU softball team have won

another base championship. We are running out of room for the trophies, but congrats! Congrats also to Ms. Penny Richenberg for winning the units Civilian Member of the Quarter award.

For the Motor Pool, Mike Beach and Mr. Andy Miller have returned from another successful install and we couldn't be prouder of the work that they have done.

I would like to thank the families again for their continued support of the troop members, and also to our troop key caller Amie Huffman for keeping us all in touch with one another. Until next month, keep up the good work.

~Chris Smith



Above: Earle Allen tests new design for medical communications package. Awaiting word from line troops!

Below: Ameer Weston gives the United States Air Force six more years of his and his wife Tawana's life.

Below: SFC Tim Mallett is presented the Defense Meritorious Service Medal for his time spent over the past three years serving as a J6 COMSEC Maintenance NCOIC



Above: Where in the world is SSG David Miller? We found him and presented him with a Bronze Star Medal for his exploits around the globe



Right: SFC Ryan Oswald is presented a Bronze Star Medal on 1 SEP 10 for his contributions that he made to the fight, well deserved Ryan!



This year has been flying... and so has EC – literally! Tigo and Rob are still doing great things, forward, with their new teams. It's not an easy task training up a new aide-de-camp; a new O-3 can be a little eager and a tad bit sensitive. Hang in there, guys.

I am no longer on the road and

have, rightfully, reclaimed my throne behind the desk. As usual, I have been the verbal punching bag for Jimmy (who is currently getting his new boss and BFF integrated in the command) and Mark. Speaking of Mark...

EC would like to welcome back Gunnery Sergeant Mark J. Garcia,

USMC, from the Staff Noncommissioned Officer Academy Advanced Course. He is not only a better leader but PME complete and the SME of an SMU. Now... get back to work!

~ Marcus

F.Y.I.

JCU FRG NEWS

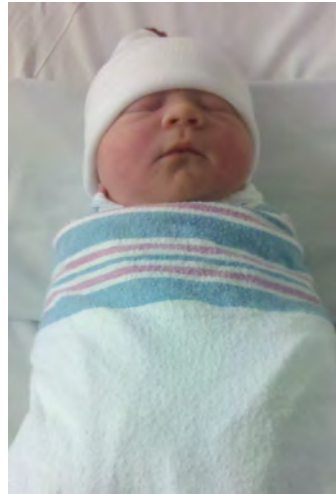


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LOOK WHO JUST DROPPED IN

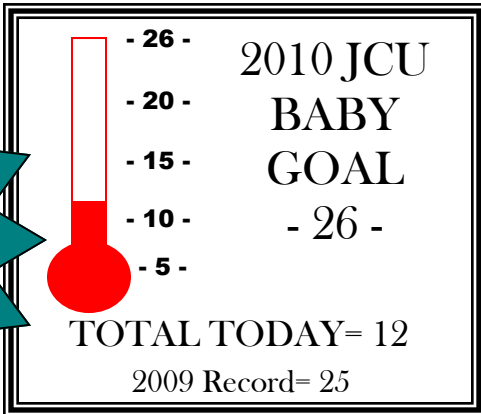
Left; SSgt Hernan & Carla Daffara are the proud parents of Benjamin Malakai Daffara. Benjamin was born on July 30, 2010 at 4:06 AM in the Womack Army Medical Center. He weighed in at 9 lbs. 1 oz. and was 21.6" long.



Above; TSgt Sean & Melissa Collins are the proud parents of Chloe Evangeline Collins. Chloe was born on August 29, 2010 at 3:52 PM in the Womack Army Medical Center. She weighed in at 6 lbs. 10 oz. and was 20" long.

JSOC Spouse Orientation
September 9, 2010
PPF 1830-2030
RSVP with Mrs. VanHeusen (see back page)

A must for new spouses and a good refresher for those that have not been in a while



Left: Martinique Hannah and the kids watch look-on as the watch Nate Hannah's promotion to SFC in a ceremony on 1 SEP 10

ANNIVERSARIES

- Scott & Elisa Gozdziwski 1 SEP
- Mike & Nariko Addaman 8 SEP
- Josh & Sarah Morgan 8 SEP
- Scott & Jennifer Beadell 9 SEP
- Jim & Anita McKnight 10 SEP
- Jeff & Andrea Ingraham 10 SEP
- Mike & Sarah Beach 18 SEP
- Chris & Marlene Choyce 21 SEP
- Will & Amanda Tucker 24 SEP
- Mike & Becky Larson 25 SEP
- Chris & Amy Kudel 26 SEP
- Jimmy & Jessica Bermudez 27 SEP



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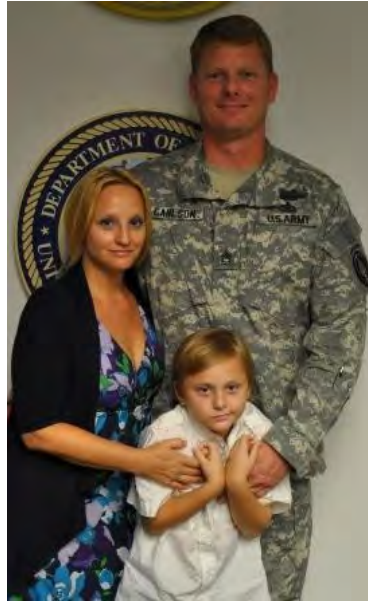


Left: JCU shows their presence at the Annual Run for the Red 10K in downtown Fayetteville; Mike Clark, Vanessa Moak, Kat Horner & the Commander, Sam Anderson

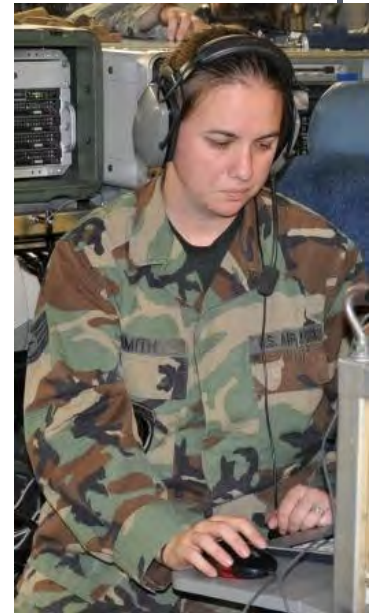
Right: John Woosley takes a brief moment from his duties to let us know that all systems are good-to-go



Below: This is what happens when there is extra time to spend, pictures to be taken and a new officer fly's the pallet. Looking good CAPT Landez!



Above: The Carlson family during Jeff Carlson's promotion to SFC



Above: Amy Smith said she never had to stay up this late in COMSEC, but she is doing a great job in D-Troop and is

This section features a current unit member. It is a look back before all of those military regulations, haircuts and discipline. Stay tuned for the answer posted in next months edition.



WELCOME OUR NEW JCU MEMBERS

SSG Robert Luna & wife Rocro (SOROC CLASS 02-10)
MAJ Thomas Rascon & wife Barb, children: Rebecca & Jessica (OPS)

GOODBYE TO FRIENDS & FAMILY

MSG Robert T. Coccaro & wife Carlyn AUG 06 - NOV 10 (G-Troop)



Above: September 1st was a great day for the Army and a few Soldiers whose time came to get promoted. Left: SGT Dave Jones is promoted to SSG by SSG Raphael Halmos. Center: SSG Nate Hannah is promoted to SFC by ITCS Jay Pylman. Right: SSG Adam Groves is promoted to SFC by his father Daryl



Left: Mr. Rich McAlister shakes hands with the President during a recent visit



Right: Jack Nichols and Chris Leach huddle on the aircraft, making a plan to save the world

Answer to last months RETRO JCU ? (did you guess correctly?)



The picture from last month is none other than SFC Marcus Lewis from the Executive Communications section. This picture was taken in Chicago, Illinois in 1983. During a recent interview he said "I was 6 years old and on my way to becoming America's Next Male Top Model. My smile was still a work in progress. Besides, it's hard to smile wearing a sweater made out of wool and burlap!" Thank you Marcus for sharing a little piece of your life with us.



Meet the SOROC'ers of Class 02-10



Name: Jimmy S. Bermudez

Rank / Service: SGT / USA

Enlisted: 6 Jul 2006

Birthday: 3 Nov 1984

Spouse name: Jessica

Hobbies: Workout, video games, study, trips to Florida, and improve/maintain marriage.

Previous Assignment: 2nd Battalion 3rd Special Forces Group (Airborne)

Goals/Expectations: My immediate goals are to successfully complete SOROC, complete the remaining CCNP exams, continue to pursue my BS-Information Assurance, and be present at my child's birth (expected 4 November 2010). My expectations from my stay here are to expand my knowledge on systems in the unit and put the gained knowledge to practice.

Name: Jesse D. McMahan

Rank / Service: SSgt / USMC

Enlisted: 15 Jan 2002

Birthday: 1 Jan 1983

Child: Georgia

Hobbies: Surfing, Reading, Working Out, X-Box

Previous Assignment: CLR-17, COMM Co./ Radio Chief

Goals/Expectations: Learn as much as possible during SOROC, become a valuable member of JCU, buy a house



Name: Brandon L. Stefanowski

Rank / Service: SFC / USA

Enlisted: 30 Jan 2001

Birthday: 20 Oct 1982

Spouse name: Elishia

Hobbies: Running, BJJ, electronics

Previous Assignment: S6, 3rd Bn, 1st SFG (A), Ft. Lewis, WA 98433

Goals/Expectations: Finish my associate's degree, complete my bachelor's degree, raise a family, retire from the Army after 20+ years, hopefully make MSG or maybe SGM before I retire.

Name: Paul Trowbridge

Rank / Service: SSG / USA

Enlisted: 14 Sep 2004

Birthday: 18 Jul 1983

Spouse name: Sviatlana

Children: Cody

Hobbies: Hunting, working around the house/yard, Mountain Biking, Hiking, Camping

Previous Assignment: SOCEUR Sig Det (112th)



JCU Activities Club

ARE YOU A CURRENT MEMBER?

September Promotions, Awards & Special Occasions

Army Promotions



SSG Chris Lewallen to SFC (HHT CST)
 SSG Adam Groves to SFC (D-Troop)
 SSG Nate Hannah to SFC (B-Troop)
 SGT Dave Jones to SSG (B-Troop)



BIRTHDAYS

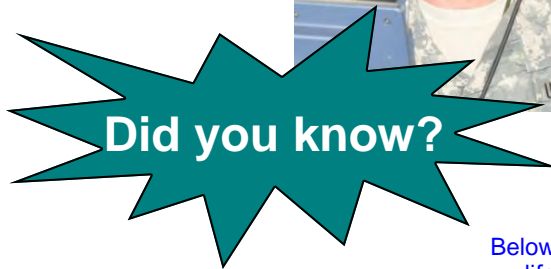
Richard Linder	5 SEP
Roland Marks	5 SEP
Jared Sams	7 SEP
Burke Brooks	8 SEP
Michael Crain	8 SEP
David Jones	9 SEP
Kenneth Garrison	10 SEP
Kelly Pond	11 SEP
Steven Comeau	11 SEP
William Bolin	12 SEP
David Allen	13 SEP
James Prasse	13 SEP
Thomas Marino	14 SEP
John Harding	15 SEP
Danny Knouse	15 SEP
Samuel Anderson	16 SEP
Daniel Lane	19 SEP
Michael Parsons	21 SEP
Harold Shamblin	25 SEP
Christopher Cunningham	28 SEP
Steven Page	29 SEP



Left: SSG Jeff Carlson is promoted to SFC by his son Bailey in a ceremony held on 18 AUG 10



Right: John Woosley said he didn't like his picture taken, so here he is again



Below: Vincent Olshove thinks about life on the ramp at 0200 in the morning, this could be the new "The Thinker" statue



That you are able to pay your JCU Activities Club annual dues online. If you are a registered member of our website at www.jcuonline.org, you can pay your JCUAC dues in our store area located under the "Extras" tab. You can pay with any type credit card. We as a unit are sitting at 73% current and need your help. While there, order some JCU merchandise as presents for family or friends.

Below: A few D-Troop Navy guys onboard an airplane, life just don't get better than this for Alfred Eline, Josh Morgan & Dave Kelly



Mark your calendars for these important dates

1 September	JCU Date Night	1830: Taste of Europe (See page 5)
9 September	JSOC Spouse Orientation	1830-2030: Parachute Packing Facility
1 October	JSOC Silent Auction	Time TBD: Parachute Packing Facility
23 October	JSOC Halloween Party	Time TBD: Parachute Packing Facility
10 November	14th Annual JSO 10K Run-5K Walk	0700-0930: McKellar's Lodge
20 November	48th Annual JFK-50 Mile Ultra-Marathon	All day: Hagerstown, MD
16-17 December	JCU 30th Anniversary & Reunion	Go to www.jcuonline.org for details

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<u>Position</u>	<u>Name</u>	<u>Work</u>	<u>Home</u>
Commander	LTC Anderson (Sam)	243-0200	339-0108
CSM	SGM Long (Steve)	243-0201	568-6408
DCO	LCDR Hill (Nick)	243-8850	678-0209
Unit 1SG	1SG Spencer (Todd)	243-0469	423-5644
OPS Officer	MAJ Pishock (Joe)	243-0524	273-3879
Ops SGM	SGM Adcox (Mike)	243-2439	919-499-2541
A-Troop SGM	MSG Perez (Frank)	243-1321	494-2992
B-Troop SGM	ITCS Pylman (Jay)	243-4079	728-5551
C-Troop SGM	1SG Mills (John)	243-0115	717-2224
D-Troop SGM	SGM Nichols (Jack)	243-4147	424-1805
E-Troop SGM	MSG Fooshee (Bryan)	243-1465	565-0500
G-Troop SGM	1SG Hargrove (Bryan)	243-0991	433-4331
M-Troop Chief	ETC Lewis (Stacey)	243-0439	893-4015
S&T NCOIC	1SG Leach (Chris)	243-0577	480-1118
JCU FRC	Mrs. Gillian Long		624-7611
Social Worker	Mrs. Wanda Crawford	396-7489	
Chaplain Office	Mrs. Windia Mitchell	243-2515	
JSOC FRG	Mrs. Marie VanHeusen	396-7500	

JCU FRG Key Callers

JCU FRC:	Gillian Long	624-7611	gillian.long@erac.com
A-Troop:	Beverly Perez	494-4965	bevperetz@embarqmail.com
B-Troop:	Kris To	644-5587	devioushoneykristinaflava@yahoo.com
C-Troop:	Kim Melby	717-4942	kam031602@msn.com
D-Troop:	Michelle Roscoe	875-9266	michelle.roscoe@us.army.mil
E-Troop:	Brandy Fooshee	565-0500	b_louella@yahoo.com
G-Troop:	Kelly Hargrove	433-4331	bkgrove@embarqmail.com
M-Troop:	Amie Huffman	245-7984	amiehuffman@rocketmail.com
CMD/OPS:	Gini Walker	(919) 499-5710	ginimomof4@windstream.net
SOROC:	Kim Leach	480-1118	dawgs2win@embarqmail.com

1980

The JCU Print

Commemorating 25 years of JCU professionals

2005



Damon Haigh was commissioned to create an original JCU Print designed to celebrate the outstanding contributions that JCU members have made since its inception. Everyone who has seen the print agrees that Damon did an incredible job. This print makes a great gift for current and past unit members. In order to get your limited edition (500 signed/numbered) JCU Print, bring cash or check (payable to the JCU Activities Club) to the SGM while supplies last. The print costs \$50 and if you want a shipping tube please include an additional \$3. If you need the print to be mailed, include a shipping cost of \$10 (includes shipping tube). Prints can also be purchased online at www.jcuonline.org in the JCU store.