



**Special points of interest:**

- Promotions
- Awards
- Pictures
- Retro JCU
- JCU Activities Club
- JCU Births
- Important Dates

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# Delivering the Message

Volume 6, Issue 9

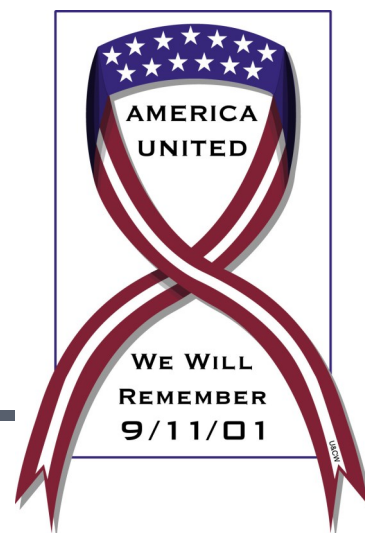
September 1, 2011

## In Memory of GySgt Christopher E. Cunningham

28 September 1973 - 4 September 2011



On this 10th Anniversary of September 11, 2001, please remember those that lost their lives that day, their families and the men and women of our armed services and their families that have fought and died since that day in the pursuit of terrorism everywhere. May you forever remember this day, the evil it represents and the lives it has taken from this earth.





Well, it seems as though we got lucky and most of Irene stayed to the East; and regardless of what some folks say, I had nothing to do with coordinating an earthquake and category III hurricane during block leave.

Well, over the last 2 ½ weeks, we've said Congratulations

to Josh for being selected as JCU's Sailor of the Year and I have a feeling that the competition is going to be pretty tough, at least that's what Chris told me. I would like to thank everyone who helped with the FRG meeting on the 1st, your support is greatly appreciated, and as was put out

numerous times during the meeting, if you need any help at all, please call. By the time you get this edition of the newsletter, we should be heading out to relieve Delmar and the rest of D Troop so they can all get back for some crew rest, so take care and be safe.

~Frank

Monster keeps A-Troop rolling along.



Above: Frank is happy.



August was a busy month for S&T. SOROC 2-11 started academics on August 8th and the Cadre was ready for the new class, but not without help from much of the command. I would like to give a special thanks to M TROOP LRS, NOSC AIS, and BUDGET/ADMIN. The assistance they provided with ordering and delivering equipment, providing backup power to the classrooms, and improving our training environment was outstanding. We have added two instructors to the team that bring a wealth of knowledge and experience to the Cadre and have not wasted anytime getting down to business. Welcome aboard to Mr. Joe Graniero, Mr. Allen Allard and

their families. Congratulations to John Mosley, Jonathan Beard, Jessie Trejo, Justin Day, Kenneth Johnson, Paul Shedlock, Rachael Gorman, and Ryan Akins on their recent CompTia certifications achieved at our test center.

Danny Knouse and Kyle Roscoe have been working diligently to ensure the SOROC 2-11 students aren't lacking on their physical fitness. They conducted their first PT test with great improvement to their SOROC body program and improved the class average by 50 points. They conducted their road march with some extra added moleskin to their feet. Everyone is walking gingerly, but did well.

This month we also said a temporary farewell to the SOROC TAC Danny Knouse while he attends

his Professional Military Education. We then welcomed back Kyle Roscoe who jumped right in and is holding down the fort while Danny is away.

Lastly, want to thank all participants in the years LandWarNet Conference. The JCU booth was a HUGE success in getting the word out about our organization. We had a small booth stuck back in the corner, but you would have never known because we had more traffic than any other vendor there.

Thank you also for your participation in the Tracks and Exhibits. Next year we will be able to book everything a lot earlier and will ensure we have blocks of rooms reserved so everyone is grouped together and not spread out as far.

~Mary



Howdy everyone! The folks at C-Troop have been as busy as ever. We've been all over the map in training events. Some of the Troop was discovering Navy life on the USS Wasp. It was a real clear reminder on why we picked our service of choice, the Army folks were quite convinced that those bunks were entirely too small. Additionally, we've had folks running around Bragg

testing out radios and other kit. It was an education as well with all of the terrible satellite shots. Everyone is learning a lot and doing great! Dan Lane and Justin Day have been busy helping out the recruiting section; they've been traveling around the country and Europe. All in all, we've been very busy.

With all of our exercises, we still have time to attend some schools. We welcome back Craig Wilson and Justin Yoakum from the

Army Advanced Leader Course at Ft Gordon. Congrats to Justin on his Distinguished Graduate Award. We also wish good luck to Mike McGrath as he is in BAC.

Congratulations to Sean Mitcham on his promotion to Master Sergeant. Also to Jon Beard as the C-Troop Service Member of the Quarter, 2nd Quarter 2011.

Finally, we wish a speedy recovery to Oscar Campos in his recovery of arm surgery.

~Christian



Show of hands; go ahead raise them up high.... How many folks ran out and bought stuff in preparation for Hurricane Irene. How many people bought water, canned goods, candles or lanterns, or even stocked up on the beverage of your choice. I know what you're asking yourselves, what do I do with 2 cases of RC Cola (that's code for Beer), a cheap Coleman knockoff, and 15 cans of pork n beans. Well I have the answer. Check out [www.can'tbelieveiboughtthiscrapforthisoverratedhurricane.com](http://www.can'tbelieveiboughtthiscrapforthisoverratedhurricane.com). Ok you got me, this isn't a real web site (at least I don't think so), but I actually do have some useful ideas for all your left over hurricane goods. First, if it isn't perishable, hang on to it. Chances are we will have another hurricane at some point (I'm just saying), Second, check out this app "Epicurious", it lets you plug in what ingredients you have on hand and spits out a tasty recipe. Third, you can use this opportunity to



Hello everyone. Time flies by when you're having fun, or at least when you're busy. We are quickly approaching Labor Day and wondering where the summer has gone!

We take the time each month to highlight our accomplishments and keep everyone up to date on what's going on in the Troop and recognize those who have gone above the standard. "Hail" our new arrivals and "Farewell" to folks who are leaving us. I'll also provide some highlights section by section. Keeping with the "time is short" theme, let's get started!

We were fortunate enough to have several individuals recently recognized for exceptional individual achievement. Dick Linder and Roger Darling were both recognized for their outstanding civilian service to for the past 20 and 15 years respectively. Both amazing achievements. Todd Brown was

donate to a local food bank, well not the RC Cola; we will pick up any "RC Cola" you have left. Or lastly have a Post Hurricane Irene Blow out Party and invite all your neighbors. In this case you'll need to hang on to that RC Cola. Just de-conflict the sides or you'll have 5 gallons of beans and weenies.

Ok enough helpful tips from me. Couple quick shout outs are in order. First to our Ranger buddy Josh Smith who will be promoted to MSG just as soon as we get back home where his wife Rose will do the honors. Not only is Josh getting promoted but somehow he has managed to turn nature on its head and break the stigma of all Brawn and No Brains for Rangers everywhere. Ok... well not completely, but anyway, turns out that Josh has used his time wisely and was recently awarded his Cisco Certified Network Associate (CCNA) certificate. So for some of the folks in the audience who may not know what that is, it is a pretty big

named Civilian of the Quarter for the 3rd Qtr, and SSgt Jeff Huffman represented us all very well by claiming the title of JCU Service Member of the Quarter. Well done, ALL! Those are all great accomplishments. That wraps up the individual highlights so I'll move on to the sections.

Everyone has a lot going on. Not surprisingly, Penny and the folks at LRS have done a great job doing more with less in preparation for their upcoming "eviction" from their warehouse. Carleen and Jesse, thanks for recently installing the weather station on the roof! Now we'll know exactly how much wind speed it takes to pick a 3.7meter dish up off the ground! Additionally, installing the video display in the entry way has provided an advertisement venue that has doubled sales on "Weiner Wednesdays". Over in the motor pool, the quiet professionals (All except for Mike Beach) are quietly charging ahead. Things just seem to get taken care of with little fanfare. Enough said! In EMS, we

deal in the Information and Technology Industry. Lucky for us NASA is on hiatus otherwise I'm sure they would be trying to steal him away.

Outstanding Words and Phrases that Grabbed our Attention: Just a couple attention grabbers this time, we have more, but they would just end up getting redacted or censored so we will just go with those that will most likely make print. "You're good... No you're Good!", "Come on Irene" which was sung to the tune of that 80s hit Come on Irene (It was a pretty big deal then), and "Nice Hair Cut Stan" (Ok not really a quote but everybody was thinking it). Ok one more that may or may not make the final cut but here goes ..... "Spraying hot sticky COMMs", it's what we do folks, get on board.

Well that's all for now. Next edition will be written from good ol North Carolina (hopefully), can't wait to get back, looking forward to some RC Cola J, see ya'll soon.

~ Del

have two members returning home soon, Mike Larson and Jared Sams who will be replaced by Russ Pinard and Blake Schimmel. Safe travels to all!

While we didn't gain any new arrivals, regrettably we will be saying farewell soon to one of our own, SMSgt Jerry Dover who will be PCS'ing next month. Thanks for all of your contributions, Jerry, you and your family will be missed! Safe travels and good luck to you and your family with your future assignment.

Last, but certainly not least, I have to congratulate Gabe Ramirez for his quickly expanding enterprise. His troop fundraising efforts with "Hot Dog" sales will be soon listed on the NASDAQ as "WWY" (Weiner Wednesday). Congrats again to our award winners and thanks for everyone's hard work. Take advantage of the rest of the summer before it slips away. Take care and stay safe.

~Mike



Alton Seglund graduated from the Static Line Jumpmaster course;

It's been a busy month for the Special Missions Troop. We survived the hurricane, integrated some new faces, welcomed home some old faces and pushed forward a few others. Throughout the month we have conducted our normal missions and conducted our troop selection and assessment. We have quite a few individual honors; Chris Lewallen graduated from the Benning School for Boys, Higher Learning Program and earned the coveted Ranger Tab;

Will Cotten and Dave Miller graduated from the Military Free Fall course; Jory Mathis earned his Senior Parachutist Badge and Lennin Castillo the Master Parachutist Badge. All in all it's been a very busy month. Thanks to all the Spouses and family members for their continued support. It is greatly appreciated. We will try to get your fellas to spend more than a couple of nights at home in the near future!  
~ Rob



Above: Sam Stanley and his daughter Katlyn while they were still clean. They participated in the Warrior Dash 2011 in Huntersville, NC on 27 AUG 11. Their time was 55 minutes however Katlyn beat her dad by 3 tenths of a second!!!



Congratulations to Mike Lamb for being awarded the Presidential Unit

The personnel in the NOSC have been extremely busy during this last month. We sustained and trained through the earthquake, hurricane, strong winds and rain. We know no failure!! We would like to thank Mike Williams, Dave Brewster, Al Eline and Ken Smith for the great work they have done in their perspective positions in the Systems Control Center. Oh Yeah thank Mat Heist for his ability to test everyone's patience. Thanks Mat!! See you soon.

Citation. We would like to welcome Mr. Yvan Delgado and Joe Silvernail to the team. It might be a long road, but it's so worth the journey! We would also like thank Mr. Clay Ghrist for his service in the unit; he is moving on to other things because it gets no bigger or better than this. Best wishes in your future endeavors.

Another earth shattering event is the grandfather of the troop, Tim Tapio, will ride the Tour De

Moore, a 50 mile bike ride through the beautiful country side of Moore County on Labor Day. (Bike meaning bicycle, not motorcycle) Good Luck Grandpa! After the ride he will probably trade his bike for a motorized wheel chair. Through all the conferences, TDY trips, training and late nights our families are the ones who have the thankless task of being there through it all. It is a challenge and we appreciate your patience and flexibility, you are the heroes behind the scenes. Stay posted for the Troop Party coming soon at a location near you.

~Travis



F.Y.I.

# JCU FRG NEWS



Visit us on the web  
[www.jcuonline.org](http://www.jcuonline.org)



Above: Allen and Dede Keller are the proud parents of Joshua Keller. Joshua was born at 1340 on 1 Aug 11 at Womack. Joshua weighed 4 lbs 1 oz and was 18 inches long.

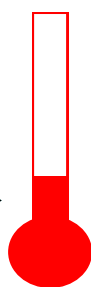
Please Join Us for Cocktails & Hors d'oevres  
At Our October Spouses' Social  
On Wednesday, October 5, 2011 6:30p.m.  
At Aspen Creek  
Westwood Shopping Center, Fayetteville

Please RSVP by October 2, 2011  
To Susan Miller [smiller05@gmail.com](mailto:smiller05@gmail.com)

### JSOC Spouse Orientation

September 29, 2010  
PPF 1830-2030  
RSVP with  
Mrs. VanHeusen  
(see back page)

A must for new spouses  
and a good refresher for  
those that have not  
been in a while



- 26 -  
- 20 -  
- 15 -  
- 10 -  
- 5 -  
**2011 JCU  
BABY  
GOAL**  
- 26 -

TOTAL TODAY= 12  
2010 Record= 25

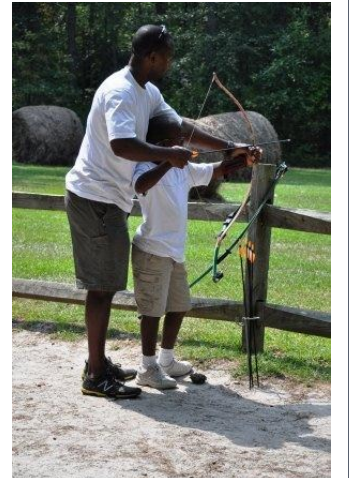
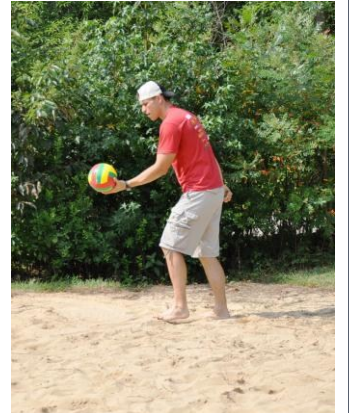


LOOK WHO JUST DROPPED IN

### ANNIVERSARIES

Kyle & Andrea Kramer	6 SEP
Mike & Nariko Addaman	8 SEP
Josh & Sarah Morgan	8 SEP
Scott & Jennifer Beadell	9 SEP
Jim & Anita McKnight	10 SEP
Jeff & Andrea Ingraham	10 SEP
Christian & Natalie Martin	14 SEP
Mike & Sarah Beach	18 SEP
Chris & Marlene Choyce	21 SEP
Jason & Kimberly Haines	22 SEP
Will & Amanda Tucker	24 SEP
Mike & Becky Larson	25 SEP
Chris & Amy Kudel	26 SEP
Jimmy & Jessica Bermudez	27 SEP





# GOODBYE TO FRIENDS & FAMILY

SMSgt Jerry Dover, wife Lisa, daughter, Susan and Amanda Jun '06 - Sep '11 (M-Troop)



## Answer to last months RETRO JCU ? (did you guess correctly?)



The picture from last month is none other than Mr. Tim Tapio from the NOSC. This picture was taken in 1954 back on the Tapio family farm in Washington State. Tim was making a fashion statement with the overalls and no shirt. Many a Southerner has copied this very same outfit, and I am willing to bet that they have the same amount of teeth that Tim had in this picture. Thank you Tim for sharing a little piece of your life with us.



# Meet the SOROC'ers of Class 02-10



**Name:** Haines, Jason E.  
**Rank/Service:** SSG/Army  
**Enlisted:** 13 May 2000  
**Birthday:** 04 July 1982  
**Spouse Name:** Kimberly L. Haines  
**Children:** Dasan Wright, Jaimie Haines, Josslyn Haines  
**Hobbies:** Spending time with my family, RVing, Snow Sports  
**Previous Assignment:** A Co, 122<sup>nd</sup> SIG BN, 2 ID; 69<sup>th</sup> SIG Co, 11<sup>th</sup> Sig BDE; HHC, Dragon BDE; HHC, XVIII ABN Corps; Salt Lake Recruiting BN; HHC, 4<sup>th</sup> PSYOP Group  
**Goals/Expectations:** Graduate SOROC course, complete Jumpmaster Course, Complete Bachelors Degree in Business Management

**Name:** Hayse, John  
**Rank/Service:** IT2/Navy  
**Enlisted:** 23 June 2006  
**Birthday:** 21 April 1988  
**Spouse Name:** Sarah Hayse  
**Children:** None  
**Hobbies:** Building Computers, Video Games  
**Previous Assignment:** NIOC Hawaii, CJSOAC Balad Iraq, CJSOAE Kandahar Afghanistan, CJTF-HOA Djibouti, Africa  
**Goals/Expectations:** Graduate SOROC course, Airborne School, Finish Bachelor's Degree



**Name:** Holden, Samuel L.  
**Rank:** SFC/ Army  
**Enlisted:** 19 Mar 2000  
**Birthday:** 30 Apr 1980  
**Spouse name:** Holden, Kristie  
**Children:** Samantha Holden, Kiarah Venisee, Deshaun Holden  
**Hobbies:** Watching Movies, Reading, Playing Sports (Basketball, Football)  
**Previous Assignment:** B Company, 82<sup>nd</sup> STB  
**Goals/Expectations:** Graduate SOROC, Complete Bachelor's Degree

**Name:** Overton, Steven B.  
**Rank:** SFC/ Army  
**Enlisted:** 14 March 2000  
**Birthday:** 04 August 1975  
**Spouse name:** Overton, Nicole F.  
**Children:** Gavin (13), Bryson (9)  
**Hobbies:** Coaching Sports, Golf, Photography, Fishing  
**Previous Assignment:** HHC IBCT, 82<sup>nd</sup> Airborne Division  
**Goals/Expectations:** Graduate SOROC, Jumpmaster School, Complete Bachelors Degree



**JCU Activities Club**  
**ARE YOU A CURRENT MEMBER?**



# September Promotions, Awards & Special Occasions

## Army Promotions

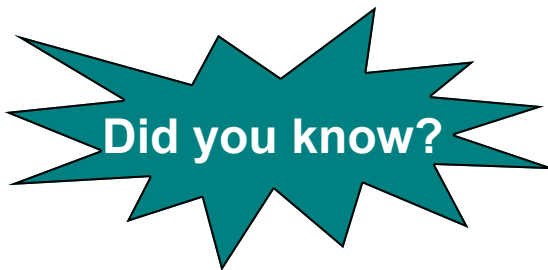


SFC Ulysses Otero to MSG (B-Troop)  
 SFC Jody Elkins to MSG (B-Troop)  
 SFC Josh Smith to MSG (D-Troop)



## BIRTHDAYS

Richard Linder	5 SEP
Roland Marks	5 SEP
Jared Sams	7 SEP
Burke Brooks	8 SEP
Michael Crain	8 SEP
David Jones	9 SEP
Kenneth Garrison	10 SEP
Kelly Pond	11 SEP
Steven Comeau	11 SEP
William Bolin	12 SEP
David Allen	13 SEP
James Prasse	13 SEP
John Harding	15 SEP
Danny Knouse	15 SEP
Jonathon Costin	15 SEP
Samuel Anderson	16 SEP
Rebecca Wisner	18 SEP
Daniel Lane	19 SEP
Michael Parsons	21 SEP
Harold Shamblin	25 SEP
Christopher Cunningham	28 SEP



That you are able to pay your JCU Activities Club annual dues online. If you are a registered member of our website at [www.jcuonline.org](http://www.jcuonline.org), you can pay your JCUAC dues in our store area located under the "Extras" tab. You can pay with any type credit card. We as a unit are sitting at 73% current and need your help. While there, order some JCU merchandise as presents for family or friends.



## Mark your calendars for these important dates

23 September	Command Silent Auction	1730-UTC: Parachute Packing Facility
29 September	Command Spouse Orientation	1830-2030: Parachute Packing Facility
5 October	JCU FRG Social	1830-UTC: Aspen Creek Restaurant
22 October	Command Halloween Party	1500-1700: Parachute Packing Facility
10 November	14th Annual JSO 10K Run-5K Walk	0700-0930: McKellar's Lodge
19 November	49th Annual JFK-50 Mile Ultra-Marathon	All day: Hagerstown, MD
17 December	JCU Anniversary Party (Dress Uniform)	1830-UTC: Hotel Bourdeaux

**JOINT  
COMMUNICATIONS  
UNIT**

P.O. Box 70239  
Fort Bragg, NC  
28307-5000

Phone: 910-243-0469  
Fax: 910-243-0310  
E-mail:  
prassej@jdi.socom.mil



"DoD's Finest Communicators"



**LEADERSHIP THAT CARES**



<u>Position</u>	<u>Name</u>	<u>Work</u>	<u>Home</u>
Commander	LTC Sam Anderson	243-0200	339-0108
CSM	CSM Steve Long	243-0201	568-6408
DCO	LCDR Nick Hill	243-8850	678-0209
Unit 1SG	1SG Jim Prasse	243-0469	426-9305
OPS Officer	MAJ Ken Rutka	243-0524	706-587-8884
Ops SGM	SGM Rob Flaker	243-2439	919-499-5570
A-Troop SGM	1SG Frank Perez	243-1321	494-2992
B-Troop SGM	ITCS Dave Kelly	243-4079	339-9547
C-Troop SGM	SMSgt Christian Martin	243-0115	919-498-1192
D-Troop SGM	SMSgt Del Walker	243-4147	
SMT Troop SGM	SGM Jack Nichols	243-1589	424-1805
NOSC SGM	1SG Chris Leach	243-0991	480-1118
NOSC Director	MAJ Tom Rascon		973-2489
M-Troop SGM	ETCM Mike Addaman	243-0439	487-0293
S&T NCOIC	MSG Steve Trevino	243-0577	988-4721
XO	Maj Mike Medgyessy	243-2301	919-352-9599
JCU FRC	Mrs. Gillian Long		624-7611
Social Worker	Mrs. Wanda Crawford	396-7489	
Chaplain Office	Mrs. Windia Mitchell	243-2515	
JSOC FRG	Mrs. Marie VanHeusen	396-7500	

JCU FRG Key Callers

JCU FRC	Gillian Long	624-7611	gillian.long@erac.com
A-Troop	Beverly Perez	494-4965	bevperez@roadrunner.com
B-Troop	Kris To	644-5587	devioushoneykristinaflava@yahoo.com
C-Troop	Natalie Martin	919-498-1192	mrsmartin4@hotmail.com
D-Troop	Lisa Avila	228-238-3995	lisasimoneavila@yahoo.com
SMT-Troop	Brandy Foosee	565-0500	b_louella@yahoo.com
NOSC	Barb Rascon	973-2483	brascon71@yahoo.com
M-Troop	Kelly Larson	530-524-4038	larson101@gmail.com
CMD/OPS	Deborah Prasse	426-9305	dsp729@yahoo.com
SOROC	Kathi Knouse	919-498-9042	kgknouse@yahoo.com