



Message from the Command Sergeant Major

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Greetings Joint Communications Unit (JCU) family members. I take great pride in utilizing this medium to convey Tammy, Kirstin, Randi, and I's warmest summer greetings to you all. We want to thank you all for the heartfelt and warmest of welcomes to JCU. The grace and sincerity of your welcome is certainly indicative of how blessed we are to have the opportunity to serve each and every one of you as members of the JCU Team. We certainly look forward to getting to know and interact with each and every one of you in the days to come. Furthermore, we welcome you to take every opportunity to attend and participate in unit functions, our family readiness group, and the multitude of unit programs and services. As you all are very well aware, the pace of our unit continues to remain robust as ever. This is evident by the great deeds and actions of our JCU communicators demonstrated across a

global enterprise spread across many fronts. The myriad of tasks our JCU communicators negotiate, conquer, and accomplish day in and day out is nothing short of remarkable. Whether it is the plethora of training exercises, recruiting efforts, operational readiness responsibilities, or our forward deployed responsibilities spread across four continents, our communicators continue to sustain a rate of mission accomplishment commensurate to our unit motto that we are certainly, 'DoDs Finest Communicators.' This very dedication to duty is abundantly clear as we recently welcomed C-Troop home while bidding a fond farewell to D-Troop. All this could not be possible without the strength and love of our JCU family members. JCU's appreciation for your support is without measure.

We thank you all for the continued support of our JCU heroes, who make up less than 1%

of our population who wear the uniform and serve. Please keep those deployed and their families in your prayers, as they selflessly serve in order to PROTECT OUR HOMELAND -- shouldering their share of the task in the Global War on Terrorism at the core, so we all can live a safe and secure life here in the United States of America! God bless and continue to protect our JCU communicators and their families. I remain exceptionally humble to the fact, "that I get to do this' and more so that 'I get to do this' with you all!" Our eyes, ears, and heart, remain focused on the SOF truth that, "people are more important than hardware" and we look forward to you all utilizing us as instruments to strengthen the esprit de corps, morale, and everyday needs of the JCU family. Investing in people has and remains our number one priority! Humbled to serve you all.

-Clay



Upcoming Events

22 Jul JCU Family Retreat

04 Aug Unit Jump

11 Aug Summer Picnic (Smith Lake)

12 Aug Training Holiday

15 Aug Training Holiday

06 Sep Unit Jump

06 Oct Unit Jump

07 Oct Training Holiday

10 Oct Columbus Day

11 Nov Veterans Day

14 Nov Training Holiday

24 Nov Thanksgiving

25 Nov Training Holiday

10 Dec JCU Anniversary Party

23 Dec Training Holiday

SMT

Ahhh... the summer is upon us once again. This is the best time of the year, now you can soak in that sweet radiation from the sun; relaxing at the beach or mowing the back yard (either place is approved to show off that few-years-post-SOROC body). BBQ and charcoal grills fill your nose every weekend, and in the distance you can hear the quite sound of children laughing. Not to mention if you have a hankering for some water, all you need to do is open up your mouth and suck in a breath of air... North Carolina's humidity only seems to get worse every year. There has been a lot of moving pieces since the last newsletter. From new personnel coming to the section, to the approval of getting more personnel assigned to the Troop to help with the mission requirements of some sections. One of the biggest changes to the Troop as a whole is the transition of Troop SGM. MSG Jeremy Pinkelman, with 23ish years of military service, has decided it is time to retire. Putting up his Army hat for a well used farmer's hat (Go Big Red!). Your years of experi-



Jeremy Pinkelman catches up with alumni Chris Kudel and lets his hair down in preparation for Nebraska farm life

ence and good sense of humor will be missed by Troop and the unit. SMT, as a whole, wishes you the best of luck in your new endeavors. If you ever need anything, your fellow JCU brothers are always a phone call away. Taking Pink's spot is a former JCU member, SMSgt Kenneth Klynstra, who is coming to us from the land of kimchi (aka Korea). We all look forward to seeing where you will take the Troop and welcome you back to the best communications unit the DoD has to offer. Now to the Detachment Chiefs for a quick update.

- Gonzo

As we head into the heat of the summer, CSD would like to welcome home Jim Stokes and Kelly Main and thank them for the outstanding work and taking care of business out there. We would also like to send safe wishes to Ski, Jon, and their families as they take over for Jim and Kelly, stay safe fellas! CSD continues to work hard and get after it every single day with no sign of the pace slowing. As such, I would like to thank every communicator in CSD for answering the call and executing every single mission with the upmost professionalism and dedication; and most importantly I would like to thank the families that support our communicators every single day, it's through that support and love at home that keeps getting after it.

- Ian

The Executive Communications Detachment is still running full throttle, right into

SRCD ECD CSD

Concerned with a Team vs Detachment confusion, SMT decided that a rebranding was needed.

Of note is the Surgical Resuscitation Communications detachment. Detachment Chief Luis Gonzalez challenges you to say it three times fast.

summer. We would first like to welcome John and Kristi Fondren to the team; we are excited to have you on board! Drew Swanson remains busy as he continues to rack up some serious Hilton Status Points. "The Amir of Baghdad," aka Brad Long is spending his days at Fort Gordon, honing his skills as a 25B and lawn maintenance specialist. Rob Luna is staying busy with his new boss and will be enjoying a tax free paycheck soon. Hector Santana has been spending most of his days and nights flying up and down the Atlantic coastline supporting his principle. Lastly, we want to express how hard the EC South guys are working. As I write this, Gabe Urdaneta is supporting his principle in furious fashion. Julian Walle and his wife welcomed a new addition to their family, Axel Walle!

- Jonas

The Surgical Resuscitation Team, as usual, has been busy. For starters, we're adopting a new name, Surgical Resuscitation Communications Detachment (SRCD). However this is only a new name, the SRCD is still doing all the same great things as always. Things are

busier than ever with new "requirements" happening all over the place. However, the section is meeting every challenge that comes its way. It was sad to say goodbye to David Dean; he has moved on to Virginia to train new, young Marines. His two and half years of experience in the section will be missed, not to mention his "grumpy cat smile" every day. The SRCD family did grow by gaining the Vargas, Bryant, and the Brown families. To the new families, Welcome! We welcomed Deboris and JB from their recent deployments and we hope their families are as proud of them as we are. Amy Reynolds deserves a round of applause by staying strong while her husband bounces around the world like a ping pong ball. Thank you to all the wife's and family members for putting up with the men of the SRCD. Without your support and understanding, we would not be able to do what we do in making history and being a part of the best section that JCU has to offer.

- Luis

M Troop

M troop has been busy as always. I would like to welcome back Harley, Pat, and Edwin after a successful deployment. We expect the same from Tyler, Ricky and Matt.

Congratulations to Jeremy Padbury and Erika Vargas as well as their family's on their latest addition to the Padbury and Vargas clans.

M troop received two SOROC students in the latest draft. Welcome to the troop Kellie Reed and Jeffrey Law.

We say goodbye to

John Fondren as he takes on the challenge of working in SMT. We will also lose Brandon Voytek to the NOSC I team. It has been a pleasure working with both of you and we expect you will continue to do great things for JCU. Thank you for every-



Tim Renfro retires from service in the Air Force

thing you did for M troop.

Since the last newsletter we have had some pretty good events as a troop. From tunnel time to a 4th of July cookout at the motor pool. A special thanks to Justin and his guys for putting that on. Also, I would like to thank Bernadette for helping plan and setup those events.

Morale was going up for a while until Harley Brydon decided to push, kick, scratch, and tackle LTC Clifford. Stories vary as to what took place, but the outcome was a solid crushing defeat of HHT by M troop. We look forward to the next event.



Maston Buchanan promoted by LTC Clifford. He also brings some much needed athletic ability to M Troop

Be safe and enjoy as much time as you can with your families this summer!

- Shane

Headquarters & Headquarters Troop (HHT)

Hello from Headquarters and Headquarters Troop. I hope that everyone has been enjoying their summer. The gears have kept turning but hopefully you and your spouses have been able to take some much needed leave.

This has been a busy quarter. There have been several highlights that I would like to acknowledge, the first being the Master Sergeant Selection list. Congratulations to Barrett Overton and Rob Lopez. Rumor is when Rob finally puts on Master Sergeant Stripes he



Will Tilley Submits his choice for the JCU print

will also get his own desk — more likely because everyone else in the office has changed sections or PCSed though.

On the Navy side, Will Tilley was promoted to Master Chief Petty Officer. Also on the Navy side, Nick Vecchio has been promoted to Senior Chief Petty Officer. Congratulations guys. Finally, would like to congratulate CPT Ben Wingler on his graduation from the Jump Master Course. Good job, Sir.

We welcome to Kyle Lammerding the new Marine Senior Enlisted Advisor and Ryan Speck as the new Air Force Senior Enlisted Advisor. I



Our budget analyst Leslie Brown receives an award

know you will be busy between recruiting efforts and advising your branch specific Service Members.

Unfortunately we also bid farewell to Sam Tumblin who has moved on to B Troop and Kyle Kramer has gone to A Troop. Your contributions to HHT will be missed. Camie Rodgers leaves for the Ser-

geants Major Academy in Fort Bliss, Texas. You will do great out there. LCDR Halsan retired after serving over 30 years in the Navy. Fair winds and following seas. Finally, we bid farewell to CSM Flaker, your guidance and leadership will be missed.

I cannot fully express my amazement in the dedication and professionalism of the members of HHT. You make serving in this unit a real honor. Thank you for everything you do and also to your families for the amazing support they provide.

-Luke



CPT Wingler graduates Jump Master School



Camie receives the OPS bottle opener plaque

D Troop

Hello D Troop family! I hope this newsletter finds you well and you are settling into the next period along with your spouses as we complete the mission the Nation needs us for.

D Troop recently completed turnover with C Troop. I'm sure they are anxious to get home and catch up with loved ones as we will when its time. The Troop and I cannot thank you enough for the support and enabling you did to prepare us to be gone for a little while. We will be back before you know it.

The months leading up to now were fast paced as I'm sure you are aware. The troop traveled to Colorado for nearly three weeks to complete some high level tactical training, fol-



D Troop readies for deployment during JRP

lowed by a culmination exercise that had us living in the elements, traveling on mountains, and I heard a few of them even met rattle snakes. Good times! All that training set them up for success and they are proving the value of excellent training on a daily basis. During the exercise it is worth mentioning that our own Tim Strawn developed and trained the entire troop on a technology that had never

been utilized before. Details aside, this capability greatly increased communications capabilities and proved as usual that we are DoD's Finest Communicators.

It is the nature of military service that we saw some D Troop members move on to other assignments, however, we did grow following SO-ROC class 2-16. Please welcome our newest members: Donny & Kay Burton, Josh & Elizabeth Corley, Brian & Jennifer Dewitt, Mark & Courtney Garside, Shane Mikolajewski, Jen Quinton, and Corey Kinsler.

Hopefully your recent leave period was nice and you were able to spend some quality time and your spouses were able to get all the things done

around the house you needed them to do! I sent my contact information out before leaving, please feel free to use it and know the support channels at home are standing by to support whatever you need. If for any reason you need it again send me an email at lesingcj@gmail.com and I will send you what you need. Enjoy the summer.

-Chris Ingles



Group photo on the summit of Pikes Peak, one of Colorado's "fourteeners"

C Troop

I have to start off by saying how extremely proud I am of the members of C Troop. They have answered the Nation's calling and did their part to preserve the freedoms we all enjoy. Since the last newsletter we had two new additions to C Troop. Both Jake and Steve's phenomenal wives gave birth to healthy babies, the newest additions to the Troop.

These last three months also brought some of the hardest times the Troop will ever have. I want to personally thank all of C Troop, to include the spouses and families for their prayers and condolences for one of our Brothers and his family. I got to bear witness to the full strength and support of the entire unit in tough times and I was humbled.

This Troop and Unit still amazes me at how much emphasis we put on the people and families of JCU. I want to use this venue to solidify to all reading, that if you ever have an issue, we are here to support. For those of you that don't know, we have world class and phenomenal people that work in our Command that can help with most any issue you may have. All you have to do it let somebody know. Let me know, any time of any day.

Ok, by the time you read this your spouse and our Troop will all be home. As I type this I am one of just a few waiting to return. I hope those honey do's are all filled up and taped to the fridge. We are going to take care of a few administrative tasks,



Kevin Chau is promoted to SFC

then they're all yours for 15 days. Enjoy this time together, have fun, see family, relax, and enjoy each other.

We have a good training schedule coming up with a few short trips away from home. I know how much you miss them and promise to limit their time away as best I can.

I also want to take the opportunity to congratulate Master Ser-

geant Matthew Bigg's on his promotion and his winning the Air Force Service Member of the Quarter. Good job Matt, keep up the great work.

I also want to thank Jake for all his contributions to the Troop. He has moved on to another part of the organization and will continue to set the example create a bar hard for others to reach. Good luck in your new assignment, don't forget where you came from, and we are all just a phone call away. Please be safe this summer and lets plan a get together, I volunteer Zach to smoke some good meat. Until next time.

-Big Jon (C# 910-574-1515)

B Troop

Hello All! This summer is speeding along and it seems like the last newsletter went out just the other day.... I guess time flies when you're having fun.

B Troop just wrapped up a busy four months of training and had a blast doing it. Since April we have sent the guys to Wright Patterson Air Force Base, aboard the USS Bataan for a cruise up the Atlantic Coast (Florida – Virginia), Seattle, and Fort McCoy (Wisconsin). The guys hit every curveball thrown at them and held up their reputation as the "Machine". I can proudly say that B Troop is ready for whatever might come their way and I know they'll be successful.

In the last newsletter Brandon mentioned a few of the names that were departing the troop. Since then we have officially said our goodbyes to our Brothers as they each move on to bigger and better things. Mike Brown has officially moved over to JCU's Special Missions Troop even though it is hard for us to tell at times. I think he spends more time in our team room now than when he did as a member

of B Troop. Kyle Lammerding has moved down the hall to serve JCU as the United States Marine Corps Senior Enlisted Advisor. It is with no doubt that he'll provide JCU's Marines with the exceptional leadership and mentoring that he gave to every member of our team. Sam Holden's departure was so significant that we gave him his own day (Sam Holden Day). Sam is moving down to sunny Florida where he'll serve as a First Sergeant within the 112th Signal Battalion. Not to worry though, Kristie and the rest of the Holden family will be staying in the Fort Bragg area and hopefully Sam will visit every now and then. Lastly, we all said farewell to Brandon Stefanowski as he moves from the Troop Sergeant Major seat and over to the Special Operations School of Information Technology (SOSIT) as the commandant. Brandon set the bar high for all Troop Sergeants Major and I hope that I can continue to build upon his successes.

We were fortunate to receive a few new faces during the departure of several key teammates. Dustin Leuschel and Dylan Davenport joined B



Sam Holden receives his B Troop plaque from Troop SGM Sean Mitcham

Troop as recent graduates from SOROC 1-16. Adam Hawn joined B Troop last month and is coming to us from our comrades at the Joint Communications Support Element (JCSE) in Tampa, FL. We wasted no time upon their arrivals and put them to work immediately by sending them out to Fort McCoy, WI and Norfolk, VA. Lastly, we welcomed Sam Tumblin to B Troop to take over as Detachment Chief from Sam Holden. The newest Sam comes to us from JCU's Operations branch and, prior to that, D Troop.

The "Machine" has been busy with individual accomplishments as well. Sam Holden received his "diamond" and was laterally promoted to the rank of First Sergeant (1SG). Tony Miller was promoted to the rank of Master Sergeant (MSgt) and Cory Latner was promoted to Technical Sergeant (TSgt). Kyle Lammerding was awarded the Defense Meritorious Service Medal for his accomplishments this last year. Joe Ellis successfully completed the US Army Basic

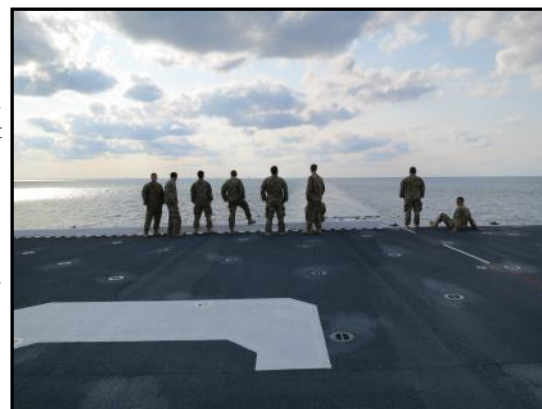
Airborne School and has joined the ranks as a full-fledged Paratrooper. Wes Buchan was selected as JCU's Service Member of the Quarter and will go on to compete in the Service Member of the Year later this fall. Lastly, Sam Tumblin was selected for promotion to Master Sergeant (MSG) and hopefully we'll be seeing him pin on that third rocker here in the near future. Congratulations Gentlemen, and very well deserved!

It truly is a privilege to be part of the Troop and I know that it is our families that enable us to be as successful as we are. I look forward to seeing you all soon at the upcoming JCU Picnic.

-Sean



B Troop successfully completes another exercise



B Troop gets their sea legs

A Troop

“How did it get so late so soon?”

- Dr. Seuss

This might be long, so I apologize upfront. I write this with a certain level of sadness as this will be my last newsletter entry. It's funny because there were times years ago when I was asked to generate these entries and I found the task to be tedious, as it kept me from doing something “more important”. Now I wish I had the chance to write one or two more...

My time has finally come to a close in this incredible unit, and rather than using an email sent on my last day, I'd like to use this forum to thank those that made my career in JCU such a special experience. I'm not really one to put myself in the spotlight, so please bear with me.

You always run the risk of getting yourself in trouble by trying to “by name” people in a farewell address, but I will attempt it now, though I know it will not be a complete list by any means. However, I'd like to thank Todd Spencer, Chris Leach, Rob Flaker, LTC Clifford, COL Haigh, COL Mac, COL Arnold, Jeremy



Troop SGM Bryant Locke receives the Antlers of Excellence for their team win

Pinkelmen, Scott Eveler, Jason Kubat, Angelo Caraballo, Sean Mitcham, Vanessa Moak, Steve Trevino, Chad Peters, Mike Runk, Tim Renfro, Penny Richenbourg, LCDR Halsan, MAJ MacDonald, and the Man Bear Pig (Overton); among many others, for giving an average white dude from Ohio the skills he required to lead such an awesome group of communicators. And a special thanks goes out to John Sullivan and “CPT” Dawson for giving me a shot. I know when I sat on the hiring board all those years ago, you may of had your doubts. I hope I proved your gut instinct correct. Maybe that magic 8 ball knew something after all.

To all of A Troop: Thank you for making the last two years the best of my 13 in JCU. I felt extremely lucky every day to be able to witness your immense skills in action and share in the goals we accomplished. From training to deployments, you gave it your all every time. A three-peat for the Jingle Stick will be a challenge this year, but if anyone can do it, I know you can. Don't let our Jingle Stick holder get lonely.

To Matt Keller, Joe Quigley, Dwayne Camacho, Geoff Orwiler, Josh Brandt, Tommy Colthart, Tony Garcia, Tony Piltiere, Nate Bryant, Justin Melendez, and really all of A Troop; thank you for being there for me.

To our band, “Just the Tip,” You know who you are. Thank you for raising \$1650 in 4 hours for the SO-CA memorial (I'm pretty sure that is SOCA fund raising a record). And thank you for all the fun and laughs over the past two years.



A Troop takes a victory photo after winning in Ultimate Frisbee

So enough with the sappy stuff.

With all that out of the way, I'd like to welcome the newest members of A TRP; Wilfred Changasie, Chris Gonzalez, Jacob Gauger, Sean Connors, Shane Copenhaver, and James Macfarlane. We are already looking forward to the great things you will do. We will also be welcoming Tyler Haley and Robert Maurer in the coming weeks. Having only been gone for a few years while slaving away in the operations section under the direction of Chris Leach and MAJ Mac, Kyle Kramer has come home to replace Matt Keller as a Detachment Chief while Matt heads to OPS (you're welcome OPS). Good luck to you Kyle, as you have big shoes to fill!

Geoff Orwiler has headed to C Troop where we know he will continue to do great things. I'd also like to recognize Tony Garcia for his dedication to the Troop the past four years. You kept the train running smoothly these past few months, and we thank you for that. We are (sadly) sending John Clark off to the NOSC and wish he could stay,

but I guess that brain of yours is needed elsewhere. As I say, you can be a victim of your own success.

On the promotion and recognition front, congratulations go out to Matt Keller, Dwayne Camacho and Josh Brandt for their selection to Master Sergeant in the United States Army. It would be an honor to snag them as a First Sergeants some day. In Air force news, Chuck Russell was promoted to Master Sergeant, and Jason Wells was selected for Master Sergeant as well as becoming a graduate from the U.S Army Airborne School. The Big Blue got it right this time... Airborne! Justin Melendez will graduate this week from ALC as well.

That about sums it up. To the men and women of this fine unit, I thank you for what you do every day. It is with a heavy heart that I say goodbye, but I hope to see you again soon.

- Jared

NOSC

Family, friends, and fellow Communicators, I hope this newsletter find you all well! I'll be sitting in for Jason for approximately two months while he's soaking up some rays down in Tampa at the Joint Special Operations Forces Senior Enlisted Academy course. This will complete his educational requirements for promotion to Sergeant Major. Maybe he'll actually be able to sew on in the next year or two...

The rest of the NOSC is staying busy with a never-ending string of projects and initiatives, all of which will help shepherd the unit into the future of communications capabilities. As we cruise through the hot summer months, all sections of the NOSC continue to operate at max capacity. I am humbled to work next to these incredible men and women, and I consider myself lucky to be able to temporarily take the helm of this amazing Troop. I would like to echo Jason's sentiment and thank the families for their continued support as we march on.

This month, AIS welcomed back C Team from their tour. They performed admirably, and we're looking forward to seeing



Brandon Works receives his qualification from MCPO Tilley

what they can learn during their training cycle. D Team took their place and is actively supporting D Troops efforts. A and B Team continue to get after the NOSC AIS problem sets on a daily basis. AIS said goodbye to some outstanding AIS Communicators: SSG Eddie Ayala, TSgt Dietrich Lehr, and PO1 Brandon Works. Best of luck to them on this new chapter in their lives! Finally, we welcomed two new members this go around: PO1 Victor "The other Vic" Morquecho from SOROC and MSgt John "Benedict Arnold" Clark from A Troop. We're excited to have their talent and motivation on our team!

From the JTEP, Joe Yacopino is out on yet another "recruiting" trip to his vacation home in Alaska. Rich McAlister and Pete Nunnery are doing their downrange thing again, qualifying them for income taxes over there. Craig Wilson is

battling the Ft Gordon cadre at SLC, trying to beat Bryce Hixson's overall scores. We welcomed back Mr. Leon Hamilton, and Mr. Larry Powers is coming home in a few days. I know they're happy to be home. Finally, we said goodbye to some great JTEP Communicators: ETC Ryan Guess, SFC Bryce Hixson, SFC Jon "JB" Brown, SFC Craig Wilson, IT1 Tyler Nichols, and Mr. Yvan Delgado. We wish them the best on their new journey.

The Unit Ultimate Frisbee Tournament was a huge success. The NOSC team, comprised of every able bodied NOSC member remaining at FBNC, put up a valiant effort and finished as tournament Runners-Up. All of the teams put up superior effort, and even though A Troop was probably juicing, our hats are off to them on their victory! Thanks to SSG Spruill for getting the ball rolling on that tournament. We look forward to winning the next one.

- Sam



Michael Phillips receives an award from LTC Clifford



Sean Carey is promoted by LTC Clifford



Sam Prichard is promoted to Senior Mater Sergeant



CPO Guess receives his retirement award

Promotions and Awards



LCDR Halsan is pumped to receive the coveted JCU Plaque



Steve Dinverno is given the reenlistment oath by LTC Clifford



Jason Coleman is promoted to Sergeant Major



Nick Vecchio is promoted to Senior Chief Petty Officer



Daniel Johnson is recognized by SOCA for winning the Service Member of the quarter Board



Matt Gillo receives his ETS award



Kyle Lammerding receives a post deployment award



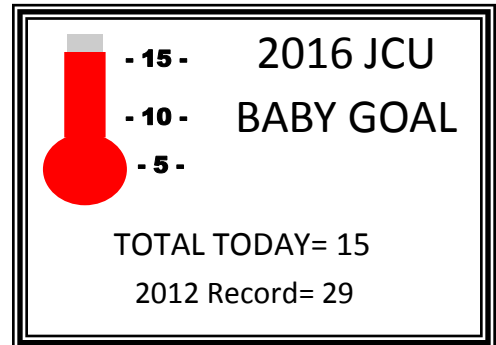
Tim Strawn reenlists



Jeremy Olsen is promoted to Lieutenant Commander

New Additions to the JCU Family

- ◆ Congratulations to Chi and Julian Walle. Axel Viet Walle was born on 3 July.
- ◆ Congratulations to Jeff and his wife Kaitleen Law on the birth of their daughter. Maggie Louise Law was born on May 19, 2016.
- ◆ Jeremy and Missy Padbury are proud parents of Carol Loraine Padbury born on 7 May
- ◆ Declan Rhys Bass was born on June 6 2016 to John and Amanda Bass.
- ◆ Jon Isenberg and his wife welcomed their newest baby, Emmery Claire Isenberg.
- ◆ Congratulations to Jake and Erika Vargas. She gave birth to Camila Isabel Vargas on 28 May 2016.



Flash back in Time



These two have quickly become fixtures within the unit. Can you figure out who the king of trophies and king of his castle are?



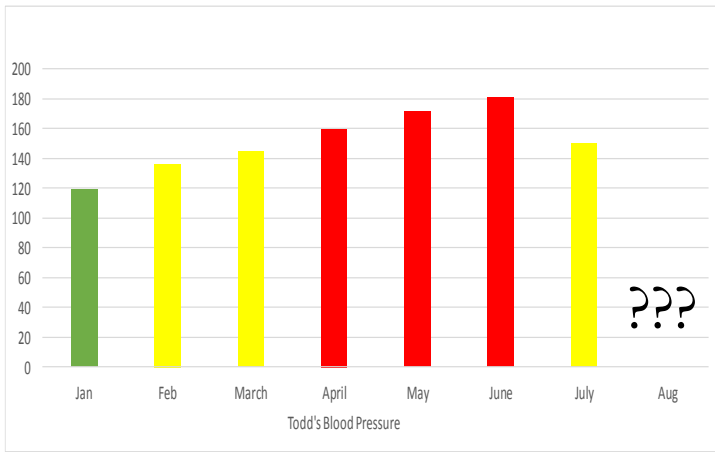
FRG

In January, we asked everyone on our Facebook site for their creative ideas on what they wanted to do in 2016. Thursday evening was the most popular date for most folks. We got spectacular answers, so mark your calendars for these exciting events.

Date	Event
August 18	Painting Party. Thank you Le-Mon Rice for the suggestion. Last year's party was a great success; no doubt this one will be as fun as the last.
October 20	Game Night Like all big families, nothing beats a great night of games to break the ice. Thanks Kelly Blum for the suggestion.

More details to follow as the dates get closer. Check on our Facebook page for details. Contact Katie Mitcham (katie.mitcham@gmail.com), or Hannah Clifford (cliffordhannah@gmail.com) if you do not have access to our FB page, or want us to email you updates on our events.

Tracking Todd's Blood Pressure



There has been some concern about one of our own and his health. Todd Spencer's Blood Pressure levels have been steadily climbing since he has taken on the JCU Memorial Project. I am happy to report that after redlining three straight months, his levels have dropped once the fountain was installed. Rumor has it that each purchased paver results in a 5-point BP level drop. Lets see what we can do to help him out in August.

JCU Leadership

Position	Name	Work #	Cell or Home #	Email
JCU Commander	LTC James Clifford	243-9190	703-888-8475	cliffordj@jdi.socom.mil
CSM	CSM Clay Usie	910-243-9193	253-229-1970	usiecc@jdi.socom.mil
DCO	LCDR Jeremy Olsen	243-9187	910-243-9187	olsenje@jdi.socom.mil
1SG	1SG Luke Blum	243-9134	813-416-5459	bluml@jdi.socom.mil
Chaplain	CH William Allen	243-1321	919-280-3940	allenw@jdi.socom.mil
OPS Officer	MAJ Scott Macdonald	243-9151	910-364-6774	macdonaldsv@jdi.socom.mil
OPS SGM	SGM Chris Leach	243-9152	910-273-8332	leach@jdi.socom.mil
ECS CDR	MAJ Oscar Tiglao	243-4556	931-338-1566	tiglao@jdi.socom.mil
ECS SGM	MSG Vanessa Moak	243-1447	910-988-4473	moakv@jdi.socom.mil
A Troop SGM	MSG Bryant Locke	243-9136	910-273-4281	lockebp@jdi.socom.mil
B Troop SGM	MSG Sean Mitcham	243-9142	706-231-9531	mitchams@jdi.socom.mil
C Troop SGM	MSG Jon Woosley	243-0115	910-574-1515	woosleyj@jdi.socom.mil
D Troop SGM	SCPO Chris Ingles	243-4148	912-322-8379	inglesc@jdi.socom.mil
SMT SGM	SMSgt Ken Klynstra	243-0472	910-273-8423	klynstrak@jdi.socom.mil
NOSC Director	MAJ Eric Tapp	243-2720	931-220-5722	tapee@jdi.socom.mil
NOSC SGM	MSG Jason Kubat	243-0991	910-261-9068	kubatj@jdi.socom.mil
M Troop SGM	SCPO Shane Simpson	243-0439	850-512-2224	simpsons@jdi.socom.mil
Cyber Director	CPT Chris Oppenlander	243-9149	571-659-8717	oppenlanderc@jdi.socom.mil
Cyber SGM	GySgt Jon Norris	243-0462	336-693-5403	norrisj@jdi.socom.mil



JCU SUMMER PICNIC



Smith Lake Recreation Area

11 August 2016

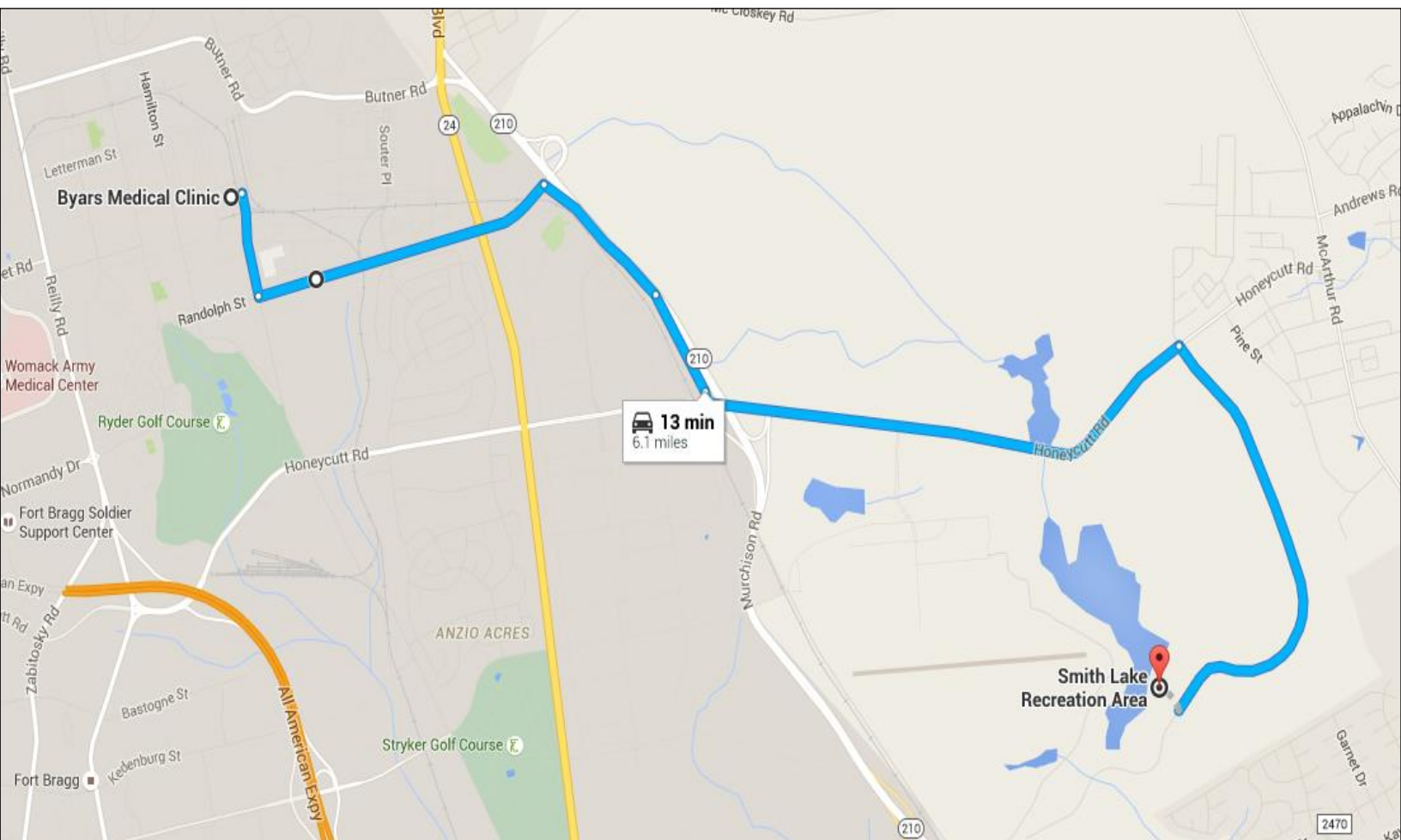
1000 — 1600

RSVP with Luke Blum at bluml@jdi.socom.mil



- Beach
- Food
- Games
- Playground
- Basketball
- Cabin Rentals





- From the Troop and Family Clinic head South and take a left at Randolph Street
- Take Randolph across Bragg Blvd onto Murchison Road
- Take the first exit to Simmons Army Airfield
- Take a left onto Honeycutt Rd
- Take Honeycutt to the Smith Lake entrance on the right hand side
- Follow the Smith Lake road to park entrance, follow signs to Lake parking



BECOMING A MAN!

WHAT: JSOC FATHER SON EVENT

WHEN: 26-28 August 2016

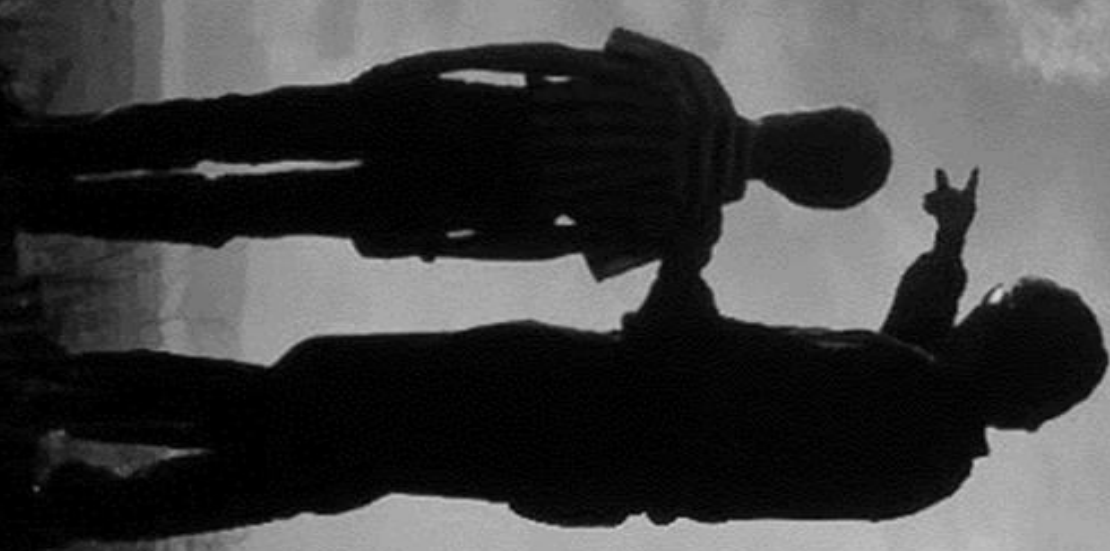
WHERE: Camp Rockfish Parkton, NC

WHO: Command Fathers and Sons (7+ y/o)

CHECK OUT B.A.M. ADEVENTURES @

www.bamadventures.net

Contact Ms. Windia Mitchell today to register, mitchellwb@soc.smil.mil 910-243-2515. Includes 2 nights lodging, 5 meals, and all training materials for you and your son. Dates and location may change.



JSOC FORCE AND FAMILY EVENT REGISTRATION FORM

How to Sign Up

Complete the form and then email it as directed or bring a completed form to Windia Mitchell at the RST Office (BLDG 3-2348) NLT COB 05 August 16

Step #1 fill out the form and send to Windia Mitchell @ mitchellwb@jdi.socom.mil

EVENT: BAM Fathers and Sons Event

CMD Member Name: _____

Male Spouse Name: _____

CMD Member Email: _____

Male Spouse Email: _____

Cell Number: _____

Directorate: _____

Children Attending:

Name _____ Age: ____ Name _____ Age: ____

Name _____ Age: ____ Name _____ Age: ____

Name _____ Age: ____ Name _____ Age: ____

Step #2

What Happens Next?

1. Selected attendees will be notified NLT than 12 August 16. You will receive a detail email with further instructions.
2. First Time attendees have priority
3. If you have additional questions contact the Chaplains Office at 910-243-2515/4115